



NUUSLETTER

The Newsletter of Holston Valley Unitarian Universalist Church
always available online at www.hvuuc.org

The mission of Holston Valley Unitarian Universalist Church is to promote spiritual growth, religious freedom, and ethical action.

March 2019

PO Box 8383 Johnson City, Tennessee 37615 (423) 477-7661

Headlines

- Women's Group Friday, March 1
- Vegan Cooking Class March 3
- Kitchen of Hope Monday, March 4
- Casual Game Group March 9
- Potluck Lunch March 10
- Path to Membership Class March 10
- Glass Menagerie Play Reading March 15
- bUUk Club March 19
- Complicated Game Night March 23
- Families Group Event March 24
- Wednesday Night Supper March 27

Up to date church info is always available at www.hvuuc.org

Tennessee's Statewide Advocacy Day

Wednesday, March 6, 2019

The TN General Assembly is a critical battlefield in our fight for common-sense laws that can save lives in Tennessee. [Moms Demand Action](#) invites EVERYONE to join us for a day of meetings with our elected representatives, along with volunteers and community partners from across Tennessee.

Brandi H. will be traveling to Nashville for Advocacy Day. If you are interested or want more info, contact her at brandyh@hvuuc.org. For those who can't attend, she can hand deliver a letter about gun violence prevention to your representatives in Nashville if you would like.

Thanks so much for your support in working to end gun violence and save lives!

Upcoming Sunday Worship Services

March 3 *Five Warning Signs*, Rev. Jeff Briere
Theologians and philosophers have long wondered at the human capacity for savagery in the name of God. No religion is exempt from the tendency to spawn violence in the name of its God.

March 10 *Believing the Worst of Yourself*, Rev. Briere
Julia Roberts was right. Sometimes, it is easier to believe the bad things. Path to Membership Class after the service.

March 17 *7 Words*, Rev. Jeff Briere
Live. Love. Laugh. Create. Smile. Grace. Yes!

March 24 *Sensing the Spring*, Tiffany Sapp
Celebrate the spring equinox and all of the gifts that emergent life has to offer

Path to Membership Class March 10

The next Path to Membership class is scheduled after the service and Potluck luncheon on Sunday, March 10 from 12:30PM – 2:00PM.

What is Path to Membership? Membership Growth Committee provides a class that helps prospective members learn more about our church and the opportunities for involvement.

The class does not commit you to membership, but is a necessary precursor for joining our church. The class also lets you get to know a small group of people on a more personal level.

If interested, please sign up on the shelf in the Sanctuary or email office@hvuuc.org.

Indicate the ages of any children who will need child-care during this time, so we can arrange appropriately for sitters.

2018 Tax Donation Receipt

If you need a receipt for your tax-deductible donation to the church, email pledge@hvuuc.org.

More Logic Resources

Since my “*How to Have a Good Argument*” sermon on February 24th, I’ve had a few people approach me about wanting more information about the Logic side of arguing. I have to admit, my college logic class was one of my favorite classes during my four years at Carson-Newman College. I had always been a bit of a math nerd, so when I found that you could apply a structured mathematical approach to something as nebulous and relative as arguing your point, I was in awe of the possibilities.



Now, the internet gives us immediate access to this information that I once had to dig for. Here are some useful resources if you want to explore this topic further:

This website, <https://yourlogicalfallacyis.com/>, gives you detailed information on a variety of logical fallacies, and has “copy and paste” pages for each of them, so that you can send particulars to anyone that you’re having an online argument with!

If you’d prefer a video approach to learning logical fallacies, this is a great youtube video about many of them: <https://www.youtube.com/watch?v=Qf03U04rqGQ>

If you want to see how arguments are constructed, try this article: <https://www.futurelearn.com/courses/logical-and-critical-thinking/0/steps/9153>

And, If you want to go a little deeper, this 10 lesson online logic class will give you the chance to do just that! <https://gohighbrow.com/portfolio/logic-basics/>

I’m glad so many of you have enjoyed diving into this subject with me. Happy Arguing!

Tiffany Sapp, Intern Minister
intern@hvuuc.org

Hogwarts School of Magic and Fun Is Returning July 15-19th!

We had such a magical week together last year and we hope to see many returning witches and wizards. We have so many magical moments planned!

You can sign up at:
<https://hvuuc.org/2019-hogwarts-school-of-magic-fun/>



Volunteers Needed for Hogwarts School of Magic & Fun Summer Camp!

We need adult volunteers for our upcoming summer camp! There are short-term and week-long positions needed for July 15-19. These positions include, but are not limited to, Head of House, floaters, kitchen aids, parking attendants, and shopkeepers in Diagon Alley. We will also need help July 13-14 for set up and July 20 for clean up. All of these are needed to make this a magical and immersive week, and we rely on YOU and YOUR support!! If you’d like to sponsor a child, write a check with Summer Camp in the memo and put it in the offering plate. Contact summer-camp@hvuuc.org if you’re interested or if you have other questions.

Puzzle Library

We are pleased to announce the creation of a puzzle library at our church. It’s located in the lower left library shelf in the sanctuary. If you want to work a new puzzle, take one; if you’ve finished working one, leave it for others to enjoy. Only, please, no puzzles with missing pieces!

Fellowship Opportunities

Women's Group March 1

All who identify as women are invited to join the Women's Group Friday, March 1 at 6:30PM at the home of Amy K. in Johnson City. As usual, please bring a drink or snack to share. The main purpose of this gathering is for community.

Amy's address is in your directory, Questions? womensgroup@hvuuc.org

Potluck Lunch March 10

Bring a dish to share and join us the second Sunday of every month after the service for a potluck lunch.

Play Reading

On Friday, March 15, 2019 from 7-9PM a reading of Tennessee Williams' *"The Glass Menagerie"* will be presented for your entertainment. Curtain time is 7pm so be there by 6:45 to get a good seat. The readers are well known church members in very different roles! Come, join us and be charmed! No charge, but donations accepted.

Fiber Fellowship

Do you quilt? Embroider? Crochet? Knit? Felt? Whatever your passion we want to share it with you. Bring your tools and a project if you'd like or contribute your time to a service project at the gathering. 1st and 3rd Fridays from 9AM-noon. Tea and snack around 10:30AM fiberfun@hvuuc.org

Buuk Club

New members are always welcome to join us! We meet the 3rd Tuesday of the month from 10AM-12PM in the Religious Education building at church. Email for details buukclub@hvuuc.org

Wednesday Night Supper 4th Wednesday of the month

Join us at 6:30PM on March 27. The menu will be published a few days before the dinner. There is no agenda other than fellowship! Cost is \$5/adults, \$2.50/children. Please RSVP to WNS@hvuuc.org

Families Group Outing to Bays Mountain

On Sunday, March 24 from 1 - 4PM we're finally going outside! Pack a lunch and we'll head over to Bays Mountain Park after the service. We'll get to walk around and see the animals, go on hikes, and enjoy nice weather without rain. For more information email families@hvuuc.org or look us up on Facebook under HVUUC Families Group.

Youth Group

The HVUUC Youth Group welcomes all youth ages 12 -graduating senior for world-class fun, service, and fellowship. We meet once a month August through April. Email youthgroup@hvuuc.org to get in touch!

Casual Game Night

2nd Saturdays from 6:00-9:30PM

Last regularly-scheduled game night of 2018! This is a game night for everybody. We play a range of modern board and card games, from simple to not-as-simple. It's all for fun, no experience required. All ages are welcome. We have a playroom and kid-friendly board games. Bring yourself and optionally any cohorts, games, snacks, or drinks. Sharing is encouraged. Come whenever you want, leave whenever you want. If you arrive late you may have to hang out and observe while in-progress games wrap up. Email gamegroup@hvuuc.org with questions.

It's Complicated Game Night

4th Saturdays from 6:00-9:30PM

An adults-only board game night at the church where the games don't HAVE to be complicated, but it's okay if they are. No experience required.

- Timing: starts at 6pm... bring food/snacks for yourself or to share
- Location: we'll be in the REZ
- Viability: need to have at least a few definite Yes responses on the Facebook group by the morning of the event or will cancel (no hard feelings)

No experience with complicated games is okay! They can seem overwhelming during rules explanations but they usually start to make sense after muddling through a few rounds.

Please make sure to arrive promptly so you can get to playing right away and not have to wait for a game to finish. These games often take over an hour to play.

Questions? Email gamegroup@hvuuc.org

Life Span Religious Education

What's Happening in the RE Zone?

All children need to be registered for Religious Education. Registrations this year are via the form on our website [Religious Education Form](#)

Pre K - 1st Grade

Joseph Priestley Room - This class is located on the first floor of the Religious Education building.

Learning and Fun through Stories

The PreK-1st graders focus is on Stories that have passed through the generations from World Religions, other Cultures and Nature...all with lessons to learn.

We invite children 4 years old and fully potty trained, through 1st grade to join us in our Pre K -1st class.

2nd - 4th Grade

David Thoreau Room - This class is located on the first floor of the Religious Education building.

Change and Transformations

The 2nd—4th graders will be looking at Change and Transformations together this year. We will watch our own changes as we grow this year; those in a special tree and nature nearby and on earth; the big movements of our planet and galaxy, and changes that we can make as we work for social justice. Each lesson will be connected to one of our U.U. principles and it will include a story from children's literature, as well as activities and experiences. (We will be outdoors fairly frequently, so please be sure that your child has sturdy shoes, and winter warm clothing later this year.)

5th - 12th Grade

This class will be on hiatus until the middle of April when the OWL class is over. If you have a child who comes to the Junior/Senior Youth class, they are encouraged to participate in O.W.L if age-appropriate. If they are not within the age limits they can assist in one of the other R.E. classes. This would be a wonderful opportunity to be a role model for the younger children in our congregation!

If you have any questions about the Religious Education program, contact Sarah White at DRE@hvuuc.org

Teacher Appreciation Dinner

Religious Education appreciation will be held May 24th from 6:00-8:00PM. To all of our OWL facilitators, Youth Group facilitators, and RE Teachers, please save the date and let us provide dinner for you on that evening!

Adult Religious Education 1

Adult RE 1 meets on Sunday mornings at 9:30AM in the Meditation Hall of the Religious Education building.

February 24th the class began a new series "*Ancient Civilizations of North America*". The series has 24 lectures and begins with ancient migrations in to North America and moves on to explore the astounding accomplishments of the ancient North Americans before the arrival of Europeans.

Adult RE 1 usually meets even when other RE classes are cancelled. If in doubt please email Betty Berry for confirmation at AdultRE1@hvuuc.org

Adult Religious Education 2

From January 27 until April 7 Adult R.E. 2 will be transformed into the guardian parallel class for OWL. For the first time, guardians who have children in the O.W.L class have the opportunity to participate in the same curriculum. Our hope is that this will foster open and trusting communication at home!

Adult RE 2 is a fragrance-free class, please be respectful of those that are sensitive to fragrances.

AdultRE2@hvuuc.org

Social Justice

Kingsport Kitchen of Hope March 4

In the basement of the Full Gospel Mission on Sevier St in Kingsport, is a tiny kitchen staffed entirely by volunteers that feeds dinner 6 days a week to 100-130 people. Diners have ranged from infant to 88. For many of them, it's their only meal of the day. The church serves dinner at the Kitchen of Hope the first Monday of each month. How can you help? Glad you asked.

The menu changes monthly. Volunteers are needed to help cook, serve and clean up.

Set up/cooking: 1:00-3:30

Servers: 3:00-5:00

Cleaners: 4:45-6:00

The kitchen is quite small, so if you want to help, please contact the coordinator so we don't end up with too many cooks in the kitchen!

You can also help by donating food or money for food. Or if you'd like to bake cookies, cupcakes, or other desserts ahead of time (note: we cook for 150, so if it's too much, you could always split this with another baker)

Like to plan ahead? We do this the first Monday of every month, so pencil us in with a big red pen! Please contact Kim if you can help this month kitchenofhope@hvuuc.org.

Family Promise Network

One part of our church's Social Action is to participate with Family Promise Network, both in Johnson City (Hopwood UMC) and Kingsport (St. Luke UMC). The program's purpose is to help homeless families achieve and sustain independence. One night per quarter we provide a meal and overnight presence to the FPN guests of the host churches. Our meals are simple and overnight duty consists of sleeping in your private room and assisting with breakfast the next morning.

When the next request for volunteers goes out, please consider helping with this important and much appreciated part of our church's outreach.

familypromiseKPT@hvuuc.org

familypromiseJC@hvuuc.org

March Food Donations

Bring your donations of **Vegan and Gluten Free Options** for this month's Hunger in Our Neighborhood collection. You can also now donate pet food. Donations will be shared between the Jonesborough Food Bank, Hunger First in Kingsport, and our own food pantry. Remember, the themes are for fun....not rules!

In Our Community

Appalachian Dharma and Meditation Center

Holston Valley Sangha (Wednesday morning session that used to meet at UU Church) will now be meeting at ADMC in Johnson City.

www.dharma4et.org

Yoga

If you would like to try Yoga to help improve your core strength, balance, and ability to relax, please join a small group that meets in the Meditation Room in the RE building on Tuesday evenings from 5:15 to 6:30pm. Your first class is free of charge – I feel it's important that you get a chance to try it before you invest in a series of classes. The class is a mixture of breathing techniques and yoga poses that flow from one into another. You do not need to be trained in yoga or have attended the last session to attend this series of classes.

Go to www.YogaWithTish for more information.

Did You Know?

There is an 8th principle floating around many UU churches. This 8th principle about "Beloved Community" seeks, by our actions, to dismantle racism and other oppressions in ourselves and our institutions. Educate yourself by reading the background at www.8thprincipleuu.org and encourage discussion in your religious education class, small groups or family.

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Michael Luchtan musicprogram@hvuuc.org

Choral Director

Kate Briere choir@hvuuc.org

Church Secretary's Office Hours

9:00am-3:00pm, Tuesday & Thursday office@hvuuc.org

Submissions for each month's newsletter are due by the last day of month to newsletter@hvuuc.org.

Up to date information can always be found at www.hvuuc.org

Holston Valley Unitarian Universalist Church Calendar

March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
24 <u>9:30 am - 10:45 am</u> <u>Children's R.E.</u> <u>9:30 am - 10:45 am</u> <u>Adult RE 1 (R6).</u> <u>9:30 am - 10:40 am</u> <u>OWL 4-6 Grade (R2, R3, R4, R5).</u> <u>9:30 am - 10:45 am</u> <u>OWL Parent Class (R2).</u> <u>11 am - 12 pm</u> <u>Worship Service</u> <u>12 pm - 1 pm</u> <u>Fellowship Hour</u> <u>12 pm - 12:30 pm</u> <u>Special Music Meeting (MO).</u> <u>12:15 pm - 2 pm</u> <u>Music Committee Meeting (MR).</u>	25	26 <u>5:15 pm - 6:15 pm</u> <u>Yoga with Tish (R6).</u> <u>7 pm - 9 pm</u> <u>Covenant Group Facilitators (R2).</u>	27 <u>6:30 pm - 7:30 pm</u> <u>Wednesday Night Supper</u> <u>7 pm - 9 pm</u> <u>Free Range Covenant Group (R2).</u>	28	March 1 <u>9 am - 12 pm</u> <u>Fiber Fellowship (F1, F2).</u> <u>6:30 pm - 9 pm</u> <u>Women's Group</u>	2
3 <u>9:30 am - 10:45 am</u> <u>Children's R.E.</u> <u>9:30 am - 10:45 am</u> <u>Adult RE 1 (R6).</u> <u>9:30 am -</u>	4 <u>12 pm - 5 pm</u> <u>Kitchen of Hope</u>	5 <u>5:15 pm - 6:15 pm</u> <u>Yoga with Tish (R6).</u> <u>7 pm - 9 pm</u> <u>The Spectra of Sex and Gender Covenant Group (R2).</u>	6	7 <u>7 pm - 9 pm</u> <u>Photography Covenant Group (R2).</u>	8 <u>6 pm - 8 pm</u> <u>Girl Scouts (REZ).</u> <u>7 pm - 9 pm</u> <u>Auction Event (S, K, F1, F2).</u>	9 <u>12 pm - 2 pm</u> <u>Play Rehearsal (S).</u> <u>6 pm - 9:30 pm</u> <u>Casual Game Night</u>

<u>10:40 am</u> <u>OWL 4-6</u> <u>Grade (R2,</u> <u>R3, R4, R5).</u>						
<u>9:30 am -</u> <u>10:45 am</u> <u>OWL Parent</u> <u>Class (R2).</u>						
<u>11 am - 12 pm</u> <u>Worship</u> <u>Service</u>						
<u>12 pm - 1 pm</u> <u>Fellowship</u> <u>Hour</u>						
<u>12 pm - 1 pm</u> <u>Membership</u> <u>Committee</u> <u>(R1).</u>						
<u>12 pm - 1 pm</u> <u>Membership</u> <u>Committee</u> <u>(R1).</u>						
<u>12:30 pm -</u> <u>1:30 pm</u> <u>Social</u> <u>Justice</u> <u>Meeting.</u> <u>(MR).</u>						
<u>1 pm - 3 pm</u> <u>Vegan</u> <u>Cooking.</u> <u>Class (K, F1).</u>						
10 Daylight Saving (Start) <u>9:30 am -</u> <u>10:45 am</u> <u>Children's</u> <u>R.E.</u>	11	12 <u>5:15 pm - 6:15</u> <u>pm</u> <u>Yoga with</u> <u>Tish (R6).</u>	13 <u>7 pm - 9 pm</u> <u>RSC (R4).</u> <u>7 pm - 9 pm</u> <u>Free Range</u> <u>Covenant</u> <u>Group (R2).</u>	14	15 <u>9 am - 12 pm</u> <u>Fiber</u> <u>Fellowship</u> <u>(F1, F2).</u> <u>6:15 pm - 9:15</u> <u>pm</u> <u>Play</u> <u>Reading</u> <u>Auction</u> <u>Event (S, F1,</u> <u>F2, K).</u>	16
<u>9:30 am -</u> <u>10:45 am</u> <u>Adult RE 1</u> <u>(R6).</u>						
<u>9:30 am -</u> <u>10:45 am</u> <u>Families</u> <u>Roundtable</u> <u>Group (R2).</u>						
<u>9:30 am -</u> <u>10:40 am</u> <u>OWL 4-6</u> <u>Grade (R2,</u> <u>R3, R4, R5).</u>						

<p><u>9:30 am - 10:45 am</u> <u>OWL Parent Class (R2).</u></p> <p><u>11 am - 12 pm</u> <u>Worship Service</u></p> <p><u>12 pm</u> <u>Potluck Lunch</u></p> <p><u>12:30 pm - 3 pm</u> <u>Path to Membership Class (R4).</u></p>						
<p>17 St. Patrick's Day</p> <p><u>9:30 am - 10:45 am</u> <u>Children's R.E.</u></p> <p><u>9:30 am - 10:45 am</u> <u>Adult RE 1 (R6).</u></p> <p><u>9:30 am - 10:40 am</u> <u>OWL 4-6 Grade (R2, R3, R4, R5).</u></p> <p><u>9:30 am - 10:45 am</u> <u>OWL Parent Class (R2).</u></p> <p><u>11 am - 12 pm</u> <u>Worship Service</u></p> <p><u>12 pm - 1 pm</u> <u>Fellowship Hour</u></p>	18	<p>19</p> <p><u>10 am - 12 pm</u> <u>bUUk Club (R1).</u></p> <p><u>5:15 pm - 6:15 pm</u> <u>Yoga with Tish (R6).</u></p> <p><u>7 pm - 9 pm</u> <u>The Spectra of Sex and Gender Covenant Group (R2).</u></p>	<p>20</p> <p><u>7 pm - 9 pm</u> <u>Board of Trustees Meeting (R4).</u></p>	<p>21</p> <p><u>7 pm - 9 pm</u> <u>Photography Covenant Group (R2).</u></p>	<p>22</p> <p><u>6 pm - 8 pm</u> <u>Girl Scouts (REZ, F1, F2).</u></p>	<p>23</p> <p><u>6 pm - 10 pm</u> <u>Complicated Game Night (R1, R2, R3, R4).</u></p>
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<u>OWL Parent Class (R2).</u> <u>11 am - 12 pm Worship Service</u> <u>12 pm - 1 pm Fellowship Hour</u> <u>12:15 pm - 2 pm Music Committee Meeting. (MR).</u>						
31 <u>9:30 am - 10:45 am Children's R.E.</u> <u>9:30 am - 10:45 am Adult RE 1 (R6).</u> <u>9:30 am - 10:40 am OWL 4-6 Grade (R2, R3, R4, R5).</u> <u>9:30 am - 10:45 am OWL Parent Class (R2).</u> <u>11 am - 12 pm Worship Service</u> <u>12 pm - 1 pm Fellowship Hour</u> <u>12 pm - 1 pm Mugs and Memories</u>	1 April Fool's Day <u>12 pm - 5 pm Kitchen of Hope</u>	2 <u>5:15 pm - 6:15 pm Yoga with Tish (R6).</u> <u>7 pm - 9 pm The Spectra of Sex and Gender Covenant Group (R2).</u>	3	4 <u>7 pm - 9 pm Photography Covenant Group (R2).</u>	5 <u>9 am - 12 pm Fiber Fellowship (F1, F2).</u> <u>6 pm - 8 pm Girl Scouts (REZ).</u> <u>6:30 pm - 9 pm Women's Group</u>	6 <u>10:30 am - 12 pm Rehearsal (S).</u> <u>5:30 pm - 7:30 pm Auction Event (F1, F2, K).</u>

MEETING ROOMS: (S) Sanctuary, (MR) Music Room, (MO) Minister's Office, (F1) Fellowship Hall-near kitchen, (F2) Fellowship Hall-near patio, (K) Kitchen, (R1) REZ Susan B. Anthony room, (R2) REZ Ralph Waldo Emerson room, (R3) REZ Joseph Priestley room, (R4) REZ Henry David Thoreau room, (R5) REZ James Reeb room, (R6) REZ Meditation Hall (B) Basement PROJECTOR: (P) Projector Reserved
 Holston Valley Unitarian Universalist Church