

NUUSLETTER

The Newsletter of Holston Valley Unitarian Universalist Church always available online at www.hvuuc.org

The mission of Holston Valley Unitarian Universalist Church is to promote spiritual growth, religious freedom, and ethical action.

March 2020

PO Box 8383 Johnson City, Tennessee 37615 (423) 477-7661

Headlines

 Children's Choir rehearsals March 1, 8,15, 22 and 29

- Kitchen of Hope Monday, March 2
- Women's Group Friday, March 6
- Potluck Lunch March 8
- Path to Membership Class March 8
- Board of Trustees Meeting March 18
- Coffee House with Eric Bannan March 21 @ 7PM
- Wednesday Night Supper March 25

Up to date church info is always available at www.hvuuc.org

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Path to Membership Class March 8

Would You Like to Join Our Church? There will be a Path to Membership Class on Sunday, March 8, 12:30-2:30PM. What is Path to Membership? It's a class that helps prospective members learn more about our church and the opportunities for involvement. The class does not commit you to membership, but is a necessary precursor for joining our church. The class also lets you know a small group of people on a more personal level. If interested, please sign up on the shelf in the Sanctuary or email office@hvuuc.org.

Winter Weather Information

If the weather is inclement and you are wondering if church will be closed, the quickest way to find out is to go to the church website. It will be posted at the top of the home page.

Upcoming Sunday Worship Services

March 1 / Know It When I Feel It, Rev. Jeff Briere A service about spirituality. What is it?

March 8 *Vis! Vim! Vi! Victory!*, Rev. Jeff Briere A service about cheerleaders. And about how triumphalism shows a lack of respect.

March 15 *My Prior Life*, Rev. Jeff Briere A service with Coyote which examines our life and what we do with it.

March 22 You Are Welcome Here
Eric Bannan is a singer and songwriter who lives in
Virginia. He brings us stories and songs about his life
and his church.

March 29 Transgender Day of Visibility

Pledges, please!

You've heard the presentations and pleas and testimonials. You know what the church brings to your life, and you've weighed in on what is important to you at our church. And you know how we can make that happenwith PLEDGES! If you have turned in your pledge already, thank you! If you haven't picked up your pledge card yet, it'll come to you via mail. If you haven't turned in your pledge yet remember there are many ways to proceed: Email Will Powell, stewardship trustee, at stewardshiptrustee@hvuuc.org, talk to Will after church, drop your pledge card in the offering bowl, hand your pledge card to any member of the stewardship committee (Kim Chaffin, David Kashdan, Sarah Sanders, and Cindi Huss).

Fair warning: We will begin follow-up calls on March 8.

Tax Statement

If you need a tax statement for your donation to the church, contact Ramesh at pledge@hvuuc.org.

Fellowship Opportunities

Women's Group March 6

The Women's Group this month will meet at 6:30PM at the home of Amy K. in Johnson City. We welcome all who identify as female. Please bring a snack and/or drink to share.

Amy's address can be found in the church directory. See the Members Area of our website or contact www.womensgroup@hvuuc.org.

Recreational Equipment Task Force Being Formed

At the service auction this fall, quite a bit of money was raised for a new playground. Now we need to spend that money! If you would like to help choose the new playground equipment, talk to or send an email to Bryan Kleske at facilities@hvuuc.org. We'd like to do this ASAP as there are some very good winter sale prices on playground equipment!

Wednesday Night Supper

Join us Wednesday, March 25 at 6:30PM for our monthly WNS. The menu will be posted a few days before the dinner. Please RSVP to wns@hvuuc.org by Monday, March 23.

Buuk Club <u>buukclub@hvuuc.org</u>

New members are always welcome to join us! Our regular meeting is on the 3rd Tuesday of the month from 10AM-12PM September - May in the Religious Education building.

A Gentleman in Moscow, Amor Towles fiction March 17, 2020 facilitator Judy Hardin

Grain By Grain, Bob Quinn and Liz Carlisle non fiction April 21, 2020 facilitator Franklin Montenegro

Arrowsmith, Sinclair Lewis, classic May 19, 2020 facilitator Peggy Perez

Fiber Fellowship

Do you quilt? Embroider? Crochet? Knit? Felt? Whatever your passion we want to share it with you. Bring your tools and a project if you'd like or contribute your time to a service project at the gathering. 1st and 3rd Fridays from 9AM-noon. Tea and snack around 10:30AM fiberfun@hyuuc.org

Coffee House with Eric Bannan March 21

You won't want to miss our Coffee House with performances by Eric Bannan, Musical Storyteller on Saturday, March 21st at 7pm. He'll be presenting An Evening of Story and Song. Eric brings stories to life with moving personal narratives, a sly sense of humor and soulful singing voice. Suggested donation \$10. Please see Gerald in the Fellowship Hall after the service for more information. Volunteers are also needed. Please sign up in the alcove if you can supply finger foods or help with set-up and tear down or contact the music committee if you can help music@hvuuc.org.

http://wp2015.ericbannan.com/

Potluck Lunch March 8

Bring a dish to share and join us the second Sunday of every month after the service for a potluck lunch.

Yuuth Group

The Yuuth Gruup welcomes all youth ages 12graduating senior for world-class fun, service, and fellowship. We meet once a month August through April.

March 15 5-8PM April19 (off-site) 5-8PM family potluck picnic Email youthgroup@hvuuc.org to get in touch!

Casual Game Night

6pm – 10pm second Saturdays in Jan, Feb, Mar, Apr, May, Sep, Nov (not Jun, Jul, Aug, Dec) Jonesborough & Tri-Cities
Join us for our second Saturday "casual" game night! We play a selection of modern board (and card) games. No prior experience necessary. This game night is held at a participant's home, usually in Jonesborough. Game-players of all ages are welcome to attend. Email gamegroup@hvuuc.org to find out more.

Complicated Game Night

6pm – 10pm fourth Saturdays in Jan, Feb, Mar, Apr, May, Sep, Nov (not Jun, Jul, Aug, Dec) RE Building at church

Join us for our fourth Saturday "complicated" game night! We play a selection of modern board (and card) games. No prior experience necessary, just a willingness to play potentially long and complicated games. Bring your own games, snacks, and drinks if you like. Email gamegroup@hvuuc.org to find out more.

Life Span Religious Education

Youth Religious Education

Please register your children and youth at: Religious education registration form

Our classes are held from 9:30-10:45AM and will be PreK-2nd grade; 3rd-5th grade; and Jr/Sr Youth. All children must be potty trained to participate in Religious Education. We do have child-care available in our nursery for those not quite old enough for R.E.

Director of Religious Education, Sarah White can be reached at DRE@hvuuc.org

Adult Religious Education 1

Adult RE 1 meets on Sunday mornings at 9:30AM in the Meditation Hall of the Religious Education building.

We are currently watching and discussing the lectures, "Native Americans of South America". This ties in with our study of early Native Americans of North America.

Adult RE 1 usually meets even when other RE classes are cancelled. If in doubt please email Betty Berry for confirmation at AdultRE1@hvuuc.org

Adult Religious Education 2 The Good Place

Please consider joining us in Adult RE 2 for our new curriculum! We will be watching an episode of The Good Place and following with discussion regarding morality and ethics.

Adult RE 2 is a fragrance-free class, please be respectful of those that are sensitive to fragrances. AdultRE2@hvuuc.org

HVUUC CUUPS

CUUPS Covenant of Unitarian Universalist Pagans is back in action! We would like to welcome every member and guest of the church to join us on the third Sunday of each month for our meetings. You do not have to be pagan to join us, feel free to come if you are curious and would like to learn more about Paganism in all its various forms. cuups@hvuuc.org

Summer Camp is now....

The Smoky Mountains School of Elements and Magic July 13-17, 2020

Registration is now open! Camp is open to the public, reserve your spot now! This camp is immersive, imaginative, and magical. Young witches and wizards will be transported for classes, games, House Common time, and Quidditch. Camp emphasizes science, teamwork, creativity, and self reflection. We support diversity and inclusion of all campers and staff.

Are you anxious to volunteer as a Professor? We need FUN LOVING adults, who are willing to teach herbology, defense against the dark arts, care of magical creatures, or Quidditch to our young witches and wizards. I must warn you, there is a House Cup involved, so there is much at stake! Email Sarah at DRE@hvuuc.org

To register, click here: https://hvuuc.org/2020-summer-camp

Teacher Appreciation DinnerMay 15

Calling all Religious Education teachers, Our Whole Lives facilitators, Youth Group leaders, Camp volunteers, child care staff, and anyone else who has volunteered with our vibrant children and youth!

Once again, it is time to pamper you! Please mark your calendars for May 15th at 6:00PM. We will be catering a meal and loving on you this evening. Programming for our youngest friends is only successful because of YOU, and we want to honor that.

RSVP to DRE@hvuuc.org

Did You Know?

By serving Fair Trade coffee and tea at HVUUC we are ensuring that those that raise the coffee and tea get a fair wage. A donation basket is located near the coffee to keep this effort going.

Social Justice

Kingsport Kitchen of Hope March 2

In the basement of the Full Gospel Mission on Sevier St in Kingsport, is a tiny kitchen staffed entirely by volunteers that feeds dinner 6 days a week to 100-130 people. Diners have ranged from infant to 88. For many of them, it's their only meal of the day. The church serves dinner at the Kitchen of Hope the first Monday of each month. How can you help? Glad you asked.

The menu changes monthly. Volunteers are needed to help cook, serve and clean up.

Set up/cooking: 1:00-3:30

Servers: 3:00-5:00 Cleaners: 4:45-6:00

The kitchen is quite small, so if you want to help, please contact the coordinator so we don't end up with too many cooks in the kitchen!

You can also help by donating food or money for food. Or if you'd like to bake cookies, cupcakes, or other desserts ahead of time (note: we cook for 150, so if it's too much, you could always split this with another baker)

Like to plan ahead? We do this the first Monday of every month, so pencil us in with a big red pen!

Please contact Kim R. if you can help this month kitchenofhope@hvuuc.org.

March Food Donations

Bring donations of **Cereal and Breakfast Items** for this month's Hunger in Our Neighborhood collection. You can also now donate pet food. Donations will be shared between the Jonesborough Food Bank, Hunger First in Kingsport, and our own food pantry. Remember, the themes are for fun....not rules!

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Small Group Ministry

Heart to Heart Small Group Ministry

Heart to Heart, based on the book by the same title, written by UUs, Christine Robinson and Alicia Hawkins.

This 7-session group meets every other Wednesday morning from 10:30 am to 12:30 pm beginning on March 18 and ending on June 3.

Selected sessions will cover Listening, Gratitude, Friendship, Doubt and Endings. Purchase of book is optional.

Facilitator: Wanda Earp

Contact heartsgm@hvuuc.org for sign-up.

Dying, Death, and Grief Small Group Ministry

This new group will meet in the REZ every other Sunday 9AM—10:45AM beginning March first.

Contact Scott at afterlifegroup@hvuuc.org if interested in joining the group. A sign-up sheet is also available in the Fellowship Hall.

A Little Bit of Everything Small Group Ministry

This Small Group has no theme, instead we will talk about a variety of topics. The first six sessions we will discuss; Let's start with getting to know each other and talk about how we spent lazy summer evenings, now or in the past. What are you curious about? How do you handle your leisure time? Can your gathering of friends be spiritual? How do you see the world, is it frightening, or do you see endless chances for new experiences?

To sign up talk to Greg K., use the signup sheet posted in the Fellowship Hall or email EverythingSGM@hvuuc.org.

In Our Community

Appalachian Dharma and Meditation Center

Holston Valley Sangha (Wednesday morning session that was meeting at UU Church) will now be meeting at ADMC in Johnson City. www.dharma4et.org

Yoga

If you would like to try Yoga to help improve your core strength, balance, and ability to relax, please join a small group that meets in the Meditation Room in the RE building on Tuesday evenings from 5:15 to 6:30pm. Your first class is free of charge – I feel it's important that you get a chance to try it before you invest in a series of classes. The class is a mixture of breathing techniques and yoga poses that flow from one into another. You do not need to be trained in yoga or have attended the last session to attend this series of classes.

Go to www.YogaWithTish for more information.

Fiscal Flash

Make Sure Your Kroger 5% Goes to the Church

People who shop at Kroger's need to register to have 5% of what they spend go to the church. This needs to be completed online. Our organization number is 83282.

Get Your Grocery Store Shopping Cards!

The church sells prepaid shopping cards, in various denominations, in the Fellowship Hall after the service.

When you buy a card for \$100 from Food City or Ingles, this buys you \$100 worth of goods at that store, and the church makes 7%, which last year was about \$6000.

Register your Kroger customer card online, having our church as benefactor and we make about 5% every time you shop.

Just think of the results; if you just started to buy cards and you bought \$100 today, and then bought this amount every week for a year you would provide \$336 each year for the budget. We can all make a big difference if we unite behind this small effort!

Membership Corner

Website Member Log In

There is information on the website that you need to log in to see. Scroll to bottom of the home page and click on "Members Area". The password is the same one that you used on the old website. If you need the password, email of-fice@hvuuc.org.

Once you log in, you can see a recent member directory, get a reimbursement form, see our tax exempt certificate, the board policies and procedures, and board meeting minutes.

Caring Team

The Caring Team coordinators for March are Joseph Viola and Freda Love. They can be reached at caring@hvuuc.org or 423-477-7661 Press 1.

Thank You to our February coordinators Joy Boyd and Wanda Earp.

★★★★★★★★★★★★★★ March Birthdays

3/1 Skylynn E, 3/2 Mary W, 3/2 Cameron B, 3/9 Olivia C, 3/11 Carmen R, 3/11 Meredith R, 3/17 Martha R, 3/18 Patty Jo, 3/18 Karen H, 3/22 Lyle E, 3/31 Fiona R, 3/31 Elowyn A ↓

If you would like your birthday included, send it to office@hvuuc.org

2019-2020 Board of Trustees

President: Larry Livengood president@hvuuc.org
Vice President: Dana York vp@hvuuc.org
Past President: Spencer Conco pastpresident@hvuuc.org
Treasurer: Brad Helmer treasurer@hvuuc.org
Stewardship Trustee: Will Powell stewardshiptrustee@hvuuc.org
Programs Trustee: Wendy Hearl programs@hvuuc.org
Facilities Trustee: Bryan Kleske facilities@hvuuc.org

Secretary/Historian: William Kauffman boardsecretary@hvuuc.org
Membership Trustee: Tish Kashdan membership@hvuuc.org

Minister

Rev. Jeff Briere: 477-7661 (office) minister@hvuuc.org

Director of Religious Education Sarah White DRE@hvuuc.org

Choral Director

Kate Briere choir@hvuuc.org

Church Secretary

Karyn Cross office@hvuuc.org

Submissions for each month's newsletter are due by the last day of month to newsletter@hvuuc.org.

Up to date information can always be found at www.hvuuc.org.

Holston Valley Unitarian Universalist Church Calendar

March 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
9:30 am - 10:45 am Children's R.E.	2 12 pm - 5 pm Kitchen of Hope	5:15 pm - 6:15 pm Yoga with Tish (R6)	4	5:30 pm - 8 pm OWL 4-6 Class (R5, R2)	6 pm - 8 pm Girl Scouts (All REZ)	7
 	Kitchen of Hope	Yoga with Tish (R6)		OWL 4-6 Class (R5, R2)	Girl Scouts (All REZ) 6 pm - 9 pm	
9:30 am - 10:45 am Adult RE 1 (R6), 9:30 am - 10:45 am					Auction Event (S. K. Fl. F2) 6:30 pm - 9 pm	
Adult RE 2 (R2)					Women's Group	
9:30 am - 10:45 am K-2 OWL Class						
11 am - 12 pm Worship Service						
12 pm - 1 pm Fellowship Hour						
12:30 pm - 1:30 pm Social Justice Meeting (MR)						
12:30 pm - 2:30 pm UU History SGM (R1)						
12:30 pm - 2 pm Death, Dying, and Grief (R2)						
8 Daylight Saving (Start)	9	10	11	12	13	14
9:30 am - 10:45 am Children's R.E.		5:15 pm - 6:15 pm Yoga with Tish (R6)	7 pm - 9 pm RSC (R4).	5:30 pm - 8 pm OWL 4-6 Class (R5, R2).	6 pm - 8 pm Girl Scouts (All REZ)	
9:30 am - 10:45 am Adult RE 1 (R6)						
9:30 am - 10:45 am Adult RE 2 (R2)						
9:30 am - 10:45 am K-2 OWL Class						
11 am - 12 pm Worship Service						
12 pm Potluck Lunch						
12:30 pm - 2:30 pm Path to Membership Class (R2)						
15	16	17	18	19	20	21
9:30 am - 10:45 am Children's R.E.		St. Patrick's Day 5:15 pm - 6:15 pm	7 pm - 9 pm Board of Trustees Meeting (R4)			7 pm - 10 pm Coffee House with Eric Bannan
9:30 am - 10:45 am Adult RE 1 (R6)		Yoga with Tish (R6)				(<u>S, F1, F2, K)</u>
9:30 am - 10:45 am Adult RE 2 (R2)						
9:30 am - 10:45 am						
<u>K-2 OWL Class</u> 11 am - 12 pm						
Worship Service 12 pm - 1 pm Fellowship Hour						
12 pm - 2 pm						
<u>CUUPS meeting (R1)</u> 12:30 pm - 2:30 pm						
<u>UU History SGM (R2)</u> 12:30 pm - 2 pm						
Death, Dying, and Grief (R4)	23	24	25	26	27	28
9:30 am - 10:45 am Children's R.E.	23	5:15 pm - 6:15 pm Yoga with Tish (R6)	6:30 pm - 7:30 pm Wednesday Night Supper	26		6 pm - 10 pm Complicated Game Night (R1, R2,
9:30 am - 10:45 am Adult RE 1 (R6).		7 pm - 9 pm Covenant Group Facilitators (R2)				R3, R4)
9:30 am - 10:45 am Adult RE 2 (R2)						
Il am - 12 pm Worship Service						
12 pm - 1 pm						
Fellowship Hour 12:15 pm - 2 pm						
Music Committee Meeting (MR). 29	30	31	1	2	3	4
9:30 am - 10:45 am Children's R.E.		5:15 pm - 6:15 pm Yoga with Tish (R6)	April Fool's Day	5:30 pm - 8 pm OWL 4-6 Class (R5, R6)	6 pm - 8 pm Girl Scouts (All REZ)	
9:30 am - 10:45 am Adult RE 1 (R6)				5:30 pm - 8 pm OWL 4-6 Class (R5, R2)	6:30 pm - 9 pm Women's Group	
9:30 am - 10:45 am Adult RE 2 (R2)						
11 am - 12 pm Worship Service						
12 pm - 1 pm Fellowship Hour						
12:30 pm - 2 pm						
Death, Dying, and Grief (R2)						