

NUUSLETTER

The Newsletter of Holston Valley Unitarian Universalist Church always available online at www.hvuuc.org

The mission of Holston Valley Unitarian Universalist Church is to promote spiritual growth, religious freedom, and ethical action.

September 2017

PO Box 8383 Johnson City, Tennessee 37615 (423) 477-7661

Headlines

- Women's Group September 1 at 6:30PM
- Teacher Training September 8 6-8PM
- UU Game Night September 9 6-9:30PM
- Potluck Lunch September 10
- Appalachian Storybridge to Peace Friday, September 15 7-9PM
- Path to Membership Class September 17
- Wednesday Night Supper September 27 6:30PM

Up to date church info is always available at www.hvuuc.org

Path to Membership

There will be 2 Path to Membership classes this Autumn after church: Sunday 9/17 and 10/8 12.30 - 2PM. Preregistration is needed so that the appropriate supplies can be purchased and childcare arranged if necessary. Sign-up sheets are on the side counter in the Sanctuary or office@hvuuc.org.

What is Path-to-Membership? It's a class held with our Minister, folks from Membership Development, and the Board that can help you learn more about our church, the opportunities to get involved, answer your questions, and give you a chance to meet others who are curious about Holston Valley Unitarian Universalist Church. The class is capped at 10 participants, so that there can be an opportunity for meaningful conversation. It is a prerequisite for membership, but does not commit you to joining the church.

Upcoming Sunday Worship Services

September 3 *PPP*, Rev. Jeff Briere People first. Productivity second. Profit third.

September 10 *Water Ceremony*, Rev. Jeff Briere We are about 60% water. Not only are we more water than anything else, we need water more than anything else to continue living. Bring a small amount of water with you to the service today and be ready to tell us what it means to you. Bring it from an ocean, a river or a mud puddle. We will blend them in a symbol of how each of us brings something different to congregational life.

September 17 Covenant 1, Rev. Jeff Briere What is a Covenant?

September 24 Thinking for Ourselves and Thinking with Others, Dr. David Harker

From an early age we are encouraged to think for ourselves, but in some cases thinking for ourselves leads us to unjustifiably reject the conclusions of recognized experts. I'll be talking about how we should respond to cases of disagreement, in ways that admit personal responsibility while also recognizing others as important sources of knowledge.

David Harker is an associate professor in the department of philosophy at East Tennessee State University. He teaches courses mainly in the philosophy of science, and recently published a book "Creating Scientific Controversies: Uncertainty and Bias in Science and Society". David is an enthusiastic runner and fiddler, proud husband and father to Harry, Isla and Seymour.

October 1 Theology According to Calvin and Hobbes (part 2), Rev. Jeff Briere

Calvin & Hobbes contemplate the big questions in life.

The ETSU Chorale will be here to provide our Prelude, Offertory and Postlude and will lend their voices to our hymns, as well. Please come and welcome them!

Mid Week Service Survey

We would like to know if there is enough interest in the congregation to have a mid week, abbreviated service. We want to hear from as many people as possible on this topic, so whether you would attend a mid week service or not, please click here to take the <u>SURVEY</u>

Appalachian Storybridge to Peace Friday, September 15

The church will be hosting a storytelling evening sponsored by United Religions Initiative (URI) of Northeast Tennessee on Friday evening September 15 at 7:30PM. http://storybridgetopeace.blogspot.com/

On stage together for the first time, professional storytellers Arif Choudhury and Noa Baum will share with each other, as well as local audiences, glimpses into their worlds in their live performance *In the Heart of the Other, A Muslim and Jew Sharing Their Stories*.



Noa Baum, of the Jewish faith, was born in Jerusalem. She has taught and performed for audiences of all ages since 1982. She holds an MA in Educational Theater from New York University. Her premier presentation is "Land Twice Promised," which is also the title of her memoir, published in 2016. For more information, see http://noabaum.com/.

<u>Arif Choudhury</u> is a professional storyteller, film maker, theater artist, and stand-up comic. He performs "More in Common than You Think," stories of growing up in one of the few Bangledeshi-Muslim immigrant families in suburban Chicago. He also has published children's books.



PERFORMANCE SCHEDULE

"In the Heart of the Other, A Muslim and Jew Sharing Stories" Thursday, September 14

3:30 PM - ETSU Martha Culp Auditorium

7:30 PM - International Storytelling Center

Friday, September 15

3:30 PM - Tusculum College Auditorium

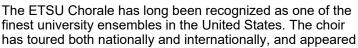
7:30 PM - Holston Valley Unitarian Universalist Church

All Performances FREE - Limited Seating

Hosted by URI's Northeast Tennessee Cooperation Circle, and made possible by generous community support, performances are free for both students and the public.

ETSU Chorale to Perform at our Service on October 1st

On October 1st our sanctuary will be filled with choral sound, as we welcome the 54-voice ETSU Chorale to our Sunday service. The group will provide our Prelude, Offertory and Postlude and will lend their voices to our hymns, as well. Please come and welcome them.





in numerous state and national conferences. The group performs in a variety of styles and genres, ranging from music of the Renaissance to newly composed works. In January of 2015 the choir toured New York and Washington D.C. and performed in some of the nation's most beautiful venues including the Cathedral of St. John the Divine and St. Patrick's Cathedral in New York City, as well as the National Cathedral in Washington D.C. The Chorale is a featured performing-ensemble at the 2016 Tennessee Music Educator's Association's conference in Nashville.

The Chorale is conducted by Dr. Matthew Potterton, who became the Director of Choral and Vocal Activities in 2013. He continues to build on a long tradition of outstanding choral singing at ETSU. Members of the Chorale are chosen through a selective audition process and must be dedicated to the highest level of artistry.

New Covenant Groups

Free Range Covenant Group

This is an ongoing group where the facilitators will choose topics with input from the group. Initially the topics will be about our individual spiritual paths and how we came to UU'ism. After that, we will explore a wide array of topics according to the interests of the group. The Free Range Covenant Group is an ongoing group and is open to new members. Spouses are welcome.

Location: Emerson room, REZ

Date and Time: 2nd & 4th Mondays 6:30-8:30PM **Facilitator**: Greg Kramer freerangeCG@hvuuc.org

Exploring the Goddess

This is open to women and men. No restrictions on relatives. This is an individual and group exploration of the Divine feminine. We will be exploring different goddesses throughout the world and history using arts, ritual, self work and group discussion. This group is open to anyone with an open heart and mind.

Location: Susan B. Anthony room, REZ

Date and Time: Every other Tuesday 7-9PM Au-

gust 29 - November 7

Facilitators: Rosemary Kleske and Lisa Mitchell

goddessCG@hvuuc.org

"PPP": Pheelings & Phun through Photography We'll decide on a theme before each meeting. Examples: "My sacred place", "happiness", "it's complicated". Everyone will bring to the meeting an image they have captured that speaks to the theme and we'll share our reflections that arise from everyone's images. Don't worry – its not an art contest. The covenant group emphasis on sharing our experiences is the important thing here.

Location: Susan B. Anthony room, REZ **Date and Time:** 1st and 3rd Tuesdays 7-9PM

September 19 - December 19

Facilitator: Dave Calvert and Inge Franjione photographyCG@hvuuc.org

Sports Covenant Group

Random possible topics - Childhood sports: memories and impact. Favorite sports to watch: most engaging, athletic, artistic, or strategic. Sports played: in reality or only dreamed of. The dark side: head trauma, injuries, drug addictions. Teams you follow and how those "attachments" developed. Youth sports, the good and bad. The pleasure of rivalries: brawls, trash talk. Heroes on and off the field. Sports and culture: movies, commercials. With age how do our feelings about these topics morph, intensify or decline?

Location: Susan B. Anthony room, REZ

Date and Time: Every other Monday 7-9PM Sep-

tember 18-December 11

Facilitators: Brad Helmer and Tom Burns

sportsCG@hvuuc.org

Wholehearted Living: Guideposts for courageous, compassionate and connected living

This small group will meet weekly for eight weeks to discuss "The Gifts of Imperfection" by Brene Brown. The book describes the power of Wholehearted Living--a way of engaging with the world from a place of worthiness. We will review each of the 10 guideposts and answer questions for the reading companion while encouraging conversations about our own whole-hearted practice. We will begin in late September and run through mid-November.

Location: Reeb room, REZ

Date and Time: Every Monday 5:30-7:30PM

September 25-November 13 Facilitator: Megan Dew wholeheartedCG@hvuuc.org

The 'S' Word – Is being a Senior a blessing or a curse

This short term morning, 4-session group, meets weekly on Wednesdays. We will explore life changes – physically, mentally and financially; best and worst things about aging; ensuring your value as you age and other dreaded and blessing of wrinkles, sags and bags.

Location: Emerson room, REZ

Date and Time: Every Wednesday September

6—September 27 10:30AM - 12:30PM

Facilitator: Wanda Earp swordCG@hvuuc.org

Music Covenant Group

In the Music Covenant Group, we will get to know each other better by exploring meaning and memory evoked by particular pieces of music. At each meeting, group members will have an opportunity to share a piece of music that relates to the topic for the meeting, and talk about the associated emotions and thoughts that are conjured up. Musical talent is not required; mostly we will be sharing recordings, but performances are certainly welcome, too!

Location: Reeb room, REZ

Date and Time: 2nd and 4th Sundays 6-

8PM beginning August 27.

Facilitators: Wendy Hearl and Brandie Worley

musicCG@hvuuc.org

Mythology Covenant Group

The Mythology Small Covenant Group will discuss myths and mythological figures, their origins, and how their stories resonate (or don't) with us today. Members will be encouraged to do light research and bring their own take on the meeting topic. Then we'll write our own myths to share.

Location: Susan B. Anthony room, REZ **Date and Time:** Every Thursday 6:30-8:30PM

September 21 to November 2

Facilitators: Skip Jones and George Cross

mythologyCG@hvuuc.org

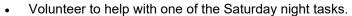
2017 Service Auction November 11th

Save the date and start thinking about what you can offer in the auction!

The basic idea: a big party Saturday night for everyone, at which we all have a grand time: noshing on finger foods, mingling, ogling donations, laughing, and enjoying the evening. Amidst this merriment, we hold a silent and live auction where we sell the services donated by our peers. The money raised benefits the church.

Not just a fundraiser, this is also great community-building experience that lasts the whole year! Fellowship on Saturday night, and then throughout the year there is continued fellowship and building of friendships via the hosting and attending of the auctioned services.

Some services people have donated in the past that continue to be popular: Dinners! Game Nights! Lunch and brunch! Lake outings! Picnics! Tea Parties! Cooking Class! Handyman service... the ideas are endless. If money is tight, there are still ways to participate:



- Donate a simple service that costs you little to nothing: e.g. several hours of yard work, a game night with simple snacks, or co-host a soup and movie night with a friend! It doesn't have to be fancy or budget-busting, and you get the fun of the group event that was won at auction.
- If your budget looks like mine this fall, there is an alternative way to pay: service time for the church, at \$20/ hour. You can buy any item up for bid using this method. It will be calculated as cash paid, and you can then fulfill you your time throughout the 2018 year.

To offer a service donation, use the form found at the back counter in the sanctuary at HVUUC, or simply email to Auction@hvuuc.org with the following information:

- 1. Donor Name(s):
- 2. Phone Number:
- 3. Email:
- 4. Item Title and Description:
- 5. Date [for any social event with several or more attendees, it is highly recommended you set a tentative date now]:
- 6. Quantity/Number available:
- 7. Minimum Bid, if any: †
- 8. Item Value [optional]*:

Deadline for donations in November 1st!

*Value should be determined on the basis of what the item (or service) would sell for in current condition at current market prices. The Auction Committee reserves the right to re-price items as necessary be-fore or during the auction.

† Minimum Bid: what is the minimum amount you'd accept to still sell the item or service, whereby the minimum is not met, you want the item/service removed from sale? This is kept private, it will not be revealed during auction, but if your item/service does not make this minimum bid by bid-closing time, it will be pulled from the auction.

Rosemary K., 2017 Auction Coordinator [auction@hvuuc.org]

Fellowship Opportunities

Women's Group

Women's Night is Friday, September 1 at Dana York's house in Jonesborough All who identify as women are welcome. Please bring a snack and/or beverage to share. Dana's address is in your directory. If you need a directory, please respond to womensgroup@hvuuc.org

Wednesday Night Supper September 27

Join us at 6:30PM on the 4th Wednesday of most months for Wednesday Night Supper! The dinner is cooked by church members and there is no agenda besides an opportunity to get to know one another better. The menu will be advertised about a week before the dinner. Cost is \$5/adults, \$2.50/children. Please RSVP to WNS@hvuuc.org to ensure we have enough food for everyone.

Quilt Group

The quilt group meets twice a month. Check the church calendar for dates. If you plan to come please bring an iron, a rotary cutting mat, rulers, and cutter, and/or a sewing machine and thread (don't forget your power cord and foot pedal). This is a fellowship opportunity, not an obligation. If you can come and would like to come, please join us--no experience necessary. If you can't come or really don't want to come, don't worry--no guilt necessary. church calendar

Back to School Game Night

September 9th from 6-9:30PM We are here to play board games and have a good time. Bring yourself and optionally any relatives, friends, games, snacks, drinks. casual acquaintances, good jokes, bad jokes, Elvis impressions, etc, etc.

This is a family-friendly game night. All ages welcome. We have a playroom, a trampoline outside in a fenced yard, and kid-friendly games.

Email for the location and mark your calendar every month for the 2nd Saturday! Email gamegroup@hvuuc.org to get in the group or find out more and sign up for regular info here: hvuuc-game-group-subscribe@yahoogroups.com

Life Span Religious Education

Youth Religious Education

Youth Religious Education classes begin at 9:30AM on Sunday morning and ends at 10:45AM. Children can then head to the sanctuary for the sermon at 11:00AM. Nursery care is available during Youth RE classes for children birth-age 4 (or not potty trained).

Pre K-1st graders—World of Wonder.

Founded on the premise that direct experience in nature is essential to children's physical, emotional, intellectual, and spiritual development, this program delves deep into our Unitarian Universalist seventh Principle. It instills respect for the interdependent web of all existence of which we are a part, and appreciation of its beauty, excitement, and mystery.

2nd and 3rd graders are doing a hands on, interactive curriculum from the *Tapestry of Faith*!

4th and 5th graders are being transported into the wonderful world of Hogwarts with our *Harry and UU* curriculum!

Junior and Senior youth are working through the Dave Ramsey program, *Generation Change...*with a Unitarian Universalist flavor!

Teacher Orientation & Potluck

Friday, September 8 from 6-8PM

We have had a wonderful first month of Religious Education! We are certainly blessed beyond measure to have an abundance of generous teacher volunteers who ensure a safe, fun, and educational experience for our children and youth.

If you are one of our teachers, be sure to attend and please bring a potluck dish to share!

Children's Choir

It is an exciting time for our church; we have both a paid Direc-



tor of Religious Education AND a paid Music Director! What does this mean for you? Well, it means there is a potential for a Children's Choir! Please check out the sign up sheet on the back counter of the sanctuary and fill out your information if your child(ren) would be interested in participating in our very own children's choir.

You can also email your interest to DRE@hvuuc.org

Adult Religious Education 1

Adult RE 1 will be starting a new series on Sunday, September 10th. Stay tuned for more information! adultre1@hvuuc.org

Adult Religious Education 2

Adult RE 2 meets in the Susan B. Anthony room in the RE Building at 9:30AM Sunday mornings. Building Your Own Theology, our current curriculum, is based on the assumption that everyone is their own theologian. This classic Unitarian Universalist adult education program invites participants to develop their personal credos: the fundamental religious beliefs, values and convictions that inform and direct the living of their lives. Gilbert poses five developmental tasks in which participants come to terms with human nature, ultimate reality, history, ethics, and religious meaning

Adult RE 2 is a fragrance-free class, please be respectful of those that are sensitive to fragrances. AdultRE2@hvuuc.org

Holston Valley Sangha

Holston Valley Sangha meets at HVUUC on Wednesday mornings from 9:30-11am. After a half-hour silent meditation we will listen to and discuss *Coming Closer to Ourselves: Making Everything the Path of Awakening* by Pema Chödrön. "In challenging times, why do so many of us turn to Pema Chödrön for guidance? Many say that it's her honest and caring way of communicating the core teachings of Buddhism - not just conceptually, but from her heart to ours. In these inspiring sessions, she teaches us how to give that compassion to the person we neglect most often - ourselves."" www.dharma4et.org

Social Justice

September Food Donations

Bring your donations of **Peanut Butter and Protein Foods** for this month's Hunger in Our Neighborhood collection. You can also now donate pet food. Donations will be shared between the Jonesborough Food Bank, Hunger First in Kingsport, and our own food pantry. Remember, the themes are for fun....not rules!

Kingsport Kitchen of Hope 1st Monday of the Month

In the basement of the Full Gospel Mission on Sevier St in Kingsport, is a tiny kitchen staffed entirely by volunteers that feeds dinner 6 days a week to 100-130 people. Diners have ranged from infant to 88. For many of them, it's their only meal of the day. HVUUC is now serving dinner at the Kitchen of Hope the first Monday of each month. How can you help? Glad you asked.

The menu changes monthly. Volunteers are needed to help cook, serve and clean up.

Set up/cooking: 1:00-3:30 Servers: 3:00-5:00 Cleaners: 4:45-6:00

The kitchen is quite small, so if you want to help, please contact the coordinator so we don't end up with too many cooks in the kitchen!

You can also help by donating food or money for food. Or if you'd like to bake cookies, cupcakes, or other desserts ahead of time (note: we cook for 150, so if it's too much, you could always split this with another baker)

Like to plan ahead? We do this the first Monday of every month, so pencil us in with a big red pen!

Please contact Kim Ray if you can help this month kitchenofhope@hvuuc.org.

Family Promise Network

One part of our church's Social Action is to participate with Family Promise Network, both in Johnson City (Hopwood UMC) and Kingsport (St. Luke UMC). The program's purpose is to help homeless families achieve and sustain independence. One night per quarter we provide a meal and overnight presence to the FPN guests of the host churches. Our meals are simple and overnight duty consists of sleeping in your private room and assisting with breakfast the next morning.

Occasionally our Fifth Sunday offering will go to support this program, the money usually shared equally with each location.

When the next request for volunteers goes out, please consider helping with this important and much appreciated part of our church's outreach.

IHNKingsport@hvuuc.org IHNJC@hvuuc.org

Fiscal Flash

Make Sure Your Kroger 5% Goes to HVUUC

People who shop at Kroger's will have to renew their wish to have 5% they spend go to the church. Our organization number to do this is 83282 to be completed online.

Free Money from Amazon Smile

We have a new and very simple way to raise money for the church. As part of their Amazon Smile program, Amazon will donate 0.5% of every purchase to HVUUC. Two simple steps: First add HVUUC as your preferred charity on your Amazon account (go to Amazon Smile and search Holston or just use this link https://smile.amazon.com/ch/62-1076195).

Second, whenever you make a purchase be sure to enter through the "smile.amazon.com" address rather than the normal

"amazon.com". It's free money and definitely worth a couple of clicks. Questions? treasurer@hvuuc.org

In Our Community

Fun Fitness @ HVUUC!

Do you know that there are Zumba classes offered right here at HVUUC?! Zumba is the perfect workout for anyone! It's fun, so you don't even feel like your working out! Jessie Hess, the instructor, shows how to modify if you need to. There is only one "rule" you need to know: Have fun!

I was so hesitant, shy and awkward when I took my first Zumba class (and second, and third, and fourth), but after realizing what a great time I had when I just let myself have fun AND losing weight I was hooked! It's so important to keep active, but most workouts are so intense and/or boring. Zumba @ HVUUC offers you the unique opportunity to get active and fit while having a fantastic time! There are 2 different formats offered: Zumba® & Zumba® Toning & Burst. For information on these classes, e-mail Jessie jumbazumba@yahoo.com and/or check out the Facebook group: Jumba Zumba.

Yoga

If you would like to try Yoga to help improve your core strength, balance, and ability to relax, please join a small group that meets in the Meditation Room of the REZ on Tuesday and Thursday evenings from 5:15 to 6:30pm. Your first class is free of charge – I feel it's important that you get a chance to try it before you invest in a series of classes. The class is a mixture of breathing techniques and yoga poses that flow from one into another. You do not need to be trained in yoga or have attended the last session to attend this series of classes.

Go to www.YogaWithTish for more information.

Green Interfaith Network

Environmental and Nature films will be shown on the 4th Sunday of each month starting at 2 PM at St. John's Episcopal Church, 500 North Roan Street in Johnson City. A moderated discussion may follow the showing of the movie.

<u>Fuel</u>: With America so dependent on oil, filmmaker Joshua Tickell sets out to prove that biodiesel, made from vegetable oil, is a viable alternative. Although politicians and energy execs have done their best to quell it, the benefits of biodiesel are real. This documentary (winner of the Grand Jury Prize at Sundance) chronicles Tickell's quest to popularize the untraditional fuel source, citing the environmental and economic advantages the country could reap by adopting it.

ETSU Counseling Program

"Caring and Confidential Counseling For Individuals Couples and Families"

Anyone living in the Tri Cities and surrounding communities is eligible for the *Free* services at the Community Counseling Clinic. Services are rendered by graduate students in counseling who are completing their master's degree. Services offered include; adult relationships, abuse issues, self concept, habit control, fears and phobias, parentchild relationships, depression/anxiety/stress. divorce and remarriage, couples issues, gay and lesbian issues, careers, substance abuse, grief and loss, and trauma recovery. Call 423-439-7679 or email ccc@etsu.edu for appointments and further information.

Speak Up! Workshop Sunday, October 22

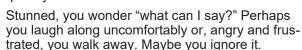
Your brother routinely makes anti-semitic comments.

Your neighbor uses "the 'N' word" in casual conversation.

Your classmate insults something by saying, it's "so retarded" or "so gay."

Your boss says your coworker works hard for a Mexican.

And incidents like these seem to be happening more frequently.



According to the Southern Poverty Law Center (SPLC) we tacitly condone prejudice when we say nothing or when we model it ourselves by laughing along. People are marginalized, bias festers, and intolerant people feel validated.

"Speak Up" is a fantastic resource from the SPLC that helps us figure out how to respond constructively to everyday derogatory language. Cindi Huss will facilitate the "Speak Up" workshop on Sunday, October 22 from 12:45 to 2:30 p.m. (after a fourth Sunday fundraising luncheon).

This workshop is free (though love offerings are gratefully welcome) and open to all adults and youth ages 12 and older. Childcare will be provided free of charge for youth ages 11 and under.

So join us on October 22 as we begin learning to confront bias and prejudice, including our own, courageously and compassionately.

UU 101

UU 101 is a 3-session class on the history of Unitarian Universalism, the Unitarian Universalist Association and this church. Also, a chance to share your spiritual journey with simpatico people. Led by the Rev. Jeff Briere and other veterans of church life. October 25, 26, & November 1 each night at 7 pm in the Emerson room in the Religious Education building. Sign up by email office@hvuuc.org

Membership Corner

Caring Team

The Caring Team coordinators for September are Michael L. Jones and Joy Boyd. They can be reached at <u>caring@hvuuc.org</u> or 423-477-7661 (Press 3).

Thank You to our August coordinators Phyllis Cairnes and Deanna Richardson.

Website Member Log In

There is some information on the website that you need to log in to see. Scroll to bottom of the home page and click on "Members Area". The password is the same one that you used on the old website. If you need that password, email office@hvuuc.org.

Once you log in, you can see a recent member directory, get a reimbursement form, see our tax exempt certificate, the board policies and procedures, and board meeting minutes.



2017-2018 Board of Trustees

President: David Kashdan president@hvuuc.org
Vice President: Spencer Conco vp@hvuuc.org
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Secretary/Historian: Tom Burns boardsecretary@hvuuc.org
Membership Trustee: Peggy Perez membership@hvuuc.org

Minister

Rev. Jeff Briere: 477-7661 (office), minister@hvuuc.org

Church Secretary's Office Hours

9:00am-3:00pm, Tuesday & Thursday - office@hvuuc.org

Submissions for each month's newsletter are due by the last day of month to newsletter@hvuuc.org.

The HVUUC web site can be found at: www.hvuuc.org

HVUUC On-Line News Group: Our yahoo news group is an online service that provides our congregation the quickest method of communicating news, announcements, and schedule changes. To join, or update to a new e-mail address, send an e-mail to **hvuuc-news-subscribe@yahoogroups.com** indicating your full name, address and phone number where you can be reached. If you don't have e-mail, please call the church at 423-477-7661 to receive the newsletter by US mail.

To post a church related message send an e-mail to: hvuuc-news@yahoogroups.com
To unsubscribe: send an e-mail message to hvuuc-newsubscribe@yahoogroups.com
Look for other UUA news and other UU Church newsletters at the UUA Website: www.uua.org

Holston Valley Unitarian Universalist Church Calendar							
September 2017							
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
27	28	29	30	31	September	2	
9:30 am - 10:45 am Children's R.E.	7 pm - 9 pm Free Range Covenant Group (R2)	7 pm - 9 pm Exploring the Goddess Covenant Group (R1)	9:30 am - 11 am Sangha Meditation (R6)	7 pm - 9 pm Tri-Cities Metaphysical Group (FI)	9 am - 12 pm Quilt group (FI, F2)		
9:30 am - 10:45 am Adult RE 2 (R2)			6 pm - 7 pm Zumba (F1, F2, K)		6 pm - 8 pm Girl Scouts (REZ)		
11 am - 12 pm Worship Service					6:30 pm - 9 pm Women's Group		
12 pm - 1 pm Fellowship Hour							
6 pm - 8 pm Music Covenant Group (R5)							
3	4 Labor Day	5	6	7	8	9	
9:30 am - 10:45 am Adult RE 2 (R2)			9:30 am - 11 am Sangha Meditation (R6)	7 pm - 9 pm Tri-Cities Metaphysical Group (FI)	6 pm - 8 pm RE Teacher Orientation (F1, F2)	6:30 pm - 9:30 pm UU Game Group	
11 am - 12 pm Worship Service			10:30 am - 12:30 pm S Word Covenant Group (R2)				
12 pm - 1 pm Fellowship Hour			6 pm - 7 pm Zumba (F1, F2, K)				
10 GrandParents' Day	11 Patriot Day	12	13	14	15	16	
9:30 am - 10:45 am Children's R.E.	7 pm - 9 pm Free Range Covenant Group (R2)	7 pm - 9 pm Exploring the Goddess Covenant Group (R1)	9:30 am - 11 am Sangha Meditation (R6)	7 pm - 9 pm Tri-Cities Metaphysical Group (F1)	9 am - 12 pm Quilt group (F1, F2)	4 pm - 10 pm CUUPS (S, F1, F2, K)	

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9:30 am - 10:45 am Adult RE 2 (R2) 9:30 am - 10:45 am Adult RE 1 (R6) 11 am - 12 pm Worship Service 12 pm Potluck Lunch 6 pm - 8 pm Music Covenant Group (R5)			10:30 am - 12:30 pm S Word Covenant Group (R2) 6 pm - 7 pm Zumba (FI, F2, K) 7 pm - 9 pm RSC (R4)		7 pm - 10 pm Appalachian Storybridge to Peace	
17	18	19	20	21	22	23
9:30 am - 10:45 am Children's R.E.	7 pm - 9 pm Sports Covenant Group (R1)	7 pm - 9 pm Photography Covenant Group (R1)	9:30 am - 11 am Sangha Meditation (R6)	6:30 pm - 8 pm Eckankar (R2)		
9:30 am - 10:45 am Adult RE 2 (R2)			10:30 am - 12:30 pm S Word Covenant Group (R2)	6:30 pm - 8:30 pm Mythology Covenant Group (R1)		
9:30 am - 10:45 am Adult RE 1 (R6)			6 pm - 7 pm Zumba (F1, F2, K)	7 pm - 9 pm Tri-Cities Metaphysical Group (FI)		
11 am - 12 pm Worship Service			7 pm - 9 pm Board of Trustees Meeting (R4)			
12 pm - 1 pm Fellowship Hour						
12:30 pm - 2 pm RE Collaborative (R4)						
1 pm - 3 pm Path to Membership (R2)						
24	25	26	27	28	29	30

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9:30 am - 10: am Children's R.	Wholehearted	7 pm - 9 pm Exploring the Goddess Covenant Group (R1)	9:30 am - 11 am Sangha Meditation (R6)	6:30 pm - 8:30 pm Mythology Covenant Group (R1)	6 pm - 8 pm Girl Scouts (REZ)	4 pm - 9 pm Bella Luna (S, F1, F2)
9:30 am - 10: am Adult RE 2 (R	Free Range	7 pm - 9 pm Covenant Group Facilitators (R2)	10:30 am - 12:30 pm S Word Covenant Group (R2)	7 pm - 9 pm Tri-Cities Metaphysical Group (FI)		
9:30 am - 10: am Adult RE 1 (R			6:30 pm - 7:30 pm Wednesday Night Supper			
11 am - 12 pr Worship Service	n					
12 pm - 1 pn Fellowship Hour	1					
6 pm - 8 pn Music Covena Group (R5)						

MEETING ROOMS: (S) Sanctuary, (MR) Music Room, (F1) Fellowship Hall-near kitchen, (F2) Fellowship Hall-near patio, (K) Kitchen, (R1) REZ Susan B. Anthony room, (R2) REZ Ralph Waldo Emerson room, (R3) REZ Joseph Priestley room, (R4) REZ Henry David Thoreau room, (R5) REZ James Reeb room, (R6) REZ Meditation Hall (B) Basement PROJECTOR: (P) Projector Reserved Holston Valley Unitarian Universalist Church

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