



NUUSLETTER

The Newsletter of Holston Valley Unitarian Universalist Church
always available online at www.hvuuc.org

The mission of Holston Valley Unitarian Universalist Church is to promote spiritual growth, religious freedom, and ethical action.

November 2018

PO Box 8383 Johnson City, Tennessee 37615 (423) 477-7661

Headlines

- Women's Group Friday Nov 2 at 6PM
- Memorial Service for Louise Serviente Saturday, Nov 3 1PM
- Kitchen of Hope November 5
- Casual Game Group Nov 10 6PM
- Potluck Lunch November 11
- Service Auction Saturday, Nov 17 5:30PM
- Ingathering of New Members Nov 18
- bUUK Club November 20 10AM
- WNS November 28 6:30PM

Up to date church info is always available at www.hvuuc.org

Children's Choir

We will be starting rehearsals for the Children's Choir on Sunday, November 4. After the children's story during the service, Kate Briere will take the children who want to sing up to the REZ. We are preparing some songs for the Festivals of Light which will be on Sunday, December 9. If your child would be available for that service, please encourage them to come and sing with us!

Our rehearsal schedule is as follows: Sundays Nov 4, 11, 18, and Dec 2. Those will all occur during the church service. Children will be required to come on Dec 9 at 9am for the "run-through" prior to the service.

Parent volunteers are needed to attend the rehearsals to help. Please contact Kate Briere to let her know what Sunday you would be able to help. choir@hvuuc.org

Upcoming Sunday Worship Services

Nov 4 *The Seven Deadly Sins - Yesterday and Today*, Rev. Jeff Briere

A review of the seven deadly sins and seven suggestions for updating them.

Nov 11 *This Church Ain't No Country Club*, Rev. Briere
What is the purpose of a church? To comfort the afflicted or to afflict the comfortable?

Nov 18 *Buddhism 101*, Rev. Jeff Briere
The Four Noble Truths and the Noble Eightfold Path guide the actions of devoted Buddhists. Do they speak to us?

Nov 25 *Community Soup*, Tiffany Sapp
Celebrate Thanksgiving with a community centered drama and a little bit of soup.

Service Auction November 17th!

We have a new website this year for registering as a bidder, submitting auction donations and viewing available auction items.

[HVVUUC Auction website](http://www.hvuuc.org/auction)

Many items are already posted in the online catalog, so take a look and begin your auction shopping list!

Please use the DONATE AN ITEM form on the website to submit your items. Your submissions are reviewed by the auction administrator before they are posted, so you'll be contacted if there are any questions.

If you have a question, or would like the auction coordinator to submit your donation for you, contact Karyn at auction@hvuuc.org

More auction details are on page 2.

Please
donate

2018 Service Auction Saturday, November 17th

5:30PM Silent Auction and hors d'oeuvres

6:30PM Live Auction begins!

Childcare will be available from 5:30-10PM

The basic idea: a big party Saturday night for everyone, at which we all have a grand time: noshing on finger foods, mingling, ogling donations, laughing, and enjoying the evening. Amidst this merriment, we hold a silent and live auction where we sell the services donated by our peers. The money raised benefits the church.



Not just a fundraiser: this is also great community-building experience that lasts the whole year! Throughout the year there is continued fellowship and building of friendships via the hosting and attending of the auctioned services.

Donation Ideas: Some services people have donated in the past that continue to be popular: Dinners! Game Nights! Lunch and brunch! Lake outings! Picnics! Tea Parties! Cooking Class! Handyman service! Garden help!... the ideas are endless. Need an idea? Check out the 2017 Auction Catalog on the bottom of the home page of our [auction website](#).

Proxy Bidders: Can't attend the auction, but still want to participate? We have several proxy bidders that will bid on your behalf. Just make a wish list with max bid amounts and get it to the auction coordinator by 10AM on the day of the auction.

Opportunities for Everyone to Participate: If money is tight, you can....

- Volunteer to help with one of the Saturday night tasks.
- There are several auction items that are low cost and designed with families in mind.
- Donate a simple service that costs you little to nothing: e.g. several hours of yard work, a game night with simple snacks, or a soup and movie night... Consider combining forces and co-hosting an event. It doesn't have to be fancy or budget-busting, and you get the fun of the group event that was won at the auction.
- We understand that times are crazy and budgets can be tight. An alternative way to pay: service time for the church, at \$20/ hour. You can buy any item up for bid using this method. It will be calculated as cash paid, and you can then fulfill your time throughout the 2019 year.

[Auction Website](#): Go here to.....

- Register as a bidder
- Submit an item for donation
- View the catalog of items already submitted
- View the calendar of auction events scheduled for next year
- View the 2017 Auction Catalog for ideas!

THANK YOU!

Karyn, 2018 Auction Coordinator auction@hvuuc.org

Keeping Hope Alive

In the midst of chaos and hate and harm, how do we keep hope alive? This is my question of the month. Eleven people murdered in a synagogue for being Jewish. Two black people murdered in a supermarket because their killer couldn't get into the black church he had targeted. Closer to home, I've been watching my home church in Panama City Florida try to figure out how to rebuild from the destruction caused by Hurricane Michael. Every single person has been affected in some way, and some have lost everything. And even closer to home, we've lost two members of Holston Valley Unitarian Universalist Church in the last three weeks. Grief is very much with us. What do we do?



Grief is a feeling that we need to allow ourselves to feel in order to work through the loss. The harder we fight it, the worse it gets. We must allow ourselves time to mourn, to cry, to remember. Eventually, in our own time, we'll be ready to sift through the remains of our grief and decide what to let go of, and what lessons and memories we want to carry forward with us into our future.

In the meantime, small actions that alleviate some of the suffering in the world can help keep the hope alive. On the heels of Sunday's #metoo service, we have an opportunity to do one of those small things that can keep hope alive for ourselves and others.

Throughout the month of November, we will be collecting items for Branch House Family Center's Hope and Healing Bags. These bags are given to Sexual Assault victims when Branch House receives a call. Often, clothing is taken as evidence, and these bags provide a little more dignity for a traumatized person leaving the hospital. Let's bring a little more hope back into the world. Here's the list:

Platinum Items: Highest Demand

Full Sized Backpacks

New Sweatpants (all sizes)

New Women's Underwear – packs of comfortable cotton ones (all sizes)

New Flip Flops

New Slippers

Other Items for Bags:

Toiletry items

Stuffed Animals

Blankets

Journals

We will be accepting donations from now through November 25th. Look for the Hope and Healing Bags bin.

For more information contact Tiffany Sapp, Intern Minister intern@hvuuc.org

Ingathering of New Members

An ingathering of new members will be held on November 18, 2018. "Ingathering" is when a person, who has been to Path to Membership, joins our church. If you are interested, please email Peggy at membership@hvuuc.org before November 14, 2018. There is also a flyer on the counter in the Sanctuary that will give you information.



Coffee hour set-up and clean-up Needed for December

We still need someone to take responsibility for December! You would recruit your own volunteers and delegate as much as you prefer, depending on your availability. If you are new to this, training is enthusiastically provided! Snack foods are available in the kitchen, but if you want to provide something else, you can get reimbursed. This does not include Potluck Sunday.

To sign up, email coffeehour@hvuuc.org or on the list by the kitchen windows.

Fellowship Opportunities

Women's Group Nov 2

All who identify as women are invited to join the Women's Group Friday, November 2 at 6:00PM at Denee's home in Elizabethton.

Per usual, please bring a drink or snack to share. The main purpose of this gathering is for community.

Questions? womensgroup@hvuuc.org

Potluck Lunch Nov 11

Bring a dish to share and join us the second Sunday of every month after the service for a potluck lunch.

Fiber Fellowship

Do you quilt? Embroider? Crochet? Knit? Felt? Whatever your passion we want to share it with you. Bring your tools and a project if you'd like or contribute your time to a service project at the gathering. 1st and 3rd Fridays from 9AM-noon. Tea and snack around 10:30--see you there!

fiberfun@hvuuc.org

Wednesday Night Supper

Join us at 6:30PM on November 28. The menu will be published a few days before the dinner. There is no agenda other than fellowship! Cost is \$5/adults, \$2.50/children. Please RSVP to WNS@hvuuc.org by Tuesday November 27 to ensure we have enough food for everyone.

BuuK Club

New members are always welcome to join us in the REZ on the third Tuesday of the month from 10:00AM to noon. We meet in the Susan B. Anthony room
buukclub@hvuuc.org

Yuuth Group

The HVUUC Yuuth Group welcomes all youth ages 12-graduating senior for world-class fun, service, and fellowship. We meet once a month August through April. Email youthgroup@hvuuc.org to get in touch!

Families Group

This is a social group for parents, grandparents or guardians who attend or are friends of Holston Valley Unitarian Universalist Church and have children and grandchildren from birth through school age. The goal of our group is to create a supportive community for ourselves and our children and grandchildren within our faith community. For more information contact families@hvuuc.org or find us on Facebook under HVUUC Families Group.

Casual Game Night

November 10 6:00-9:30PM

This is a game night for everybody (and the LAST ONE before our Summer break!). We play a range of modern board and card games, from simple to not-as-simple. It's all for fun, no experience required. All ages are welcome. We have a playroom and kid-friendly board games.

Bring yourself and optionally any cohorts, games, snacks, or drinks. Sharing is encouraged. Come whenever you want, leave whenever you want. If you arrive late you may have to hang out and observe while in-progress games wrap up.

Email gamegroup@hvuuc.org with questions.

It's Complicated Game Night

November 24 6:00-9:30PM

An adults-only board game night at the church where the games don't HAVE to be complicated, but it's okay if they are. No experience required.

- Timing: starts at 6pm... bring food/snacks for yourself or to share
- Location: we'll be in the REZ
- Viability: need to have at least a few definite Yes responses on the Facebook group by the morning of the event or will cancel (no hard feelings)

No experience with complicated games is okay! They can seem overwhelming during rules explanations but they usually start to make sense after muddling through a few rounds.

Please make sure to arrive promptly so you can get to playing right away and not have to wait for a game to finish. These games often take over an hour to play.

Questions? Email gamegroup@hvuuc.org

Life Span Religious Education

What's Happening in the RE Zone?

Register Your Children for the New Religious Education Year! All registrations this year are via the form on our website, [Religious Education Form](#)

Pre K - 1st Grade

Joseph Priestley Room - This class is located on the first floor of the Religious Education building.

Learning and Fun through Stories

The PreK-1st graders focus is on Stories that have passed through the generations from World Religions, other Cultures and Nature...all with lessons to learn.

We invite children 4 years old and fully potty trained, through 1st grade to join us in our Pre K -1st class.

2nd - 4th Grade

David Thoreau Room - This class is located on the first floor of the Religious Education building.

Change and Transformations

The 2nd-4th graders will be looking at Change and Transformations together this year. We will watch our own changes as we grow this year; those in a special tree and nature nearby and on earth; the big movements of our planet and galaxy, and changes that we can make as we work for social justice. Each lesson will be connected to one of our U.U. principles and it will include a story from children's literature, as well as activities and experiences. (We will be outdoors fairly frequently, so please be sure that your child has sturdy shoes, and winter warm clothing later this year.)

5th - 12th Grade

James Reeb Room - This class is located on the second floor of the Religious Education building.

Building Bridges: A World Religious Program

Building Bridges is a world religions program to deepen youth's understanding of the dynamic, fascinating, and varied world in which they live. It seeks to broaden their knowledge of humanity and embolden their spiritual search.

If you have any questions about the Religious Education program, contact our Director of Religious Education, Sarah White at DRE@hvuuc.org

Adult Religious Education 1

Adult RE 1 meets on Sunday mornings at 9:30AM in the Meditation Hall of the Religious Education building. The class will be listening to lectures about Climate Change for the next few weeks.

The class has begun a series of lectures from the Great Courses on Energy.

Adult RE 1 usually meets even when other RE classes are cancelled. If in doubt please email Betty Berry for confirmation at AdultRE1@hvuuc.org

Adult Religious Education 2

Adult RE 2 meets in the Susan B. Anthony room in the RE Building at 9:30AM Sunday mornings.

Faith Like a River— This curriculum explores the dynamic course of Unitarian, Universalist, and Unitarian Universalist (UU) history—the people, ideas, and movements that have shaped our faith heritage. It invites participants to place themselves into our history and consider its legacies. What lessons do the stories of our history teach that can help us live more faithfully in the present? What lessons do they offer to be lived into the future?

Adult RE 2 is a fragrance-free class, please be respectful of those that are sensitive to fragrances.

AdultRE2@hvuuc.org

Did You Know?

We have a Cry Room for those with small children who aren't quite ready for an entire service yet. It can also serve as a place to nurse a baby. Of course, nursing is welcome right where you sit, if you want. The cry room is located just past the bathrooms off the foyer.

Social Justice

Kingsport Kitchen of Hope 1st Monday of the Month

In the basement of the Full Gospel Mission on Sevier St in Kingsport, is a tiny kitchen staffed entirely by volunteers that feeds dinner 6 days a week to 100-130 people. Diners have ranged from infant to 88. For many of them, it's their only meal of the day. The church serves dinner at the Kitchen of Hope the first Monday of each month. How can you help? Glad you asked.

The menu changes monthly. Volunteers are needed to help cook, serve and clean up.

Set up/cooking: 1:00-3:30

Servers: 3:00-5:00

Cleaners: 4:45-6:00

The kitchen is quite small, so if you want to help, please contact the coordinator so we don't end up with too many cooks in the kitchen!

You can also help by donating food or money for food. Or if you'd like to bake cookies, cupcakes, or other desserts ahead of time (note: we cook for 150, so if it's too much, you could always split this with another baker)

Like to plan ahead? We do this the first Monday of every month, so pencil us in with a big red pen! Please contact Kim if you can help this month kitchenofhope@hvuuc.org.

Family Promise Network

One part of our church's Social Action is to participate with Family Promise Network, both in Johnson City (Hopwood UMC) and Kingsport (St. Luke UMC). The program's purpose is to help homeless families achieve and sustain independence. One night per quarter we provide a meal and overnight presence to the FPN guests of the host churches. Our meals are simple and overnight duty consists of sleeping in your private room and assisting with breakfast the next morning.

When the next request for volunteers goes out, please consider helping with this important and much appreciated part of our church's outreach.

familypromiseKPT@hvuuc.org

familypromiseJC@hvuuc.org

November Food Donations

Bring your donations of **Flour, Sugar, and Baking Items** for this month's Hunger in Our Neighborhood collection. You can also now donate pet food. Donations will be shared between the Jonesborough Food Bank, Hunger First in Kingsport, and our own food pantry. Remember, the themes are for fun....not rules!

Fiscal Flash

Amazon Smile

As part of their Amazon Smile program, Amazon will donate 0.5% of every purchase to HVUUC. Two simple steps: First add HVUUC as your preferred charity on your Amazon account (go to Amazon Smile and search Holston or just use this link <https://smile.amazon.com/ch/62-1076195>). Second, whenever you make a purchase be sure to enter through the "smile.amazon.com" address. It's free money and definitely worth a couple of clicks. Questions? treasurer@hvuuc.org

Get Your Grocery Store Shopping Cards!

The church sells prepaid shopping cards, in various denominations, in the Fellowship Hall after the service.

When you buy a card for \$100 from Food City or Ingles, this buys you \$100 worth of goods at that store, and the church makes 7%, which last year was about \$6000.

Register your Kroger customer card online, having our church as benefactor and we make about 5% every time you shop.

Just think of the results; if you just started to buy cards and you bought \$100 today, and then bought this amount every week for a year you would provide \$336 each year for the budget. We can all make a big difference if we unite behind this small effort!

Make Sure Your Kroger 5% Goes to the Church

People who shop at Kroger's need to register to have 5% of what they spend go to the church. This needs to be completed online. Our organization number is 83282.

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Director of Religious Education

Sarah White DRE@hvuuc.org

Music Program Director

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Choral Director

Kate Briere choir@hvuuc.org

Church Secretary's Office Hours

9:00am-3:00pm, Tuesday & Thursday office@hvuuc.org

Submissions for each month's newsletter are due by the last day of month to newsletter@hvuuc.org.

Up to date information can always be found at www.hvuuc.org