



# TRI-CITIES U.U. REVIEW

The Newsletter of Holston Valley Unitarian Universalist Church  
always available online at [www.hvuuc.org](http://www.hvuuc.org)

*The mission of Holston Valley Unitarian Universalist Church is to promote spiritual growth, religious freedom, and ethical action.*

March 2017

136 Bob Jobe Road Gray, Tennessee 37615 (423) 477-7661

## Headlines ....

- Women's Group Friday, March 3rd 6:30PM at Amy Kinley's
- Memorial Service for Bob Barker Saturday, March 11th at 4PM
- Game Night Saturday, March 11th 5:30PM-9:30PM
- Potluck Lunch March 12th
- CUUPS Event March 19th 1PM
- Wednesday Night Supper March 22nd 6:30PM
- CUUPS Event March 25th 7PM

Up to date church info is always available at [www.hvuuc.org](http://www.hvuuc.org)

## Upcoming Sunday Worship Services

**March 5th** *Money Makes the Church Go 'Round*  
Rev. Jeff Briere  
The Stewardship Campaign Begins!

**March 12th** *The 7 Last Words about Evolution and the Bible*, Rev. Jeff Briere  
Happy Birthday, Charles Darwin. This service will sort out why evolution and creation theory are both right.

**March 19th** *A Conversation with Margaret Fuller*  
Rev. Jeff Briere  
Margaret Fuller was an early feminist, a friend of Emerson and a writer, editor and revolutionary in Italy. She was also a Unitarian. She has graciously agreed to a conversation with us.

**March 26** Kim Bushore-Maki, Shakti in the Mountains

If you wish to communicate with the Religious Services Committee about Sunday services, please send a note to [ReligiousServices@hvuuc.com](mailto:ReligiousServices@hvuuc.com).

## Annual Stewardship Campaign Begins!

Dear members and friends of the church,

Welcome to another exciting stewardship campaign. This year is the most dramatically important period in the long history of our fellowship. We were delighted with your responses to last year's stewardship campaign! Your support allowed us to hire a part time Director of Religious Education, provided funds to search for a Choir Director and most importantly, hire the accomplished and dynamic Rev. Jeff Briere to serve as our minister and pastor. Moreover, we have been able to expand our many programs, maintain, improve and expand our facilities, stage events and so much more.

You may be unaware of this, but virtually every day some essential meeting takes place in our facilities: many small group ministry meetings, grief support group, yoga classes, meditation sessions, Girl Scout meetings, book club, metaphysical group, CUUPS, Women's group, zumba classes, a quilt group meeting and even a UU game night.

On Sunday, March 5<sup>th</sup> we will kick off the campaign to realize and materialize our collective dreams. Accumulated pledges will be compiled into a formal budget proposal to be presented to you, our congregants, for your confirmation during the annual meeting in April.

We look forward to serving you, your needs, and your dreams for the future.

Yours in fellowship,

Lyle Eagan, Stewardship Trustee

Contacts: [StewardshipTrustee@HVVUUC.org](mailto:StewardshipTrustee@HVVUUC.org) or [StewardshipChair@HVVUUC.org](mailto:StewardshipChair@HVVUUC.org)

## Small Group Ministry

For over 10 years, the Small Group Ministry program at HVUUC has offered the opportunity for church members and friends to develop deeper relationships with each other and the greater church community through participation in Covenant Groups. Several groups are open to new members or forming now. Please take a look at the descriptions below and consider joining one!

*Inquiries or interested in signing up? Send an e-mail to [SGM@hvuuc.org](mailto:SGM@hvuuc.org). Signup sheets will also be available in the Fellowship Hall.*

### **Being Mortal Covenant Group**

Are you puzzled and honestly, a bit afraid of end of life decisions? Would you feel supported and empowered by sitting down with good friends and discussing some of the issues that are on your mind?

"Being Mortal," the title of the bestselling book by Atul Gawande, is also the name of a new covenant group which will form this March. Please join us if you are interested in this conversation.

If possible, (but this is not a requirement!) get a copy of the book and read it. It helps frame some of the issues we may wish to talk about.

Location: The REZ @ HVUUC

Time: 7:00 to 9:00 pm

Dates: Meets Tuesday nights beginning March 7th (8 sessions)

Facilitators: Tish Kashdan and Beth Calvert

### **Free Range Covenant Group**

This is an ongoing group where the facilitators will choose topics with input from the group. Initially the topics will be about our individual spiritual paths and how we came to UU'ism. After that, we will explore a wide array of topics according to the interests of the group. The Free Range Covenant Group is an ongoing group that has been meeting since October and is open to new members. Spouses are welcome.

Location: The REZ @ HVUUC

Time: 6:30 to 8:30 pm

Dates: Meets 2nd and 4th Mondays each month.

Facilitator: Greg Kramer

[FreerangeCG@hvuuc.org](mailto:FreerangeCG@hvuuc.org)

## Two CUUPS Events in March

On Sunday March 19<sup>th</sup> Come join us as CUUPS AND Neighborhood Pagans co-host a ritual to celebrate Ostara. CUUPS will have a short meeting before we go into ritual. Please bring a snack/light cover dish to share with community. We will meet at 1:00PM in the Fellowship Hall. All are invited to join us. Any questions please contact Sallie McAllister 423-361-2885.

On Saturday March 25<sup>th</sup> CUUPS and MMC will co-host a ritual to celebrate Ostara at HVUUC. We will meet at 7:00 PM in the Fellowship Hall Room and have a potluck supper after the Ritual. All are invited to join us. Any questions please contact Sallie McAllister 423-361-2885.

## Sermon Podcasts Available on HVUUC Website

Sermon recordings have always been available on CD in the library area of the sanctuary and for the last few years on our website as well.

Go to our website [www.hvuuc.org](http://www.hvuuc.org) scroll to the bottom of the home page and click on the sermons link.

## Did You Know?

Those yellow STANDING ON THE SIDE OF LOVE T-shirts you may see are part of a public advocacy campaign that seeks to harness love's power to stop oppression. It is sponsored by the Unitarian Universalist Association and all are welcome to join at

[www.standingonthesideoflove.org](http://www.standingonthesideoflove.org)



## Fellowship Opportunities

### Women's Group

HVUUC Women's Night is Friday, March 3rd at Amy Kinley's home from 6:30 till 9:00. All who identify as women are welcome. Be ready to play two truths and a lie! Bring a snack and/or drink to share and items for the women's shelter. See ya there! For contact information, please respond to [womensgroup@hvuuc.org](mailto:womensgroup@hvuuc.org)

### Wednesday Night Supper March 23rd

Join us at 6:30PM on the 4th Wednesday of most months for Wednesday Night Supper! The dinner is cooked by church members and there is no agenda besides an opportunity to get to know one another better. The menu will be advertised about a week before the dinner. Cost is \$5/adults, \$2.50/children. Please RSVP to [WNS@hvuuc.org](mailto:WNS@hvuuc.org) to ensure we have enough food for everyone.

### Quilt Group

The quilt group meets twice a month. Check the church calendar for dates. If you plan to come please bring an iron, a rotary cutting mat, rulers, and cutter, and/or a sewing machine and thread (don't forget your power cord and foot pedal). This is a fellowship opportunity, not an obligation. If you can come and would like to come, please join us--no experience necessary. If you can't come or really don't want to come, don't worry--no guilt necessary.  
<http://www.localendar.com/public/hvuuchurch>

### Buuk Club

There is a book discussion group held at church the third Tuesday of the month from 10AM-noon. We meet in the Susan B. Anthony room of the REZ. Our book for March 21st is *The Cove* by Ron Rash. New people are always welcome. For more information you may contact Betty Kramer [buukclub@hvuuc.org](mailto:buukclub@hvuuc.org).

### Game Night

Join us on the second Saturday from 5:30-9:30PM to play board games (not the boring ones). All are welcome: the event is very family friendly (no age minimum), and we're there to have fun and maybe be a little competitive. Location information and updates are posted to a "secret" Facebook group. Email [gamegroup@hvuuc.org](mailto:gamegroup@hvuuc.org) to get in the group or find out more. There is also a Yahoo group! [hvuuc-game-group-subscribe@yahooogroups.com](mailto:hvuuc-game-group-subscribe@yahooogroups.com)

### Youth Group at HVUUC

All youth ages 12 and older are invited to participate in HVUUC's youth group. We do a mix of service and fun activities, though we end having fun all the time!

If you are interested in being involved in the youth group, please contact Cindi Huss, Jim Scanlan, Skip Jones, or Carmen Stamey ([youthgroup@hvuuc.org](mailto:youthgroup@hvuuc.org)), the youth group advisors, about joining our private Facebook page and our email listserve so you receive more info about events as they're available.

March 19: Make-your-own something party and games (fun)

April 16: Youth group family picnic (fun)

Late June: ASP week and another service opportunity for youth who are not yet old enough to do ASP (Miss Carmen is working on this) (service and fun)

We do plan to do ASP again this year and will be crowdfunding, baking muffins, and preparing, serving, and cleaning up after social justice program luncheons to raise money. We hope to include more youth and other folks from church in our team this year as well as folks from the family we served this year, and youth and adults from other churches involved in the United Religions Initiative, other UU churches, and friends of our youth and their families.

We're looking forward to a great year and are excited to see you all at youth group--remember to get these dates in your calendar soon!

[youthgroup@hvuuc.org](mailto:youthgroup@hvuuc.org)

## Life Span Religious Education

### Youth Religious Education

Religious Education classes are from 9:30AM-10:45AM Sunday mornings. Childcare is available during RE for children age birth thru 4. Children must be registered to attend RE. Your child's teacher will have a form for you to fill out. If you have any questions, contact our Director of Religious Education Sarah White at [DRE@hvuuc.org](mailto:DRE@hvuuc.org)

### Adult R.E. 1

Adult RE 1 meets in the Meditation Hall in the REZ at 9:30AM Sunday mornings. Their new study course is "Understanding Cultural and Human Geography". The course is about us, the humans of the planet Earth. In its introduction we are reminded that no one is an island. The communities where you live, the food you eat, and the people you know are all part of a global chain of connections. We are urged to consider the importance of this today that we might understand this chain of connections in order to tackle some of the biggest questions about human life on earth. We had our introductory lecture on the November 20th and will continue the 24 lecture course over the next few months. Come join us for this interesting series of lectures and the discussions that follow. Adult RE #1 usually meets even when other RE classes are cancelled. If in doubt please email Betty Berry for confirmation [AdultRE1@hvuuc.org](mailto:AdultRE1@hvuuc.org).

### Adult R.E. 2

Adult RE 2 meets in the Susan B. Anthony room in the REZ at 9:30AM Sunday mornings. Based on the assumption that everyone is their own theologian, this classic Unitarian Universalist adult education program invites participants to develop their personal credos: the fundamental religious beliefs, values and convictions that inform and direct the living of their lives. Gilbert poses five developmental tasks in which participants come to terms with human nature, ultimate reality, history, ethics, and religious meaning. Begins with an introduction to our seven UU Principles. Adult RE 2 is a fragrance-free class, please be respectful of those that are sensitive to fragrances. [AdultRE2@hvuuc.org](mailto:AdultRE2@hvuuc.org)

## Holston Valley Sangha

Holston Valley Sangha meets at HVUUC on Wednesday mornings from 9:30-11am. After a half-hour silent meditation we will listen to and discuss ***Coming Closer to Ourselves: Making Everything the Path of Awakening*** by Pema Chödrön. "In challenging times, why do so many of us turn to Pema Chödrön for guidance? Many say that it's her honest and caring way of communicating the core teachings of Buddhism - not just conceptually, but from her heart to ours. In these inspiring sessions, she teaches us how to give that compassion to the person we neglect most often - ourselves." [www.dharma4et.org](http://www.dharma4et.org)

## Social Justice

### Kingsport Kitchen of Hope 1st Monday of the Month

In the basement of the Full Gospel Mission on Sevier St in Kingsport, is a tiny kitchen staffed entirely by volunteers that feeds dinner 6 days a week to 100-130 people. Diners have ranged from infant to 88. For many of them, it's their only meal of the day. HVUUC is now serving dinner at the Kitchen of Hope the first Monday of each month. How can you help? Glad you asked.

The menu changes monthly. Volunteers are needed to help cook, serve and clean up.

**Set up/cooking: 1:00-3:30**

**Servers: 3:00-5:00**

**Cleaners: 4:45-6:00**

***The kitchen is quite small, so if you want to help, please contact the coordinator so we don't end up with too many cooks in the kitchen!***

You can also help by donating food or money for food. Or if you'd like to bake cookies, cupcakes, or other desserts ahead of time (note: we cook for 150, so if it's too much, you could always split this with another baker)

Like to plan ahead? We do this the first Monday of every month, so pencil us in with a big red pen!

Please contact Kim Ray if you can help this month [kitchenofhope@hvuuc.org](mailto:kitchenofhope@hvuuc.org).

## Social Justice, cont.

### Holston Habitat for Humanity Faith Build Project

Holston Habitat for Humanity has a new Faith Build Project in Kingsport, Tennessee. Faith Build is a project involving churches and synagogues which provide volunteers to build homes either in Kingsport or Johnson City.

The next project is at **1620 E. Street, Kingsport, Tennessee**. The ground breaking is in mid-February. The dates for HUUUC volunteers is April 19-22 and we'll be working on finish siding and interior painting.

Each volunteer can do all four days or one, two, or three days. It doesn't matter if you have experience or not. There is a Site Supervisor to show you what to do! Also, Youth Volunteers (14-17 years of age) are allowed to volunteer with a few provisions.

This project is for Nadine and her family. Nadine is a Kingsport resident and single mother of four children. She is full-time employee of a local restaurant. Nadine was approved for Habitat for Humanity homeownership in July, 2015. She completed 250 for 300 hours of preliminary sweat equity this past year. She will be working with volunteers to complete her home.

Tom Perez is our volunteer coordinator and will collect the paperwork for volunteers (Volunteer Sheet and a Release Waiver Sheet). You may have completed an information sheet before, but they are renewed every year, so it is time to fill them out again. Starting January 1, 2017, after the service, Tom Perez will be at the church to collect paperwork from anyone who wants to volunteer for this service. Also, we can decide what days we want to ask for, although it is not guaranteed. We can choose two timeframes. First come, first serve.

Also, a Hospitality Coordinator will organize lunch and snacks for our volunteer dates. Peggy Perez will do this for now. She will be looking for volunteers too!

Please consider volunteering for this Holston Habitat for Humanity Faith Build. As volunteers from Holston Valley Unitarian Universalist Church, we would provide a hand up and hope to Nadine and her family, helping build their affordable, safe, accessible Habitat for Humanity home.

Contact [office@hvuuc.org](mailto:office@hvuuc.org) for more information.

### Family Promise Network

One part of our church's Social Action is to participate with Family Promise Network, both in Johnson City (Hopwood UMC) and Kingsport (St. Luke UMC). The program's purpose is to help homeless families achieve and sustain independence. One night per quarter we provide a meal and overnight presence to the FPN guests of the host churches. Our meals are simple and overnight duty consists of sleeping in your private room and assisting with breakfast the next morning.

Occasionally our Fifth Sunday offering will go to support this program, the money usually shared equally with each location.

When the next request for volunteers goes out, please consider helping with this important and much appreciated part of our church's outreach.

[IHNKingsport@hvuuc.org](mailto:IHNKingsport@hvuuc.org)  
[IHNJC@hvuuc.org](mailto:IHNJC@hvuuc.org)

### March Food Donations

Bring your donations of **Cereals and Breakfast Foods** for this month's Hunger in Our Neighborhood collection. Donations will be shared between the Jonesborough Food Bank, Hunger First in Kingsport, and our own food pantry. Remember, the themes are for fun....not rules!



## Fiscal Flash

### Endowment Fund

HVUUC has received the following donations to the Endowment Fund.

In memory of Dick Goodman:

Tina C Forgione, Valerie and Con Elfes, Frank and Sue Shuler, Charlie and Denée Mattioli, Jim and Betty Berry, Galen and Jean Potts, Michael & Louise Serviente, Shelby Mowrey, Christine Barger, Joseph Viola, Virginia Roesler, Jennifer Young and Karen and Randy Smith.

### Make Sure Your Kroger 5% Goes to HVUUC

People who shop at Kroger's will have to renew their wish to have 5% they spend go to the church. Our organization number to do this is 83282 to be completed online.

### Free Money from Amazon Smile

We have a new and very simple way to raise money for the church. As part of their Amazon Smile program, Amazon will donate 0.5% of every purchase to HVUUC. Two simple steps: First add HVUUC as your preferred charity on your Amazon account (go to Amazon Smile and search Holston or just use this link <https://smile.amazon.com/ch/62-1076195>). Second, whenever you make a purchase be sure to enter through the "[smile.amazon.com](https://smile.amazon.com)" address rather than the normal "[amazon.com](https://amazon.com)". It's free money and definitely worth a couple of clicks. Send any questions to me at [treasurer@hvuuc.org](mailto:treasurer@hvuuc.org) – Brad Helmer

### 2016 Taxes

If you would like a letter for tax purposes for your donations to HVUUC in 2016, please contact Ramesh Munjal [pledge@hvuuc.org](mailto:pledge@hvuuc.org).

## In Our Community

### Yoga

If you would like to try Yoga to help improve your core strength, your balance and your ability to relax, please join a small group that meets in the Meditation Room of the REZ on Tuesday and Thursday evenings from 5:15 to 6:30pm. Your first class is free of charge – I feel it's important that you get a chance to try it before you invest in a series of classes. The class is a mixture of breathing techniques and yoga poses that flow from one into another. You do not need to be trained in yoga or have attended the last session to attend this series of classes. Go to [www.YogaWithTish](http://www.YogaWithTish) for more information.

### Fun Fitness @ HVUUC!

Do you know that there are Zumba classes offered right here at HVUUC?! Zumba is the perfect workout for anyone! It's fun, so you don't even feel like your working out! Jessie Hess, the instructor, shows how to modify if you need to. There is only one "rule" you need to know: Have fun!

I was so hesitant, shy and awkward when I took my first Zumba class ( and second, and third, and fourth), but after realizing what a great time I had when I just let myself have fun AND losing weight I was hooked! It's so important to keep active, but most workouts are so intense and/or boring. Zumba @ HVUUC offers you the unique opportunity to get active and fit while having a fantastic time! There are 2 different formats offered: Zumba® & Zumba® Toning & Burst. If you'd like more information on these classes, e-mail Jessie at [jumbazumba@yahoo.com](mailto:jumbazumba@yahoo.com) and/or check out the Facebook group: Jumba Zumba.



## UUA GENERAL ASSEMBLY

If you are interested in attending General Assembly this year in New Orleans June 21-25, go to the UUA website <http://www.uua.org/ga> registration is now open!

## Nonviolent Communication Training in Greenville, SC

The Greenville UU Fellowship in Greenville, SC will be hosting a two-day workshop called Compassionate Communication featuring Rev. Carlton Smith, who is a Congregational Life Consultant for the Southern Region of the UUA, on March 17-18, 2017. We would love to have members of your congregation join us for this excellent opportunity to learn and practice non-violent communication.

The cost of the workshop is \$35 for those who register online by March 10; \$40 for late registration or those who wish to pay at the door. Your registration fee covers all materials, Friday night supper and Saturday snacks and lunch.

Those who prefer not to pay online should contact me by email to register. Workshop size is limited to 50 participants. **Registration closes March 10.**

Click here for [online registration](#)

Refunds are available if you cancel by March 10, or if the event is cancelled for any reason.

To learn more, watch this brief introduction on YouTube: [Nonviolent Communication with Marshall Rosenberg - a Brief Introduction](#)

## Green Interfaith (GINI) Events

### TN Environmental Conference

**March 15, 2017** from 9:30am to 10:30am

Location: Meadowview Conference Center

1901 Meadowview Parkway Kingsport TN

Website or Map: <http://www.tnenvironment.com/>

Organized By: State of TN

Join Green Interfaith Network at the movies! Environmental and Nature films will be shown on the 4<sup>th</sup> Sunday of each month starting at 2 PM at St. John's Episcopal Church, 500 North Roan Street in Johnson City. A moderated discussion may follow the showing of the movie.

**March 26:** *Chasing Ice* is the story of one man's mission to change the tide of history by gathering undeniable evidence of our changing planet. Within months of that first trip to Iceland, the photographer conceived the boldest expedition of his life: The Extreme Ice Survey. With a band of young adventurers in tow, Balog began deploying revolutionary time-lapse cameras across the brutal Arctic to capture a multi-year record of the world's changing glaciers.

## Free Computer Help

Sue S. is offering free computer/technical help to anyone at HVUUC who needs assistance or tutoring with the following issues:

### Basic

- Using Windows 8 or 10
- Setting up and using email
- Playing single person games (various solitaire games)

### Intermediate

- Setting up Netflix, Amazon Prime, Hulu, other streaming services on TV, iPad, phone, PC
- Using Photoshop
- Editing music
- Working with spreadsheets

### Advanced (high school and college)

- Programming with VB Script (creating simple games, automating instant messages from pc, etc)
- Programming in VB, C# .net or MS Access
- Java Script
- HTML
- Working with databases

You can contact Sue: [computerhelp@hvuuc.org](mailto:computerhelp@hvuuc.org).

## Membership Corner

### Website Member Log In

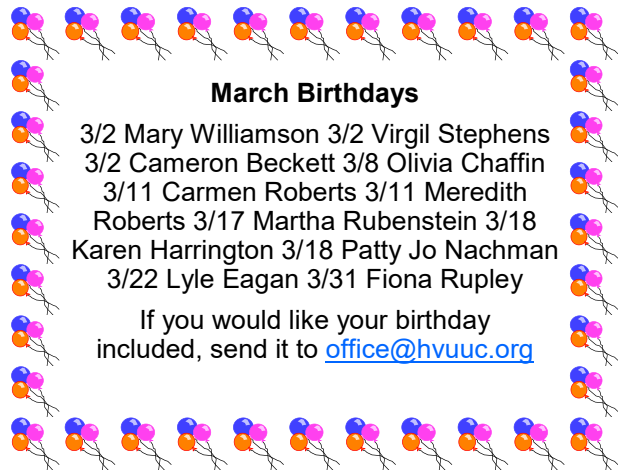
If you would like to access the information in the members section of the website you will need to contact the church office to get the new log in user name and password [office@hvuuc.org](mailto:office@hvuuc.org)

Once you have the log in information go to our website, scroll to the bottom of the home page and you will see the **Member Sign In** link. Click there, enter the log in information and a new menu item "**Members**" on the menu bar at the top of the bar will appear.

### Caring Team

The Caring Team coordinators for March are Alicia Culbertson and Wanda Earp. They can be reached at [caring@hvuuc.org](mailto:caring@hvuuc.org) or 423-477-7661 (Press 3).

**Thank You** to our February coordinators Freda Love and Deanna Richardson



### 2016-2017 Board of Trustees

President: Charlie Stuart [president@hvuuc.org](mailto:president@hvuuc.org)  
Vice President: David Kashdan [vp@hvuuc.org](mailto:vp@hvuuc.org)  
Past President: Cindi Huss [pastpresident@hvuuc.org](mailto:pastpresident@hvuuc.org)  
Treasurer: Brad Helmer [treasurer@hvuuc.org](mailto:treasurer@hvuuc.org)  
Stewardship Trustee: Lyle Eagan [stewardshiptrustee@hvuuc.org](mailto:stewardshiptrustee@hvuuc.org)  
Programs Trustee: Jim Scanlan [programs@hvuuc.org](mailto:programs@hvuuc.org)  
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Secretary/Historian: Tom Burns [boardsecretary@hvuuc.org](mailto:boardsecretary@hvuuc.org)  
Membership Trustee: Peggy Perez [membership@hvuuc.org](mailto:membership@hvuuc.org)

#### Minister

Rev. Jeff Briere: 477-7661 (office), [minister@hvuuc.org](mailto:minister@hvuuc.org)

#### Church Secretary's Office Hours

9:00am-3:00pm, Tuesday & Thursday - [office@hvuuc.org](mailto:office@hvuuc.org)

Submissions for each month's newsletter are due by the last day of month to [newsletter@hvuuc.org](mailto:newsletter@hvuuc.org).

The HVUUC web site can be found at: [www.hvuuc.org](http://www.hvuuc.org)

HVUUC On-Line News Group: Our yahoo news group is an online service that provides our congregation the quickest method of communicating news, announcements, and schedule changes. To join, or update to a new e-mail address, send an e-mail to [hvuuc-news-subscribe@yahoogroups.com](mailto:hvuuc-news-subscribe@yahoogroups.com) indicating your full name, address and phone number where you can be reached. If you don't have e-mail, please call the church at 423-477-7661 to receive the newsletter by US mail.

To post a church related message send an e-mail to: [hvuuc-news@yahoogroups.com](mailto:hvuuc-news@yahoogroups.com)

To unsubscribe: send an e-mail message to [hvuuc-newssubscribe@yahoogroups.com](mailto:hvuuc-newssubscribe@yahoogroups.com)

Look for other UUA news and other UU Church newsletters at the UUA Website: [www.uua.org](http://www.uua.org)



## Holston Valley Unitarian Universalist Church Calendar

## March 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>26</b>	<b>27</b>	<b>28</b>	<b>March 1</b>	<b>2</b>	<b>3</b>	<b>4</b>
9:30 am - 10:45 am Children's R.E.	7 pm - 9 pm Free Range Small Group Ministry (R2)	5:15 pm - 6:30 pm Yoga (R6)	9:30 am - 11 am Sangha Meditation (R6)	7 pm - 9 pm Tri-Cities Metaphysical Group (F1)	9 am - 12 pm Quilt group (F1, F2)	
9:30 am - 10:45 am Adult RE 2 (R2)			6 pm - 7 pm Zumba (F1, F2, K)		6:30 pm - 9 pm Women's Group	
9:30 am - 10:45 am Adult RE 1 (R6)						
11 am - 12 pm HVVUUC Service						
12 pm - 1 pm Soup Luncheon						
12:30 pm - 5 pm Basic Life Support (CPR) Class (R4)						
12:30 pm - 1:30 pm Film 'Facing the Surge' (S)						
1 pm - 3 pm Grief support group (R2)						
7 pm - 9 pm Dream Covenant Group (R1)						
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
9:30 am - 10:45 am Children's R.E.		5:15 pm - 6:30 pm Yoga (R6)	9:30 am - 11 am Sangha Meditation (R6)	7 pm - 9 pm Tri-Cities Metaphysical Group (F1)	6 pm - 8 pm Girl Scouts (F1, F2)	4 pm - 6 pm Memorial Service for Bob Barker
9:30 am - 10:45 am Adult RE 2 (R2)			6 pm - 7 pm Zumba (F1, F2, K)			6:30 pm - 9:30 pm UU Game Group
9:30 am - 10:45 am Adult RE 1 (R6)			7 pm - 9 pm RSC (R4)			
11 am - 12 pm HVVUUC Service			7 pm - 9 pm UU History			

			Covenant Group (R1)			
<b>12</b> <b>Daylight Saving (Start)</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b> <b>St. Patrick's Day</b>	<b>18</b>
9:30 am - 10:45 am Children's R.E.	7 pm - 9 pm Free Range Small Group Ministry (R2)	5:15 pm - 6:30 pm Yoga (R6)	9:30 am - 11 am Sangha Meditation (R6)	7 pm - 9 pm Tri-Cities Metaphysical Group (F1)	9 am - 12 pm Quilt group (F1, F2)	
9:30 am - 10:45 am Adult RE 2 (R2)			6 pm - 7 pm Zumba (F1, F2, K)			
9:30 am - 10:45 am Adult RE 1 (R6)			7 pm - 9 pm Board of Trustees Meeting (R4)			
11 am - 12 pm HVVUUC Service						
12 pm Potluck Lunch						
1 pm - 3 pm Grief support group (R2)						
7 pm - 9 pm Dream Covenant Group (R1)						
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
9:30 am - 10:45 am Children's R.E.		10 am - 12 pm bUUk club (R1)	9:30 am - 11 am Sangha Meditation (R6)	7 pm - 9 pm Tri-Cities Metaphysical Group (F1)	6 pm - 8 pm Girl Scouts (F1, F2)	5 pm - 9 pm CUUPS (F1, F2, K, S)
9:30 am - 10:45 am Adult RE 2 (R2)		5:15 pm - 6:30 pm Yoga (R6)	6:30 pm - 7:30 pm Wednesday Night Supper			
9:30 am - 10:45 am Adult RE 1 (R6)			7 pm - 9 pm UU History Covenant Group (R1)			
11 am - 12 pm HVVUUC Service						
12:30 pm - 2 pm RE Collaborative (R4)						
1 pm - 3 pm CUUPS Monthly						

Meeting (S, Fl, F2, K)						
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>April 1</b> April Fool's Day
9:30 am - 10:45 am Children's R.E.	7 pm - 9 pm Free Range Small Group Ministry (R2)	5:15 pm - 6:30 pm Yoga (R6)	9:30 am - 11 am Sangha Meditation (R6)	7 pm - 9 pm Tri-Cities Metaphysical Group (F1)		
9:30 am - 10:45 am Adult RE 2 (R2)			6 pm - 7 pm Zumba (F1, F2, K)			
9:30 am - 10:45 am Adult RE 1 (R6)						
11 am - 12 pm HVUUC Service						
12 pm - 2 pm Social Justice Program (S, Fl, F2)						
1 pm - 3 pm Grief support group (R2)						
7 pm - 9 pm Dream Covenant Group (R1)						

MEETING ROOMS: (S) Sanctuary, (MR) Music Room, (F1) Fellowship Hall-near kitchen, (F2) Fellowship Hall-near patio, (K) Kitchen, (R1) REZ Susan B. Anthony room, (R2) REZ Ralph Waldo Emerson room, (R3) REZ Joseph Priestley room, (R4) REZ Henry David Thoreau room, (R5) REZ James Reeb room, (R6) REZ Meditation Hall (B) Basement PROJECTOR: (P) Projector Reserved

Holston Valley Unitarian Universalist Church