

NUUSLETTER

The Newsletter of Holston Valley Unitarian Universalist Church always available online at www.hvuuc.org

The mission of Holston Valley Unitarian Universalist Church is to promote spiritual growth, religious freedom, and ethical action.

October 2017

PO Box 8383 Johnson City, Tennessee 37615 (423) 477-7661

Headlines

- Women's Group October 6 at 6:30PM
- Path to Membership Class October 8
- MACHO Group October 8 4-8PM
- UU Game Night October 14 6-9:30PM
- Potluck Lunch October 15
- Speak Up! Social Justice Program October 22 12:30-2PM
- Wednesday Night Supper October 25 6:30PM
- Church Workday October 28
- Halloween Party October 28

Up to date church info is always available at www.hvuuc.org

Path to Membership

Sunday, October 8

There will be a Path to Membership class after church on Sunday October 8 from 12.30 - 2PM. Preregistration is needed so that the appropriate supplies can be purchased and childcare arranged if necessary. Sign-up sheets are on the side counter in the Sanctuary or office@hvuuc.org.

What is Path-to-Membership? It's a class held with our Minister, folks from Membership Development, and the Board that can help you learn more about our church, the opportunities to get involved, answer your questions, and give you a chance to meet others who are curious about Holston Valley Unitarian Universalist Church. The class is capped at 10 participants, so that there can be an opportunity for meaningful conversation. It is a prerequisite for membership, but does not commit you to joining the church.

Upcoming Sunday Worship Services

October 1 Theology According to Calvin and Hobbes (part 2), Rev. Jeff Briere

After August 6, several people asked for more theological insight from Calvin and Hobbes, so we'll take another look at the big questions in life from the perspective of two of the most famous cartoon characters ever to grace the pages of daily newspapers.

The ETSU Chorale will be here to provide our Prelude, Offertory and Postlude and will lend their voices to our hymns, as well. Please come and welcome them!

October 8 Covenant II, Rev. Jeff Briere Why do we need a covenant? Why bother?

October 15 Three Prophets of Religious Liberalism, Rev. Jeff Briere

We are visited by William Ellery Channing, Ralph Waldo Emerson and Theodore Parker. What do you suppose they left us in their writings and philosophies?

October 22 Church Words, Rev. Jeff Briere
The second in a series of services about the language
we use in church. Is there any room for atonement?
How about grace? What about sin and salvation?

October 29 CUUPS

Halloween Party Saturday, October 28 6:30-8:30PM	
Games, Food, and Fun! If you'd like to help owith the years Halloween Party contact Cynthat fellowship@hvuuc.org	out iia

ETSU Chorale to Perform at our Service on October 1st

On October 1st our sanctuary will be filled with choral sound, as we welcome the 54-voice ETSU Chorale to our Sunday service. The group will provide our Prelude, Offertory and Postlude and will lend their voices to our hymns, as well. Please come and welcome them.

The ETSU Chorale has long been recognized as one of the finest university ensembles in the United States. The choir



has toured both nationally and internationally, and appeared in numerous state and national conferences. The group performs in a variety of styles and genres, ranging from music of the Renaissance to newly composed works. In January of 2015 the choir toured New York and Washington D.C. and performed in some of the nation's most beautiful venues including the Cathedral of St. John the Divine and St. Patrick's Cathedral in New York City, as well as the National Cathedral in Washington D.C. The Chorale is a featured performing-ensemble at the 2016 Tennessee Music Educator's Association's conference in Nashville.

The Chorale is conducted by Dr. Matthew Potterton, who became the Director of Choral and Vocal Activities in 2013. He continues to build on a long tradition of outstanding choral singing at ETSU. Members of the Chorale are chosen through a selective audition process and must be dedicated to the highest level of artistry.

New Music Director Margi Peterson

On August 14, I started as your new, and I believe first ever, Music Director. The learning curve has been steep for all of us. Most of my church experience came from churches with liberal philosophies but traditional liturgies, so I needed to adapt to a looser format. The stalwart members of the Music Committee have had to adjust to not having to plan everything but still be available with ideas and with their talents to fill in empty spots in the services. Lay speakers have had to adapt to my need to plan further in advance. And you, the congregation, have begun to adapt to more piano pieces in the service; and you'll continue to adapt as we make a few changes to the flow of the services.



Fortunately, because we're Unitarian Universalists, we have a lot of freedom to change things for a short time, for a long time, or for a single service, as needed.

For now, I'm preparing to meet with what I'll call the "Senior Choir" (adults) and the "Junior Choir," (ages 7 and up), in preparation for Festivals of Light on December 3. Junior Choir will meet before Religious Education (RE) on Sunday mornings. Rehearsal will begin promptly at 9:00AM in the Emerson room in the RE building, starting on October 29. We will be learning a Hindu chant to enhance the Diwali portion of the Festivals of Light celebration.

The Senior Choir will meet after services starting on October 15, taking the 22^{nd} off, and continuing weekly until Festivals of Light. We'll meet somewhere around 12:15, depending on the level of distraction and activity involved with the coffee hour. We will plan to meet for 90 minutes throughout the rehearsal period. Rehearsals may shorter if we're *really* good and don't need as much rehearsal toward the end of November. I expect that those who commit to singing for Festivals of Light will plan to be at all scheduled rehearsals.

As you have probably noticied from the advertsiting for our October 1 service, I have made contact with the music department at ETSU. I hope we'll have a soloist or small group, probably once a month, for future services. If you have ideas for specific pieces of music or for visiting musicians, or if you, yourself, have not previously participated but would like to do so, please contact me. I can't do this alone. This is a vibrant church community. I hope, through advance planning, ongoing rehearsals with participants, and reaching out to the community at large, to let people know what a wonderful place we have here, and to bring the gems of the wider area to us.

Please contact Margi at: musicdirector@hvuuc.org. Thank you all for making me feel so welcome.

2017 Service Auction November 11th

Save the date and start thinking about what you can offer in the auction!

The basic idea: a big party Saturday night for everyone at which we all have a grand time: noshing on finger foods, mingling, ogling donations, laughing, and enjoying the evening. Amidst this merriment, we hold a silent and live auction where we sell the services donated by our peers. The money raised benefits the church.

Not just a fundraiser, this is also a great community-building experience that lasts the whole year! Throughout the year there is continued fellowship and building of friendships via the hosting and attending of the auctioned services.

Some services people have donated in the past that continue to be popular: Dinners! Game Nights! Lunch and Brunch! Lake outings! Picnics! Tea Parties! Cooking Class! Handyman services... the ideas are endless. If money is tight, there are still ways to participate:

- Volunteer to help with one of the Saturday night tasks.
- Donate a simple service that costs you little to nothing: e.g. several hours of yard work, a game
 night with simple snacks, or co-host a soup and movie night with a friend! It doesn't have to be
 fancy or budget-busting, and you get the fun of the group event that was won at auction.
- If your budget looks like mine this fall, there is an alternative way to pay: service time for the church, at \$20/ hour. You can buy any item up for bid using this method. It will be calculated as cash paid, and you can then fulfill you your time throughout the 2018 year.

Deadline for donations is November 1st!

To offer a donation, pick up a form at the back counter in the sanctuary or use the new online form on the Auction Website page.

Rosemary K., 2017 Auction Coordinator auction@hvuuc.org

New Covenant Groups

One Covenant Group still has room for new members!

Mythology Covenant Group

The Mythology Small Covenant Group will discuss myths and mythological figures, their origins, and how their stories resonate (or don't) with us today. Members will be encouraged to do light research and bring their own take on the meeting topic. Then we'll write our own myths to share.

Location: Susan B. Anthony room, REZ **Date and Time:** Every Thursday 6:30-8:30PM

September 21 to November 2

Facilitators: Skip Jones and George Cross

mythologyCG@hvuuc.org

Did You Know?

Rescinding DACA (Deferred Action for Childhood Arrivals) could cause deportation of nearly one million young immigrants that were brought to the U.S. and were given legal status under the DREAM Act. That act has been rescinded and now these Dreamers face deportation to a country that many have never known. #LoveResists - Unitarian Universalist Service Committee

Fellowship Opportunities

Women's Group October 6

Women's Night is Friday, October 6 at 6:30PM. Mary Williamson is hosting this month at her home in Johnson City. All who identify as women are welcome. Please bring a snack and/or beverage to share and a donation of bathroom items for our church food pantry. Mary's address is in your directory. If you need a directory, email womensgroup@hvuuc.org

Casual Game Night October 14 6:30-9:30PM

All ages are welcome! We have a playroom, a trampoline outside in a fenced yard, and kid-friendly board games. Bring yourself and optionally any cohorts, games, snacks, or drinks. Sharing is encouraged. Come whenever you want, leave whenever you want. If you arrive late you may have to hang out and observe while in-progress games wrap up. As usual, on the second Saturday. Mark your calendar for months and months to come! For location email gamegroup@hvuuc.org

BuuK Club October 17

New members are always welcome to join us in the REZ on the third Tuesday September through May from 10:00AM to noon. We meet in the Susan B. Anthony room except for special meetings in December and May where we meet at a member's home. buukclub@hvuuc.org

Tuesday, October 17, 2017 - Surely You're Joking, Mr Feynman by Richard P. Feynman

Quilt Group

The quilt group meets twice a month. Check the church calendar for dates. If you plan to come please bring an iron, a rotary cutting mat, rulers, and cutter, and/or a sewing machine and thread (don't forget your power cord and foot pedal). This is a fellowship opportunity, not an obligation. If you can come and would like to come, please join us--no experience necessary. If you can't come or really don't want to come, don't worry--no guilt necessary. church calendar

MACHO Group October 8

Food, outdoor games and a fire at Doug Chaffin's house on October 8, from 4-8PM. All those who identify as male are welcome to join! Doug's address is in your directoy. Email MACHO@hvuuc.org for info.

Wednesday Night Supper October 25

Join us at 6:30PM on the 4th Wednesday of most months for Wednesday Night Supper! The dinner is cooked by church members and there is no agenda besides an opportunity to get to know one another better. The menu will be advertised about a week before the dinner. Cost is \$5/adults, \$2.50/children. Please RSVP to WNS@hvuuc.org to ensure we have enough food for everyone.

Life Span Religious Education

Youth Religious Education

Youth Religious Education classes are from 9:30 to 10:45AM on Sunday morning. Children can then head to the sanctuary for the sermon at 11:00AM. Nursery care is available during Youth RE classes for children birth-age 4 (or not potty trained).

What's Happening in the Religious Education?

October is bringing many exciting happenings in our Religious Education program!

Did you know that you can now register your child for Religious Education right on our website? If you have not yet done that, please follow this link and sign your child up so that we have all pertinent information: Register for RE

Our Whole Lives

October 13-15 will be a very busy weekend in our church. Did you know that our church is hosting an Our Whole Lives Facilitator training that weekend? We have SOLD OUT the training and people are now waitlisted. What a thrill to know that this shared ministry between the Unitarian Universalist Association and the United Church of Christ is in such demand right now! The children and youth classes will be participating in a Halloween craft in the Fellowship Hall on Sunday, October 15th due to the Facilitator training that weekend.

If you would like to help out, please email me at DRE@hvuuc.org and I will get you in contact with Alicia Crawford and Lauren Noce, who are coordinating the Halloween craft.

Please see the letter to the congregation on page 6 regarding 7th-9th grade Our Whole Lives session starting January 14th, 2018.

Pre K-1st Grade class

Be on the lookout for our Pre K-1st grade class to perform a song for the congregation! Our Music Director, Margi, has been working with our teachers and the children to get them ready to sing their hearts out for us. Could there be anything cuter? I don't think so!

2nd-3rd grade class

This class has been Traveling, Learning, Cooking, and Caring their way around the world. I hope you got a chance to have some of the apple cider they pressed during class a couple of weeks ago! These kids are having a blast learning about the food and culture of other countries and how we can trace it back to our Unitarian Universalist principles. Be on the lookout for an interview I did with Denee, Beth, and Tish on how they developed and wrote this curriculum!

Dumbledore's Army

The chapter of Dumbledore's Army in the 4th and 5th grade class is learning about a variety of social justice issues over the course of the RE year.

During October their theme is "It's scary to be hungry." They will learn about hunger and will highlight the church's efforts to collect food for our neighbors. Among other things, our young witches and wizards will dress in costume the last two Sundays of October and meet congregants at the door to collect food donations. Thank you for helping us to instill social responsibility in our youth!

Children's Choir

What a wonderful response from everyone regarding a Children's Choir! Margi is planning to kick off practice for the choir on October 29th. Please see her announcements for details.

Holston Valley Sangha

Holston Valley Sangha meets on Wednesday mornings from 9:30-11AM in the mediation hall, upstairs in the RE Building. After a half-hour silent meditation we will listen to and discuss Coming Closer to Ourselves: Making Everything the Path of Awakening by Pema

Chödrön. "In challenging times, why do so many of us turn to Pema Chödrön for guidance? Many say that it's her honest and caring way of communicating the core teachings of Buddhism - not just conceptually, but from her heart to ours. In these inspiring sessions, she teaches us how to give that compassion to the person we neglect most often - ourselves."

www.dharma4et.org

Adult Religious Education 1

Adult RE 1 began a new series on Sunday, September 10th *Why Evil Exists* – 36 lectures from The Great Courses, Professor Charles Mathewes, Ph.D., University of Virginia

The "problem of evil" is one of the oldest and most fundamental concerns of human existence. Since ancient times, questions surrounding evil have preoccupied every major religion, as well as many of history's greatest secular thinkers, from early philosophers to contemporary social theorists.

Whether we view it in theological, philosophical, or psychological terms, evil remains both a deeply intriguing question and a crucially relevant global issue. From organized terrorism to genocidal conflicts, from environmental destruction to the ongoing nuclear threat, human actions that most of us would consider evil play a central role in the dialogue between nations and peoples, affecting not only our well-being, but the very survival of our civilizations. No single aspect of human life is more relevant to the question of our social evolution—to the goal of a healthier, more humane world. adultre1@hvuuc.org

Adult Religious Education 2

Adult RE 2 meets in the Susan B. Anthony room in the RE Building at 9:30AM Sunday mornings. Building Your Own Theology, our current curriculum, is based on the assumption that everyone is their own theologian. This classic Unitarian Universalist adult education program invites participants to develop their personal credos: the fundamental religious beliefs, values and convictions that inform and direct the living of their lives. Gilbert poses five developmental tasks in which participants come to terms with human nature, ultimate reality, history, ethics, and religious meaning.

Adult RE 2 is a fragrance-free class, please be respectful of those that are sensitive to fragrances. AdultRE2@hvuuc.org

Our Whole Lives

Beginning January 14th, 2018 the Religious Education Program of Holston Valley Unitarian Universalist Church will be offering Our Whole Lives (OWL) to the 7th, 8th, and 9th graders of our church community. We will be offering this Sundays during Religious Education and worship time, from 9:30AM-12:30PM, so that a separate trip to the church is not required. OWL is a sexuality education curriculum that has been highly recommended by Unitarian Universalist churches throughout the United States. It has been reported by NPR as "the best curriculum of its kind".

Teachers must go through an intensive certification process. We are fortunate to have Sarah White, Chris Robinson, Cindi Huss, Larry and Ann Livengood, Brandi Worley, Megan Dew and Jennifer Margeson as our OWL instructors for this session. They have all completed the training and have committed their time and effort to our youth through this excellent program.

Our Whole Lives helps participants make informed and responsible decisions about their sexual health and behavior. It equips participants with accurate, age-appropriate information in six subject areas: human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. Grounded in a holistic view of sexuality, Our Whole Lives provides not only facts about anatomy and human development, but helps participants to clarify their values, build interpersonal skills, and helps them understand the spiritual, emotional, and social aspects of sexuality.

Our Whole Lives uses approaches that work. The curriculum is based on the Guidelines for Comprehensive Sexuality Education produced by the National Guidelines Task Force, a group of leading health, education, and sexuality professionals assembled by the Sexuality Information and Education Council of the U.S. (SIECUS).

Our Whole Lives covers topics and skills that both parents and students want to have available but schools are less likely to cover.

The Our Whole Lives Values:

Self Worth; Sexual Health; Responsibility; Justice and Inclusivity

OWL offers:

- Up-to-date information and honest, age-appropriate answers to all participants' questions
- Activities to help participants clarify values and improve decision-making skills
- · Effective group-building to create a safe and supportive peer group
- Education about sexual abuse, exploitation, and harassment
- Opportunities to critique media messages about gender and sexuality
- Acceptance of diversity
- · Encouragement to act for justice
- Parent orientation program that affirm parents as the primary sexuality educators of their children Although developed by two religious organizations, Our Whole Lives contains no religious references or doctrine. However, the values promoted in the program are consistent with our Unitarian Universalist faith.

The suggested fee for OWL is \$35 for members and friends who contribute regularly to HVUUC with time, talent, or treasure or \$100 for community members or members/friends who do not contribute regularly. This fee pays for class supplies and replacement facilitator materials and helps maintain and grow our OWL program. If you believe this program is valuable and important for your youth but the fee is beyond your means, please note in your RSVP what you can pay. If you believe this program is valuable and important for all youth and would like to contribute more than the suggested fee, please note that in your RSVP. All registration forms and fees should be turned in to the Director of Religious Education.

A parent orientation class is a requirement of all parents who want their youth to participate in this exceptional experience. We will be holding a parent and/or guardian orientation class on Sunday, October 29, 2017 after the service in the REZ building. This class is for parents or guardians and students should not attend. Please RSVP to Sarah White at DRE@hvuuc.org by Sunday, October 22, 2017.

The Religious Education Collaborative highly recommends this program and are thrilled that our church is once again able to offer this to our youth. We urge you to clear your schedule and attend this very important session. Please contact me with any questions that you might have. At your request, I will give you names of parents whose children have participated in the past so you can get further information.

Sarah White, Director of Religious Education

Social Justice

Kingsport Kitchen of Hope 1st Monday of the Month

In the basement of the Full Gospel Mission on Sevier St in Kingsport, is a tiny kitchen staffed entirely by volunteers that feeds dinner 6 days a week to 100-130 people. Diners have ranged from infant to 88. For many of them, it's their only meal of the day. The church serves dinner at the Kitchen of Hope the first Monday of each month. How can you help? Glad you asked.

The menu changes monthly. Volunteers are needed to help cook, serve and clean up.

Set up/cooking: 1:00-3:30

Servers: 3:00-5:00 Cleaners: 4:45-6:00

The kitchen is quite small, so if you want to help, please contact the coordinator so we don't end up with too many cooks in the kitchen!

You can also help by donating food or money for food. Or if you'd like to bake cookies, cupcakes, or other desserts ahead of time (note: we cook for 150, so if it's too much, you could always split this with another baker)

Like to plan ahead? We do this the first Monday of every month, so pencil us in with a big red pen! Volunteer at KOH@hvuuc.org

Family Promise Network

One part of our church's Social Action is to participate with Family Promise Network, both in Johnson City (Hopwood UMC) and Kingsport (St. Luke UMC). The program's purpose is to help homeless families achieve and sustain independence. One night per quarter we provide a meal and overnight presence to the FPN guests of the host churches. Our meals are simple and overnight duty consists of sleeping in your private room and assisting with breakfast the next morning.

Occasionally our Fifth Sunday offering will go to support this program, the money usually shared equally with each location.

When the next request for volunteers goes out, please consider helping with this important and much appreciated part of our church's outreach.

IHNKingsport@hvuuc.org
IHNJC@hvuuc.org

Speak Up! Workshop Sunday, October 22

Your brother routinely makes anti-semitic comments.

Your neighbor uses "the 'N' word" in casual conversation.

Your classmate insults something by saying, it's "so retarded" or "so gay."



Your boss says your coworker works hard for a Mexican.

And incidents like these seem to be happening more frequently.

Stunned, you wonder "what can I say?" Perhaps you laugh along uncomfortably or, angry and frustrated, you walk away. Maybe you ignore it.

According to the Southern Poverty Law Center (SPLC) we tacitly condone prejudice when we say nothing or when we model it ourselves by laughing along. People are marginalized, bias festers, and intolerant people feel validated.

"Speak Up" is a fantastic resource from the SPLC that helps us figure out how to respond constructively to everyday derogatory language. Cindi Huss will facilitate the "Speak Up" workshop on Sunday, October 22 from 12:45 to 2:30 p.m. (after a fourth Sunday fundraising luncheon).

This workshop is free (though love offerings are gratefully welcome) and open to all adults and youth ages 12 and older. Childcare will be provided free of charge for youth ages 11 and under.

So join us on October 22 as we begin learning to confront bias and prejudice, including our own, courageously and compassionately.

October Food Donations

Bring your donations of **Pet Foods** for this month's Hunger in Our Neighborhood collection. You can also now donate pet food. Donations will be shared between the Jonesborough Food Bank, Hunger First in Kingsport, and our own food pantry. Remember, the themes are for fun....not rules!

Fiscal Flash

Make Sure Your Kroger 5% Goes to HVUUC

People who shop at Kroger's will have to renew their wish to have 5% they spend go to the church. Our organization number to do this is 83282 to be completed online.

Free Money from Amazon Smile

We have a new and very simple way to raise money for the church. As part of their Amazon Smile program, Amazon will donate 0.5% of every purchase to HVUUC. Two simple steps: First add HVUUC as your preferred charity on your Amazon account (go to Amazon Smile and search Holston or just use this link https://smile.amazon.com/ch/62-1076195). Second, whenever you make a purchase be sure to enter through the "smile.amazon.com" address rather than the normal "amazon.com". It's free money and definitely worth a couple of clicks. Questions? treasurer@hvuuc.org

In Our Community

Fun Fitness @ HVUUC!

Do you know that there are Zumba classes offered right here at HVUUC?! Zumba is the perfect workout for anyone! It's fun, so you don't even feel like your working out! Jessie Hess, the instructor, shows how to modify if you need to. There is only one "rule" you need to know: Have fun!

I was so hesitant, shy and awkward when I took my first Zumba class (and second, and third, and fourth), but after realizing what a great time I had when I just let myself have fun AND losing weight I was hooked! It's so important to keep active, but most workouts are so intense and/or boring. Zumba @ HVUUC offers you the unique opportunity to get active and fit while having a fantastic time! There are 2 different formats offered: Zumba® & Zumba® Toning & Burst. For information on these classes, e-mail Jessie jumbazumba@yahoo.com and/or check out the Facebook group: Jumba Zumba.

Songfest 2017

Sunday, November 12 from 3-5PM

Gregory Center at Milligan College An Appalachian Music Experience

Plan to join Family Promise for a great afternoon of music!

Come out to see: Carson Peters & Iron Mountain Ed Snodderly and Friends

ETSU Old Time Pride Band

Free to the Public Donations are welcomed

Yoga

If you would like to try Yoga to help improve your core strength, balance, and ability to relax, please join a small group that meets in the Meditation Room of the REZ on Tuesday and Thursday evenings from 5:15 to 6:30pm. Your first class is free of charge – I feel it's important that you get a chance to try it before you invest in a series of classes. The class is a mixture of breathing techniques and yoga poses that flow from one into another. You do not need to be trained in yoga or have attended the last session to attend this series of classes.

ETSU Counseling Program

"Caring and Confidential Counseling For Individuals Couples and Families"

Anyone living in the Tri Cities and surrounding communities is eligible for the *Free* services at the Community Counseling Clinic. Services are rendered by graduate students in counseling who are completing their master's degree. Services offered include; adult relationships, abuse issues, self concept, habit control, fears and phobias, parent-child relationships, depression/anxiety/ stress. divorce and remarriage, couples issues, gay and lesbian issues, careers, substance abuse, grief and loss, and trauma recovery. Call 423-439-7679 or email cc@etsu.edu for appointments and further information.



Non-Violent Communication Workshop

Hosted by Westside UU Church in Knoxville Sunday, October 15 from 2-5 pm.

All are welcome! It's free, there's no food involved. and we will have childcare if folks want it. It would be great to have a sense of numbers, so please email revcarol@westsideuuc.org to RSVP, but no formal registration required.

We'll have two groups going at the same time, one led by Rev. Carol Bodeau and one by our DRE, Wendy Weiss Southern:

- Beginner intro to Compassionate Communication
- **Group Practice for Compassionate** Communication

It's basically an opportunity to offer a little bit of an intro or refresher to the topic, and also assess local interest. I'd like to know if there's enough interest to merit creating a monthly (or more often) practice group in the area.

Green Interfaith Network

Environmental and Nature films will be shown on the 4th Sunday of each month starting at 2 PM at St. John's Episcopal Church, 500 North Roan Street in Johnson City. A moderated discussion may follow the showing of the movie.

How to Change the World spans the years 1971-79 in this absorbing documentary. The film chronicles the birth of Greenpeace, which quickly became a media-savvy organization that used the power of images as a mechanism for environmental change.

Membership Corner

Caring Team

The Caring Team coordinators for October are Louise Serviente and Alicia Culbertson. They can be reached at caring@hvuuc.org or 423-477-7661 (Press 3).

Thank You to our September coordinators Michael L. Jones and Joy Boyd.

Website Member Log In

There is some information on the website that you need to log in to see. Scroll to bottom of the home page and click on "Members Area". The password is the same one that you used on the old website. If you need that password, email office@hvuuc.org.

Once you log in, you can see a recent member directory, get a reimbursement form, see our tax exempt certificate, the board policies and procedures, and board meeting minutes.

October Birthdays

10/2 Sandra Gray, 10/7 Rebecca Rowe. 10/8 Finn Stamey, 10/10 Sharmi Mehta. ★ 10/19 Lilly Kramer, 10/20 Elsja Fee, 10/21 Joe Adams, 10/21 David Kashdan, 10/23 Alexis Hayes, 10/26 Brooklyn Shelton, 10/26 Naomi Neis, 10/29 Jonas Landry

> If you would like your birthday included, send it to office@hvuuc.org

2017-2018 Board of Trustees

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President: David Kashdan president@hvuuc.org Vice President: Spencer Conco vp@hvuuc.org Past President: Charlie Stuart pastpresident@hvuuc.org Treasurer: Brad Helmer treasurer@hyuuc.org

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Minister

Rev. Jeff Briere: 477-7661 (office), minister@hvuuc.org

Church Secretary's Office Hours

9:00am-3:00pm, Tuesday & Thursday - office@hvuuc.org

Submissions for each month's newsletter are due by the last day of month to newsletter@hvuuc.org. The HVUUC web site can be found at: www.hvuuc.org

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Holston Valley Unitarian Universalist Church Calendar										
October 2017										
Sun	Mon	Tue	Wed	Thu	Fri	Sat				
October 1	2	3	4	5	6	7				
9:30 am - 10:45 am Children's R.E.	12 pm - 5 pm Kitchen of Hope	7 pm - 9 pm Photography Covenant Group (R1)	9:30 am - 11 am Sangha Meditation (R6)	6:30 pm - 8:30 pm Mythology Covenant Group (R5)	9 am - 12 pm Quilt group (F1, F2)					
9:30 am - 10:45 am Adult RE 2 (R2)	5:30 pm - 7:30 pm Wholehearted Covenant Group (R5)		6 pm - 7 pm Zumba (Fl, F2, K)	7 pm - 9 pm Tri-Cities Metaphysical Group (FI)	6:30 pm - 9 pm Women's Group					
9:30 am - 10:45 am Adult RE 1 (R6)	7 pm - 9 pm Sports Covenant Group (R1)			7 pm - 9 pm Independent Study Group (R1)						
11 am - 12 pm Worship Service										
12 pm - 1 pm Fellowship Hour										
8	9	10	11	12	13	14				
	Columbus Day									
9:30 am - 10:45 am Children's R.E.	5:30 pm - 7:30 pm Wholehearted Covenant Group (R5)	7 pm - 9 pm Exploring the Goddess Covenant Group (R1)	9:30 am - 11 am Sangha Meditation (R6)	6:30 pm - 8:30 pm Mythology Covenant Group (R5)	OWL Training	(S, F1, F2, REZ)				
9:30 am - 10:45 am Adult RE 2 (R2)	7 pm - 9 pm Free Range Covenant Group (R2)		6 pm - 7 pm Zumba (FI, F2, K)	7 pm - 9 pm Tri-Cities Metaphysical Group (FI)	6 pm - 8 pm Girl Scouts (REZ)	6:30 pm - 9:30 pm UU Game Group				
9:30 am - 10:45 am Adult RE 1 (R6)			7 pm - 9 pm RSC (R4)							
11 am - 12 pm Worship Service										
12 pm Potluck Lunch										
1 pm - 3 pm Path to Membership (R2)										
4 pm - 8 pm MACHO Group										
6 pm - 8 pm Music Covenant Group (R5)										
15	16	17	18	19	20	21				
OWL Training (S, F1, F2, REZ)	5:30 pm - 7:30 pm Wholehearted Covenant Group (R5)	7 pm - 9 pm Photography Covenant Group (R1)	9:30 am - 11 am Sangha Meditation (R6)	6:30 pm - 8 pm Eckankar (R2)	9 am - 12 pm Quilt group (F1, F2)	Sweetest Day				
9:30 am - 10:45 am Children's R.E.	7 pm - 9 pm Sports Covenant Group (R1)		6 pm - 7 pm Zumba (F1, F2, K)	6:30 pm - 8:30 pm Mythology Covenant Group (R5)						
9:30 am - 10:45 am Adult RE 2 (R2)			7 pm - 9 pm Board of Trustees Meeting (R4)	7 pm - 9 pm Tri-Cities Metaphysical Group (FI)						
9:30 am - 10:45 am				7 pm - 9 pm						

Adult RE1 (R6)				Independent Study Group (R1)		
11 am - 12 pm Worship Service						
12 pm - 1 pm Fellowship Hour						
12:30 pm - 2 pm Adult Choir Rehearsal (S)						
22	23	24	25	26	27	28
9:30 am - 10:45 am Children's R.E.	5:30 pm - 7:30 pm Wholehearted Covenant Group (R5)	7 pm - 9 pm Exploring the Goddess Covenant Group (R1)	9:30 am - 11 am Sangha Meditation (R6)	6:30 pm - 8:30 pm Mythology Covenant Group (R5)	6 pm - 8 pm Girl Scouts (REZ)	6:30 pm - 8:30 pm Halloween Party (S, F1, F2, K)
9:30 am - 10:45 am Adult RE 2 (R2)	7 pm - 9 pm Free Range Covenant Group (R2)	7 pm - 9 pm Covenant Group Facilitators (R2)	6:30 pm - 7:30 pm Wednesday Night Supper	7 pm - 9 pm Tri-Cities Metaphysical Group (FI)		9 pm - 5 am Church Workday
9:30 am - 10:45 am Adult RE 1 (R6)			7 pm - UU 10			
11 am - 12 pm Worship Service						
12 pm - 1 pm Fellowship Hour						
12 pm - 2 pm Speak Up! Social Justice Program						
6 pm - 8 pm Music Covenant Group (R5)						
29	30	31 Halloween	November 1	2	3	4
8:50 am - 9:30 am Jr. Choir Rehearsal (R2)	5:30 pm - 7:30 pm Wholehearted Covenant Group (R5)	6:30 pm - 8:30 pm Halloween Party (S, F1, F2, K)	9:30 am - 11 am Sangha Meditation (R6)	6:30 pm - 8:30 pm Mythology Covenant Group (R5)	9 am - 12 pm Quilt group (F1, F2)	
9:30 am - 10:45 am Children's R.E.	7 pm - 9 pm Sports Covenant Group (R1)		6 pm - 7 pm Zumba (F1, F2, K)	7 pm - 9 pm Tri-Cities Metaphysical Group (FI)	6:30 pm - 9 pm Women's Group	
	Sports Covenant			Tri-Cities Metaphysical Group		
Children's R.E. 9:30 am - 10:45 am	Sports Covenant		Zumba (F1, F2, K) 7 pm - 9 pm	Tri-Cities Metaphysical Group (F1) 7 pm - 9 pm Independent Study		
9:30 am - 10:45 am Adult RE 2 (R2) 9:30 am - 10:45 am	Sports Covenant		Zumba (F1, F2, K) 7 pm - 9 pm	Tri-Cities Metaphysical Group (F1) 7 pm - 9 pm Independent Study		
9:30 am - 10:45 am Adult RE 2 (R2) 9:30 am - 10:45 am Adult RE 1 (R6) 11 am - 12 pm	Sports Covenant		Zumba (F1, F2, K) 7 pm - 9 pm	Tri-Cities Metaphysical Group (F1) 7 pm - 9 pm Independent Study		
9:30 am - 10:45 am Adult RE 2 (R2) 9:30 am - 10:45 am Adult RE 1 (R6) 11 am - 12 pm Worship Service 12 pm - 1 pm	Sports Covenant		Zumba (F1, F2, K) 7 pm - 9 pm	Tri-Cities Metaphysical Group (F1) 7 pm - 9 pm Independent Study		
Children's R.E. 9:30 am - 10:45 am Adult RE 2 (R2) 9:30 am - 10:45 am Adult RE 1 (R6) 11 am - 12 pm Worship Service 12 pm - 1 pm Fellowship Hour 12:30 pm - 1:30 pm OWL Parent	Sports Covenant		Zumba (F1, F2, K) 7 pm - 9 pm	Tri-Cities Metaphysical Group (F1) 7 pm - 9 pm Independent Study		

MEETING ROOMS: (S) Sanctuary, (MR) Music Room, (FI) Fellowship Hall-near kitchen, (F2)