

NUUSLETTER

The Newsletter of Holston Valley Unitarian Universalist Church always available online at www.hvuuc.org

The mission of Holston Valley Unitarian Universalist Church is to promote spiritual growth, religious freedom, and ethical action.

November 2019

PO Box 8383 Johnson City, Tennessee 37615 (423) 477-7661

Headlines

- Women's Group Friday, November 1
- ETSU Chorale Performing November 3
- Kitchen of Hope Monday, November 4
- Casual Game Night November 9
- Potluck Lunch November 10
- Service Auction Saturday, November 16
- Transgender Day of Remembrance, Sunday, November 17
- Board of Trustees Meeting November 20
- Complicated Game Night November 23
- Community Thanksgiving Meal Thursday November 28 from 2PM-7PM

Up to date church info is always available at <u>www.hvuuc.org</u>

The Annual Service Auction Saturday, November 16 Beginning at 5:30PM

What will you offer at the Auction this year?

The evening begins with heavy hors d'oeuvres and perusing the silent auction items. We then move on to the live auction, with our own auctioneer extraordinaire Jen Margeson! Childcare is available all evening.

The auction is not just a fundraiser, this is also a great community-building experience that lasts the whole year! Throughout the year there is continued fellowship and building of friendships via the hosting and attending of the auctioned services.

Follow this link to the Auction website where you can go to: www.auctria.com/auction/2019HVUUCAuction

- 1. Donate items or services to the Auction
- 2. Register as a Bidder
- 3. See a catalog from 2017 to get ideas for things to donate.
- 4. View the Catalog of items that have been donated this year so far!

Still have questions? Many answers can be found here hvuuc.org/2019-service-auction

If you can't attend the auction and you would like to have a proxy bidder designated to bid for you or you have any other questions or problems, please contact <u>auction@hvuuc.org</u>

Upcoming Sunday Worship Services

Nov 3 *Getting Religion Wrong,* Rev. Jeff Briere Comprehensive sex education is important, because if you get it wrong, it can be dangerous. Same goes for religion. Don't miss the ETSU Chorale performing today!

Nov 10 *Process Theology,* Rev. Jeff Briere Process Theology gives us a new way to think about God. Instead of the omnipotent, omniscient God of the Bible, God is becoming God.

Nov 17 *SUULE Presentation* A presentation by those attending SUULE, Southern UU Leadership Experience.

Nov 24 *Thanksgiving*, Rev. Jeff Briere A service wherein congregants tell us why they are thankful.



Fellowship Opportunities

Women's Group November 1

The Women's Group this month will meet at 6:30PM at the home of Joy B. in Gray. We welcome all who identify as female. Joy will be making a big pot of butternut soup. Please bring a snack and/or drink to share. Besides the usual banter and hoopla, we will be discussing how we feel as we enter our church.

Her address can be found in the church directory. See the <u>Members Area</u> of our website or contact <u>womensgroup@hvuuc.org</u>.

Casual Game Night 2nd Saturdays from 6:00-9:30PM

This is a game night for everybody. We play a range of modern board and card games, from simple to not-as-simple. It's all for fun, no experience required.

All ages are welcome. We have a playroom and kid -friendly board games.

Bring yourself and optionally any cohorts, games, snacks, or drinks. Sharing is encouraged.

Come whenever you want, leave whenever you want. If you arrive late you may have to hang out and observe while in-progress games wrap up.

Email gamegroup@hvuuc.org with questions.

Potluck Lunch November 10

Bring a dish to share and join us the second Sunday of every month after the service for a potluck lunch.

BuuK Club <u>buukclub@hvuuc.org</u>

New members are always welcome to join us! Our regular meeting is on the 3rd Tuesday of the month from 10AM-12PM September - May in the Religious Education building.

November 19—Where the Crawdad Sings, Delia Owens, fiction - facilitator Ellen B.

December 17, 2019—The Boys in the Boat, Daniel James Brown, non fiction facilitator Nan S.

January 21, 2020 Unaccustomed Earth, Jumpha Lahiri, fiction - facilitator Joanne M.

Community Thanksgiving Potluck Meal

Gather round the table for a potluck Thanksgiving dinner at church on Thursday, November 28! Please bring a favorite food or beverage to add to the table and come enjoy good food and fellowship. Doors will open at 2PM, and the meal is planned to begin at 3PM.

Games and discussion will follow dinner. If you have a favorite game, bring it to share!

Please sign up to bring a protein, side, beverage or dessert or to help with set-up or clean up.

You can sign up in the <u>FB event</u>, on the sheet at church, or by e-mailing Jessie H. and Gerald K. at <u>thanksgiving@hvuuc.org</u>

Yuuth Group

The Yuuth Gruup welcomes all youth ages 12graduating senior for world-class fun, service, and fellowship. We meet once a month August through April.

Nov 17 or 24 fundraiser lunch after church Dec 15 5-8PM shopping for Hunger First Jan 19-20 MLK lock-in Feb 16 5-8PM March 15 5-8PM April19 (off-site) 5-8PM family potluck picnic

Email <u>youthgroup@hvuuc.org</u> to get in touch!

Fiber Fellowship

Do you quilt? Embroider? Crochet? Knit? Felt? Whatever your passion we want to share it with you. Bring your tools and a project if you'd like or contribute your time to a service project at the gathering. 1st and 3rd Fridays from 9AMnoon. Tea and snack around 10:30AM <u>fiber-</u><u>fun@hvuuc.org</u>

Wednesday Night Supper

Due to the Thanksgiving holiday we will not have a WNS in November.

Fellowship Opportunities Cont.

It's Complicated Game Night 4th Saturdays from 6:00-9:30PM

An adults-only board game night at the church where the games don't HAVE to be complicated, but it's okay if they are. No experience required.

- Timing: starts at 6pm... bring food/snacks for yourself or to share
- Location: we'll be in the REZ

• Viability: need to have at least a few definite Yes responses on the Facebook group by the morning of the event or will cancel (no hard feelings)

No experience with complicated games is okay! They can seem overwhelming during rules explanations but they usually start to make sense after muddling through a few rounds.

Please make sure to arrive promptly so you can get to playing right away and not have to wait for a game to finish. These games often take over an hour to play. <u>gamegroup@hvuuc.org</u>

Life Span Religious Education

Adult Religious Education 2 The Good Place

Please consider joining us in Adult RE 2 for our new curriculum! We will be watching an episode of The Good Place and following with discussion regarding morality and ethics.

Adult RE 2 is a fragrance-free class, please be respectful of those that are sensitive to fragrances. AdultRE2@hvuuc.org

Adult Religious Education 1

Adult RE 1 meets on Sunday mornings at 9:30AM in the Meditation Hall of the Religious Education building.

On Sunday, August 25th we begin the first of 24 lectures on "Native Americans of South America". This ties in with our study of early Native Americans of North America.

Adult RE 1 usually meets even when other RE classes are cancelled. If in doubt please email Betty Berry for confirmation at AdultRE1@hvuuc.org

Youth Religious Education

Please register your children and youth at: Religious education registration form

Our classes are held from 9:30-10:45AM and will be PreK-2nd grade; 3rd-5th grade; and Jr/Sr Youth. All children must be potty trained to participate in Religious Education. We do have childcare available in our nursery for those not quite old enough for R.E.

Director of Religious Education, Sarah White can be reached at <u>DRE@hvuuc.org</u>

Small Group Ministry

A Little Bit of Everything Small Group Ministry

This Small Group has no theme, instead we will talk about a variety of topics. The first six sessions we will discuss; Let's start with getting to know each other and talk about how we spent lazy summer evenings, now or in the past. What are you curious about? How do you handle your leisure time? Can your gathering of friends be spiritual? How do you see the world, is it frightening, or do you see endless chances for new experiences?

To sign up talk to Greg K., use the signup sheet posted in the Fellowship Hall or email <u>EverythingSGM@hvuuc.org</u>.

After Life Inquiry Small Group Ministry

A large majority of people believe some aspect or essence of us continues after our body dies. Researchers have generated strong evidence supporting the reality of life after death, but this is not well known. In this group facilitated by Dr. Scott Quimby we will explore this evidence from afterdeath contacts, reincarnation, near-death experiences, and other sources.

This 8 session group will meet every other Sunday beginning November 10 and concluding February 16 from 8:30 am to 10:30 am in the REZ building. Contact Scott at <u>afterlife-</u> <u>group@hvuuc.org</u> if interested in joining the group. A sign-up sheet is also available in the Fellowship Hall.

Social Justice

Kingsport Kitchen of Hope November 4

In the basement of the Full Gospel Mission on Sevier St in Kingsport, is a tiny kitchen staffed entirely by volunteers that feeds dinner 6 days a week to 100-130 people. Diners have ranged from infant to 88. For many of them, it's their only meal of the day. The church serves dinner at the Kitchen of Hope the first Monday of each month. How can you help? Glad you asked.

The menu changes monthly. Volunteers are needed to help cook, serve and clean up. Set up/cooking: 1:00-3:30 Servers: 3:00-5:00 Cleaners: 4:45-6:00

The kitchen is quite small, so if you want to help, please contact the coordinator so we don't end up with too many cooks in the kitchen!

You can also help by donating food or money for food. Or if you'd like to bake cookies, cupcakes, or other desserts ahead of time (note: we cook for 150, so if it's too much, you could always split this with another baker)

Like to plan ahead? We do this the first Monday of every month, so pencil us in with a big red pen!

Please contact Kim R. if you can help this month <u>kitchenofhope@hvuuc.org</u>.

Family Promise Network

One part of our church's Social Action is to participate with Family Promise Network, both in Johnson City (Hopwood UMC) and Kingsport (St. Luke UMC). The program's purpose is to help homeless families achieve and sustain independence. One night per quarter we provide a meal and overnight presence to the FPN guests of the host churches. Our meals are simple and overnight duty consists of sleeping in your private room and assisting with breakfast the next morning.

When the next request for volunteers goes out, please consider helping with this important and much appreciated part of our church's outreach. <u>familypromiseKPT@hvuuc.org</u> <u>familypromiseJC@hvuuc.org</u>

November Food Donations

Bring donations of **Flour, Sugar or Baking Items** for this month's Hunger in Our Neighborhood collection. You can also now donate pet food. Donations will be shared between the Jonesborough Food Bank, Hunger First in Kingsport, and our own food pantry. Remember, the themes are for fun...not rules!

Did You Know?

Of the garbage that Americans throw away, half can be recycled, which is enough to fill up a football stadium each day. Even more can be upcycled and used for other things. Want to take action? Start or join a local upcycling or repurposing program.

Fiscal Flash

Get Your Grocery Store Shopping Cards!

The church sells prepaid shopping cards, in various denominations, in the Fellowship Hall after the service.

When you buy a card for \$100 from Food City or Ingles, this buys you \$100 worth of goods at that store, and the church makes 7%, which last year was about \$6000.

Register your Kroger customer card online, having our church as benefactor and we make about 5% every time you shop.

Just think of the results; if you just started to buy cards and you bought \$100 today, and then bought this amount every week for a year you would provide \$336 each year for the budget. We can all make a big difference if we unite behind this small effort!

Make Sure Your Kroger 5% Goes to the Church

People who shop at Kroger's need to register to have 5% of what they spend go to the church. This needs to be completed online. Our organization number is 83282.

In Our Community

URI Gratitude Dinner

The United Religions Initiative invites you to their annual Gratitude Dinner on Saturday, November 2nd at 5:30PM.

Please bring a dish to share of your favorite holiday, ethnic, religious cultural foods and celebrate 20 years of interfaith cooperation in our area.

For more information, please contact Rabbi Arthur Rutberg, President-NETN URI CC, itsmerabbi@gmail.com.

The dinner will be at the Carver Center 322 West Watauga Avenue, Johnson City TN 37604

Hoping you will be able to join in this celebration, Bon Appetit!

Goat milk?

I and 4 other families co-own a couple of dairy goats. We share the responsibilities, benefits, and products of the goats, i.e. milk. We are looking for one or two new people or families to join our group. Benefits are: time with dairy goats, play with babies and best of all, goat milk. For more information call/text Angie 423-737-9517.

Appalachian Dharma and Meditation Center

Holston Valley Sangha (Wednesday morning session that was meeting at UU Church) will now be meeting at ADMC in Johnson City. www.dharma4et.org

Yoga

If you would like to try Yoga to help improve your core strength, balance, and ability to relax, please join a small group that meets in the Meditation Room in the RE building on Tuesday evenings from 5:15 to 6:30pm. Your first class is free of charge – I feel it's important that you get a chance to try it before you invest in a series of classes. The class is a mixture of breathing techniques and yoga poses that flow from one into another. You do not need to be trained in yoga or have attended the last session to attend this series of classes.

Go to <u>www.YogaWithTish</u> for more information.

Membership Corner

Website Member Log In

There is information on the website that you need to log in to see. Scroll to bottom of the home page and click on "Members Area". The password is the same one that you used on the old website. If you need that password, email <u>office@hvuuc.org.</u>

Once you log in, you can see a recent member directory, get a reimbursement form, see our tax exempt certificate, the board policies and procedures, and board meeting minutes.

Caring Team

The Caring Team coordinators for November are Phyllis Cairnes and Joy Boyd . They can be reached at <u>caring@hvuuc.org</u> or 423-477-7661 (Press 1).

Thank You to our October coordinators Cynthia Goodman and Neva Kauffman.

*********** ☆ ☆ **November Birthdays** ☆ \bigstar 11/5 Jim M., 11/7 Frank S., 11/12 Kara C., ☆ ☆ 11/14 Samuel M., 11/17 Madeline L., 11/18 ☆ ☆ Ethan M., Phyllis P., 11/29 Mike F. ☆ ☆ If you would like your birthday $\frac{1}{2}$ ☆ included, send it to office@hvuuc.org ☆ ☆ ☆ \checkmark

2019-2020 Board of Trustees

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Minister

Rev. Jeff Briere: 477-7661 (office) minister@hvuuc.org

Director of Religious Education

Sarah White DRE@hvuuc.org

Choral Director

Kate Briere choir@hvuuc.org

Church Secretary's Office Hours

9:00am-3:00pm, Tuesday & Thursday office@hvuuc.org

Submissions for each month's newsletter are due by the last day of month to <u>newsletter@hvuuc.org</u>. Up to date information can always be found at <u>www.hvuuc.org</u>

Holston Valley Unitarian Universalist Church Calendar								
November 2019								
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
27	28	29	30	31	November 1	2		
<u>9:30 am - 10:45</u>		<u>7 pm - 9 pm</u>		Halloween				
am Children's R.E.		<u>A Little Bit of</u> <u>Everything</u> <u>Small Group</u>			<u>6:30 pm - 9</u> <u>pm</u> Women's			
<u>9:30 am - 10:45</u> am		Ministry			Group			
<u>Adult RE 1 (R6)</u> <u>9:30 am - 10:45</u>								
<u>9.30 am - 10.45</u> am Adult RE 2 (R2)								
<u>11 am - 12 pm</u> <u>Worship</u> <u>Service</u>								
12 pm - 1 pm Fellowship Hour								
<u>12:15 pm - 2 pm</u> <u>Music</u> <u>Committee</u> <u>Meeting (MR)</u>								
12:30 pm - 1:30 pm <u>New Comers</u> <u>Group (R1)</u>								
3	4	5	6	7	8	9		
Daylight Saving (End)	<u>12 pm - 5 pm</u>	<u>5:15 pm - 6:15</u>			<u>6 pm - 8 pm</u>	<u>6 pm - 9:30</u>		
9:30 am - 10:45 am Children's R.E.	<u>Kitchen of</u> <u>Hope</u> <u>7 pm - 9 pm</u> Life Stories	<u>pm</u> <u>Yoga with Tish</u> (<u>R6)</u> <u>7 pm - 9 pm</u>			<u>Girl Scouts (All</u> <u>REZ)</u>	<u>pm</u> <u>Casual Game</u> <u>Night</u>		
<u>9:30 am - 10:45</u>	Life Stories SGM (R1)	<u>A Little Bit of</u>						
<u>am</u> Adult RE 1 (R6)		<u>Everything</u> <u>Small Group</u> <u>Ministry</u>						
<u>9:30 am - 10:45</u> <u>am</u>								
Adult RE 2 (R2)								
<u>11 am - 12 pm</u> <u>Worship</u> <u>Service</u>								
12 pm - 1 pm Fellowship Hour								
<u>12:30 pm - 1:30</u> pm Social Justice Meeting (MR)								

10	11	12	13	14	15	16
<u>8:30 am - 10:30</u> am <u>After Life</u> <u>Group (R1)</u>	Veteran's Day	5:15 pm - 6:15 pm Yoga with Tish (R6)	5:30 pm - 8:30 pm <u>Girl Scout (S,</u> <u>Fl, F2)</u>			<u>1 pm - 5:30</u> pm Set Up for Service
9:30 am - 10:45 am Children's R.E.			7.pm - 9.pm RSC (R4)			<u>Auction</u> <u>5:30 pm - 10</u> <u>pm</u> <u>Service</u>
<u>9:30 am - 10:45</u> <u>am</u> <u>Adult RE 1 (R6)</u>						<u>Auction (S, F1,</u> <u>F2, K)</u>
<u>9:30 am - 10:45</u> am Adult RE 2 (R2)						
<u>11 am - 12 pm</u> <u>Worship</u> <u>Service</u>						
12 pm Potluck Lunch						
<u>12:30 pm - 1:30</u> pm <u>New Comers</u> <u>Group (R1)</u>						
17	18	19	20	21	22	23
9:30 am - 10:45 am Children's R.E. 9:30 am - 10:45	7 pm - 9 pm Life Stories SGM (R1)	<u>5:15 pm - 6:15</u> pm Yoga with Tish (<u>R6)</u>	<u>7 pm - 9 pm</u> <u>Board of</u> <u>Trustees</u> <u>Meeting (R4)</u>		<u>6 pm - 8 pm</u> <u>Girl Scouts (All</u> <u>REZ)</u>	<u>6 pm - 10 pm Complicated Game Night (R1, R2, R3, R4)</u>
am Adult RE 1 (R6)		<u>7 pm - 9 pm</u> <u>A Little Bit of</u> <u>Everything</u>				
<u>9:30 am - 10:45</u> am Adult RE 2 (R2)		<u>Small Group</u> <u>Ministry</u>				
<u>11 am - 12 pm</u> Worship <u>Service</u>						
<u>12 pm - 1 pm</u> Fellowship Hour						
<u>3 pm - 10 pm</u> <u>Transgender</u> <u>Day of</u> <u>Remembrance</u> <u>(S, F1, F2, K)</u>						
24	25	26	27	28	29	30
8:30 am - 10:30 am After Life Group (R1)		5:15 pm - 6:15 pm Yoga with Tish (<u>R6)</u>		Thanksgiving 2.pm - 7.pm <u>Community</u> <u>Thanksgiving</u> <u>Meal (K, F1, F2)</u>		
<u>9:30 am - 10:45</u> am Children's R.E.		<u>7 pm - 9 pm</u> <u>Covenant</u> <u>Group</u>				

9:30 am - 10:45 am Adult RE 1 (R6) 9:30 am - 10:45 am Adult RE 2 (R2) 11 am - 12 pm Worship Service 12 pm - 1 pm Fellowship Hour 12:15 pm - 2 pm Music Committee Meeting (MR) 12:30 pm - 1:30 pm Choir Practice (S)	<u>Facilitators.</u> (R2).			
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MEETING ROOMS: (S) Sanctuary, (CD) Covered Deck, (MR) Music Room, (MO)
Minister's Office, (F1) Fellowship Hall-near kitchen, (F2) Fellowship Hall-near
patio, (K) Kitchen, (R1) REZ Susan B. Anthony room, (R2) REZ Ralph Waldo
Emerson room, (R3) REZ Joseph Priestley room, (R4) REZ Henry David
Thoreau room, (R5) REZ James Reeb room, (R6) REZ Meditation Hall (B)
Basement PROJECTOR: (P) Projector Reserved
Holston Valley Unitarian Universalist Church