



# NUUSLETTER

The Newsletter of Holston Valley Unitarian Universalist Church  
always available online at [www.hvuuc.org](http://www.hvuuc.org)

*The mission of Holston Valley Unitarian Universalist Church is to promote spiritual growth, religious freedom, and ethical action.*

August 2017

PO Box 8383 Johnson City, Tennessee 37615 (423) 477-7661

## Headlines ....

- Women's Group August 4 6:30PM
- Church Picnic August 5 4PM-10PM
- Potluck Lunch August 13
- Wednesday Night Supper August 23 6:30PM

Up to date church info is always available at  
[www.hvuuc.org](http://www.hvuuc.org)

## New Covenant Groups Forming

Do you ever feel you'd like to get to know people at church better? This fall you will have such an opportunity by participating in our Small Group Ministry. Small Groups, or Covenant groups, are not discussion groups or classes, but rather are gatherings structured to develop deeper relationships within the group and with the greater church community. Those of us who have participated in Covenant Groups have found them to be a place where we felt deeply heard and had the opportunity to connect in a unique way.

Read on page 3 of the newsletter a description of several of the new covenant groups forming. You can sign up by emailing the group you are interested in or there will also be sign up sheets at church.

Follow this link to learn more about Covenant Groups:

<https://hvuuc.org/covenant-groups-faq/>

## Upcoming Sunday Worship Services

**August 6** *Theology According to Calvin and Hobbes*,  
Rev. Jeff Briere  
Calvin & Hobbes contemplate the big questions in life.

**August 13** *Saving the World, 10 People at a Time*,  
Rev. Jeff Briere  
Small Group Ministries at the Holston Valley Unitarian Universalist Church

**August 20** *Simplicity*, Rev. Jeff Briere  
Simplicity Ain't So Simple. That time, years ago, when life was simpler never existed. Humans have always had challenges.

**August 27** *Perspectives on the General Assembly*  
Different looks at the church governance system by Joseph Viola, Phyllis Cairnes, and Bryan Kleske

## 2017 ANNUAL CHURCH PICNIC

*Bays Mountain Recreation Area  
Sites 28, 31, 32*

**Saturday, August 5th  
4:00PM-10:00PM**

*Fellowship, Games, Music,  
Religious Education registration,  
Potluck and Fun for All Ages  
SEE YOU THERE!*

*Questions? Contact Cynthia at  
[picnic@hvuuc.org](mailto:picnic@hvuuc.org)*

## Concerning Covenant

by the Rev. Jeff Briere

One of the items during our developmental ministry that the Board thought needed attention is covenant. It's no secret that adopting a covenant produced a good deal of heartburn in the church the last time. The Board tasked me with helping everyone have a better understanding of covenant and why it's important to the future of the church.



In discussing covenant with the Board, it became apparent that what was really needed was a re-covenanting process that would culminate in the adoption of new covenant, one which would be acceptable to all. One which would be comprehensive. And shorter than the present one.

To that end, the Board drew up a list of people we thought would be good at this process, and then narrowed that list to four people. The Re-Covenanting Task Force is Beth Calvert, Dana York, Jo Anne Medlin and Charlie Mattioli. During the next few months, they will meet with me, and together we hope to develop a renewed covenant for the church.

I will preach on covenant on September 17 and October 1. With my sermons as context, the task force will produce a couple sessions for people to offer their thoughts and feelings about covenant. The sessions will provide time for the task force to listen and time for the congregation to discuss concepts and actions. Of course, you are welcome to speak with any task force member outside of these sessions. Or you can send a message to [covenant@hvuuc.org](mailto:covenant@hvuuc.org) and the task force will see it. We need your opinion; however you wish to provide it.

We hope to have a concise and comprehensive covenant for adoption by congregational vote at the Annual Meeting in May 2018. Before that, we will keep you apprised of our progress and perhaps post some language we are considering.

## Board Game Library

There is now a (Board) Game Library available in the Religious Education building lobby! All are invited to borrow a game indefinitely. You don't need a library card or to sign anything, just take any game on the honor system.

The introductory rules are:

- Take a game (one at a time, please)
- Keep it as long as you want
- Bring it back when you're not using it anymore
- Donations welcome\*
- Have fun!
- Questions and comments welcome.

And... if you're interested in games and general merriment be sure to send me your name so I can add you to the Game Group on Facebook (it's a Secret group, so you can't find it by searching).

\* "Donations" are games, not money... just make sure they're intact and playable and leave them on the shelf. All donations will become property of the Game Group and may be removed permanently, don't expect to get them back!

## New Covenant Groups

**Exploring the Goddess:** *a six session trip around the world exploring the Goddess in world religions, and expressions the Goddess all around and within.*

This is open to women and men. No restrictions on relatives. This is an individual and group exploration of the Divine feminine. We will be exploring different goddesses throughout the world and history using arts, ritual, self work and group discussion. This group is open to anyone with an open heart and mind. It will meet every other Tuesday evening, 7-9 p.m. at HUUUC in the Religious Education building. Starts August 29 and continues every other Tuesday until November 7. Facilitators: Rosemary Kle-ske and Lisa Mitchell [goddessCG@hvuuc.org](mailto:goddessCG@hvuuc.org)

### **“PPP”: Pheelings and Phun through Photography**

We'll decide on a theme before each meeting. Examples: “My sacred place”, “happiness”, “it’s complicated”. Everyone will bring to the meeting an image they have captured that speaks to the theme and we'll share our reflections that arise from everyone's images. Don't worry – it's not an art contest. The covenant group emphasis on sharing our experiences is the important thing here.

Facilitator: Dave Calvert [photographyCG@hvuuc.org](mailto:photographyCG@hvuuc.org)

### **Wholehearted Living: Guideposts for courageous, compassionate and connected living.**

This small group will meet weekly for eight weeks to discuss “The Gifts of Imperfection” by Brené Brown. The book describes the power of Wholehearted Living--a way of engaging with the world from a place of worthiness. We will review each of the 10 guideposts and answer questions for the reading companion while encouraging conversations about our own whole-hearted practice. We will begin in late September and run through mid-November. Facilitator: Megan Dew [wholeheartedCG@hvuuc.org](mailto:wholeheartedCG@hvuuc.org)

### **The ‘S’ Word – Is being a Senior a blessing or a curse**

This short term morning, 4-session group, meets weekly on Wednesdays. We will explore life changes – physically, mentally and financially; best and worst things about aging; ensuring your value as you age and other dreaded and blessing of wrinkles, sags and bags. Meeting time: Wednesday, September 6—September 27 10:30 am to 12:30 pm. Facilitator: Wanda Earp [swordCG@hvuuc.org](mailto:swordCG@hvuuc.org)

### **Music Covenant Group**

In the Music Covenant Group, we will get to know each other better by exploring meaning and memory evoked by particular pieces of music. At each meeting, group members will have an opportunity to share a piece of music that relates to the topic for the meeting, and talk about the associated emotions and thoughts that are conjured up. Musical talent is not required; mostly we will be sharing recordings, but performances are certainly welcome, too!

The group will meet every 2<sup>nd</sup> and 4<sup>th</sup> Sunday from 6:00-8:00pm, beginning August 27. We will plan to run through the beginning of December, with the option to extend the meetings into May if there is enough interest. Facilitators: Wendy Hearl and Brandie Worley [musicCG@hvuuc.org](mailto:musicCG@hvuuc.org)

### **Brad Helmer's & Tom Burns's Sports Covenant Group**

Starting in September (6-8 sessions on Monday nights). Possible topics?

Childhood sports: memories and impact, Favorite sports to watch: most engaging, athletic, artistic, or strategic, In person vs. TV, Winning vs. losing, Played sports: in reality or only dreamed of playing, Field trip: see a game? The dark side: head trauma, injuries, drug addictions, football carnage, boxing, etc. Why watch?, Teams you follow and how those “attachments” developed, Youth sports +/- , Let's play: maybe a bocce ball or corn hole tournament?, The pleasure of rivalries? (brawls, trash talk), Heroes on and off the field, Sports and culture: movies, celebrities, announcers, Bring short clips?, College sports: student athletes? Revered thugs? Free labor?, With age how do our feelings about these topics morph, intensify or decline? Facilitators: Brad Helmer and Tom Burns [sportsCG@hvuuc.org](mailto:sportsCG@hvuuc.org)

### **Mythology Covenant Group**

Starting late September, more information to follow!

Facilitators: Skip Jones and George Cross [mythologyCG@hvuuc.org](mailto:mythologyCG@hvuuc.org)

## Holston Habitat for Humanity 2017 Kingsport Faith Build

Volunteers from our Holston Valley Unitarian Universalist Church, in cooperation with volunteers from the Colonial Heights United Methodist Church and 10 other local churches participated in the construction of a new home for Nadine Skaggs and her four children in downtown Kingsport. This was the second Habitat for Humanity project our church has participated in, the first being for a new home constructed in May of 2016 for a family in Blountville. Our participation in the Kingsport Faith Build was scheduled during the week of April 19 thru April 22, 2017.



For this Build, a total of 24 members of our congregation registered for the project, and 16 members participated at the project site. The Site Supervisor was Mr. Peter Borg, who has many Habitat home projects to his credit. Unfortunately, 2 of our 4 scheduled days were rained out but we made a great effort in sweat and spirit for the two days we had. Members of our church also took on the responsibility of feeding the workers, including reaching out to various food establishments for meal package contributions, adding to the sense of good will and community support.



Along with a framed personalized certificate of participation, we have received a letter of appreciation from the Executive Director of Holston Habitat for Humanity, Mr. Art Pearce. In the letter, Mr. Pearce wrote: "During your congregation's week of service, the construction volunteers recruited by Tom Perez worked diligently on this Habitat home. In addition, your congregation shared food, adding the blessing of hospitality each day. For your congregation's work, and the gifts of food and fellowship provided, I share the deep appreciation of Holston Habitat for Humanity's Board of Directors and staff. Your congregation truly demonstrates servant leadership, and we thank you." The

letter contains other significant spiritual references related to our effort. The letter is on display in the Sanctuary, along with the framed certificate.

The Home Dedication ceremony was held on June 10, and several of our volunteers joined me and Peggy for the occasion, including Charlie Mattioli, Judy Tucker, and Dottie Blades. It was truly a wonderful experience to walk through the beautiful new home we helped build. To see the assembled group of volunteers from all the churches that participated (more than 60 volunteers were present), and the look of appreciation on the faces of the Skaggs family as they were presented the keys to their new home was truly moving.

Tom Perez, HH4H Coordinator



## Fellowship Opportunities

### Women's Group

Women's Night is Friday, August 4th at Freda Love's house in Kingsport. All who identify as women are welcome. Please bring a snack and/or beverage to share, a folding chair and a bathing suit if you'd like to swim. Freda's address is in your directory. If you need a directory, please respond to [womens-group@hvuuc.org](mailto:womens-group@hvuuc.org)

### Wednesday Night Supper August 23

Join us at 6:30PM on the 4th Wednesday of most months for Wednesday Night Supper! The dinner is cooked by church members and there is no agenda besides an opportunity to get to know one another better. The menu will be advertised about a week before the dinner. Cost is \$5/adults, \$2.50/children. Please RSVP to [WNS@hvuuc.org](mailto:WNS@hvuuc.org) to ensure we have enough food for everyone.

### Quilt Group

The quilt group meets twice a month. Check the church calendar for dates. If you plan to come please bring an iron, a rotary cutting mat, rulers, and cutter, and/or a sewing machine and thread (don't forget your power cord and foot pedal). This is a fellowship opportunity, not an obligation. If you can come and would like to come, please join us--no experience necessary. If you can't come or really don't want to come, don't worry--no guilt necessary.  
<http://www.localendar.com/public/hvuuchurch>

### Game Night

Game Night will be on hiatus for the summer. Join us when we start back up again on September 9th. Email [gamegroup@hvuuc.org](mailto:gamegroup@hvuuc.org) to get in the group or find out more. There is also a Yahoo group! [hvuuc-game-group-subscribe@yahoogroups.com](http://hvuuc-game-group-subscribe@yahoogroups.com)

## Life Span Religious Education

### Youth Religious Education

I want to express my most heartfelt THANKS to all of you who helped make Summer Religious Education a smashing success! Our children and youth learned about space, galaxies, and let's not forget...BLACK HOLES. They learned how to write stories, had fun in the garden, cooked some delicious desserts in a dutch oven. They made sushi, learned Krav Maga and created art!

I hope you have all marked your calendars for our Annual Church Picnic on August 5th. Please stop by the Religious Education pavilion and get your children registered for this upcoming year. I also need at least two more volunteers who can gift us 1-2 Sundays a month in a classroom!

So what will our children and youth be doing this year in their Religious Education classes?

Our Pre K-1st graders will be doing *World of Wonder*. This is described as follows:

*Founded on the premise that direct experience in nature is essential to children's physical, emotional, intellectual, and spiritual development, this program delves deep into our Unitarian Universalist seventh Principle. It instills respect for the interdependent web of all existence of which we are a part, and appreciation of its beauty, excitement, and mystery.*

Our 2nd and 3rd graders will be doing a hands on, interactive curriculum from the *Tapestry of Faith*!

Our 4th and 5th graders will be transported into the wonderful world of Hogwarts with our *Harry and UU* curriculum!

And, our Junior and Senior youth will be working through the Dave Ramsey program, *Generation Change*...with a Unitarian Universalist flavor!

I look forward to what is sure to be a fantastically fun year!

Sarah White, Director of Religious Education

### Adult Religious Education 1

Adult RE 1 will be starting a new series this month. Stay tuned for more information!

## Adult Religious Education 2

Adult RE 2 meets in the Susan B. Anthony room in the RE Building at 9:30AM Sunday mornings. Building Your Own Theology, our current curriculum, is based on the assumption that everyone is their own theologian. This classic Unitarian Universalist adult education program invites participants to develop their personal credos: the fundamental religious beliefs, values and convictions that inform and direct the living of their lives. Gilbert poses five developmental tasks in which participants come to terms with human nature, ultimate reality, history, ethics, and religious meaning.

Adult RE 2 is a fragrance-free class, please be respectful of those that are sensitive to fragrances.

[AdultRE2@hvuuc.org](mailto:AdultRE2@hvuuc.org)

## Holston Valley Sangha

Holston Valley Sangha meets at HVUUC on Wednesday mornings from 9:30-11am. After a half-hour silent meditation we will listen to and discuss ***Coming Closer to Ourselves: Making Everything the Path of Awakening*** by Pema Chödrön. "In challenging times, why do so many of us turn to Pema Chödrön for guidance? Many say that it's her honest and caring way of communicating the core teachings of Buddhism - not just conceptually, but from her heart to ours. In these inspiring sessions, she teaches us how to give that compassion to the person we neglect most often - ourselves." [www.dharma4et.org](http://www.dharma4et.org)

## Social Justice

### August Food Donations

Bring your donations of **Breads and Bread Mixes** for this month's Hunger in Our Neighborhood collection. You can also now donate pet food. Donations will be shared between the Jonesborough Food Bank, Hunger First in Kingsport, and our own food pantry. Remember, the themes are for fun....not rules!



## Kingsport Kitchen of Hope 1st Monday of the Month

In the basement of the Full Gospel Mission on Sevier St in Kingsport, is a tiny kitchen staffed entirely by volunteers that feeds dinner 6 days a week to 100-130 people. Diners have ranged from infant to 88. For many of them, it's their only meal of the day. HVUUC is now serving dinner at the Kitchen of Hope the first Monday of each month. How can you help? Glad you asked.

The menu changes monthly. Volunteers are needed to help cook, serve and clean up.

**Set up/cooking: 1:00-3:30**

**Servers: 3:00-5:00**

**Cleaners: 4:45-6:00**

***The kitchen is quite small, so if you want to help, please contact the coordinator so we don't end up with too many cooks in the kitchen!***

You can also help by donating food or money for food. Or if you'd like to bake cookies, cupcakes, or other desserts ahead of time (note: we cook for 150, so if it's too much, you could always split this with another baker)

Like to plan ahead? We do this the first Monday of every month, so pencil us in with a big red pen!

Please contact Kim Ray if you can help this month [kitchenofhope@hvuuc.org](mailto:kitchenofhope@hvuuc.org).

## Family Promise Network

One part of our church's Social Action is to participate with Family Promise Network, both in Johnson City (Hopwood UMC) and Kingsport (St. Luke UMC). The program's purpose is to help homeless families achieve and sustain independence. One night per quarter we provide a meal and overnight presence to the FPN guests of the host churches. Our meals are simple and overnight duty consists of sleeping in your private room and assisting with breakfast the next morning.

Occasionally our Fifth Sunday offering will go to support this program, the money usually shared equally with each location.

When the next request for volunteers goes out, please consider helping with this important and much appreciated part of our church's outreach.

[IHNKingsport@hvuuc.org](mailto:IHNKingsport@hvuuc.org)

[IHNJC@hvuuc.org](mailto:IHNJC@hvuuc.org)



## Fiscal Flash

### Make Sure Your Kroger 5% Goes to HVUUC

People who shop at Kroger's will have to renew their wish to have 5% they spend go to the church. Our organization number to do this is 83282 to be completed online.

### Free Money from Amazon Smile

We have a new and very simple way to raise money for the church. As part of their Amazon Smile program, Amazon will donate 0.5% of every purchase to HVUUC. Two simple steps: First add HVUUC as your preferred charity on your Amazon account (go to Amazon Smile and search Holston or just use this link <https://smile.amazon.com/ch/62-1076195> ). Second, whenever you make a purchase be sure to enter through the "[smile.amazon.com](https://smile.amazon.com)" address rather than the normal "[amazon.com](https://amazon.com)". It's free money and definitely worth a couple of clicks. Questions? [treasurer@hvuuc.org](mailto:treasurer@hvuuc.org)

## In Our Community

### Fun Fitness @ HVUUC!

Do you know that there are Zumba classes offered right here at HVUUC?! Zumba is the perfect workout for anyone! It's fun, so you don't even feel like your working out! Jessie Hess, the instructor, shows how to modify if you need to. There is only one "rule" you need to know: Have fun!

I was so hesitant, shy and awkward when I took my first Zumba class (and second, and third, and fourth), but after realizing what a great time I had when I just let myself have fun AND losing weight I was hooked! It's so important to keep active, but most workouts are so intense and/or boring. Zumba @ HVUUC offers you the unique opportunity to get active and fit while having a fantastic time! There are 2 different formats offered: Zumba® & Zumba® Toning & Burst. For information on these classes, e-mail Jessie [jumbazumba@yahoo.com](mailto:jumbazumba@yahoo.com) and/or check out the Facebook group: Jumba Zumba.

## Yoga

If you would like to try Yoga to help improve your core strength, balance, and ability to relax, please join a small group that meets in the Meditation Room of the REZ on Tuesday and Thursday evenings from 5:15 to 6:30pm. Your first class is free of charge – I feel it's important that you get a chance to try it before you invest in a series of classes. The class is a mixture of breathing techniques and yoga poses that flow from one into another. You do not need to be trained in yoga or have attended the last session to attend this series of classes.

## Green Interfaith Network

Environmental and Nature films will be shown on the 4<sup>th</sup> Sunday of each month starting at 2 PM at St. John's Episcopal Church, 500 North Roan Street in Johnson City. A moderated discussion may follow the showing of the movie.

**August 27: The Story of Stuff**—Originally released in December 2007, is a 20-minute, fast-paced, fact-filled look at the underside of our production and consumption patterns. The Story of Stuff exposes the connections between a huge number of environmental and social issues, and calls us together to create a more sustainable and just world. It'll teach you something, it'll make you laugh, and it just may change the way you look at all the Stuff in your life forever.

## ETSU Counseling Program

"Caring and Confidential Counseling For Individuals Couples and Families"

Anyone living in the Tri Cities and surrounding communities is eligible for the **Free** services at the Community Counseling Clinic. Services are rendered by graduate students in counseling who are completing their master's degree. Services offered include; adult relationships, abuse issues, self concept, habit control, fears and phobias, parent-child relationships, depression/anxiety/stress. divorce and remarriage, couples issues, gay and lesbian issues, careers, substance abuse, grief and loss, and trauma recovery. Call 423-439-7679 or email [ccc@etsu.edu](mailto:ccc@etsu.edu) for appointments and further information.

## Appalachian Storybridge to Peace September 14-16

Did you ever feel like you didn't fit in? Feel like the odd guy out? It just might be you were the new kid in town. Or, maybe like Arif Choudhury, you grew up in one of the few Bangladeshi-Muslim immigrant families in Chicago, the only "brown-skinned boy" in the neighborhood.

Getting to know one another is sometimes harder than we think. And yet, sometimes, even in the most difficult of situations, it can be as simple as listening. Listening to someone else's story. As Noa Baum writes in her memoir *The Land Twice Promised, An Israeli Woman's Quest for Peace*, when listening to another's story "you have a glimpse into their world, a glimpse that is larger and deeper than you would ever have had in a meeting or even a social interaction."

On stage together for the first time, professional storytellers Arif Choudhury and Noa Baum will share with each other, as well as local audiences, glimpses into their worlds in their live performance *In the Heart of the Other, A Muslim and Jew Sharing Their Stories*. Hosted by URI's Northeast Tennessee Cooperation Circle, and made possible by generous community support, performances are free for both students and the public.



**Noa Baum**, of the Jewish faith, was born in Jerusalem. She has taught and performed for audiences of all ages since 1982. She holds an MA in Educational Theater from New York University. Her premier presentation is "Land Twice Promised," which is also the title of her memoir, published in 2016. For more information, see <http://noabaum.com/>.

**Arif Choudhury** is a professional storyteller, film maker, theater artist, and stand-up comic. He performs "More in Common than You Think," stories of growing up in one of the few Bangladeshi-Muslim immigrant families in suburban Chicago. He also has published children's books. For more information, see <https://www.facebook.com/arif.choudhury.35>



### PERFORMANCE SCHEDULE

***"In the Heart of the Other, A Muslim and Jew Sharing Stories"***

#### **THURSDAY, SEPTEMBER 14**

**3:30 PM** - ETSU Martha Culp Auditorium  
412 Seehorn Road, Johnson City

**7:30 PM** - International Storytelling Center  
116 W. Main, Jonesborough

#### **FRIDAY, SEPT.EMBER 15**

**3:30 PM** - Tusculum College Auditorium  
60 Shiloh Road, Greenville

**7:30 PM** - Holston Valley Unitarian Universalist Church  
136 Bob Jobe Road, Johnson City

**All Performances FREE - Limited Seating**



## Membership Corner

### Website Member Log In

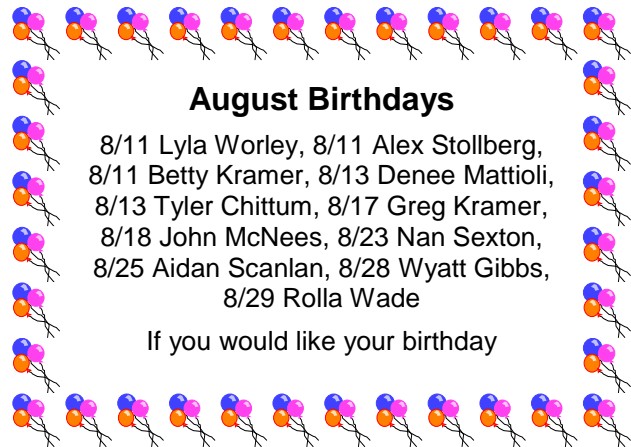
There is some information on the website that you need to log in to see. Scroll to bottom of the home page and click on "Members Area". The password is the same one that you used on the old website. If you need that password, email [office@hvuuc.org](mailto:office@hvuuc.org).

Once you log in, you can see a recent member directory, get a reimbursement form, see our tax exempt certificate, the board policies and procedures, and board meeting minutes.

### Caring Team

The Caring Team coordinators for August are Phyllis Cairnes and Deanna Richardson. They can be reached at [caring@hvuuc.org](mailto:caring@hvuuc.org) or 423-477-7661 (Press 3).

**Thank You** to our July coordinators Wanda Earp and Lynn Scarborough.



### 2017-2018 Board of Trustees

**President:** David Kashdan [president@hvuuc.org](mailto:president@hvuuc.org)

**Vice President:** Spencer Conco [vp@hvuuc.org](mailto:vp@hvuuc.org)

**Past President:** Charlie Stuart [pastpresident@hvuuc.org](mailto:pastpresident@hvuuc.org)

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**Facilities Trustee:** Greg Kramer 349-6125 [facilities@hvuuc.org](mailto:facilities@hvuuc.org)

**Secretary/Historian:** Tom Burns [boardsecretary@hvuuc.org](mailto:boardsecretary@hvuuc.org)

**Membership Trustee:** Peggy Perez [membership@hvuuc.org](mailto:membership@hvuuc.org)

#### Minister

Rev. Jeff Briere: 477-7661 (office), [minister@hvuuc.org](mailto:minister@hvuuc.org)

#### Church Secretary's Office Hours

9:00am-3:00pm, Tuesday & Thursday - [office@hvuuc.org](mailto:office@hvuuc.org)

Submissions for each month's newsletter are due by the last day of month to [newsletter@hvuuc.org](mailto:newsletter@hvuuc.org).

HVUUC On-Line News Group: Our yahoo news group is an online service that provides our congregation the quickest method of communicating news, announcements, and schedule changes. To join, or update to a new e-mail address, send an e-mail to [hvuuc-news-subscribe@yahoogroups.com](mailto:hvuuc-news-subscribe@yahoogroups.com) indicating your full name, address and phone number where you can be reached. If you don't have e-mail, please call the church at 423-477-7661 to receive the newsletter by US mail.

To post a church related message send an e-mail to: [hvuuc-news@yahoogroups.com](mailto:hvuuc-news@yahoogroups.com)

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Look for other UUA news and other UU Church newsletters at the UUA Website: [www.uua.org](http://www.uua.org)

# Holston Valley Unitarian Universalist Church Calendar

## August 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>30</b> 9:30 am - 10:45 am Children's R.E.  9:30 am - 10:45 am Adult RE 2 (R2)  11 am - 12 pm Worship Service  12 pm - 1 pm Fellowship Hour	<b>31</b>	<b>August 1</b>	<b>2</b> 9:30 am - 11 am Sangha Meditation (R6)  6 pm - 7 pm Zumba (F1, F2, K)	<b>3</b>	<b>4</b> 6:30 pm - 9 pm Women's Group	<b>5</b> Church Picnic
<b>6</b> 9:30 am - 10:45 am Children's R.E.  9:30 am - 10:45 am Adult RE 2 (R2)  9:30 am - 10:45 am Adult RE 1 (R6)  11 am - 12 pm Worship Service  12 pm - 1 pm Fellowship	<b>7</b>	<b>8</b>	<b>9</b> 9:30 am - 11 am Sangha Meditation (R6)  6 pm - 7 pm Zumba (F1, F2, K)  7 pm - 9 pm RSC (R4)	<b>10</b>	<b>11</b>	<b>12</b>

Hour						
13	14	15	16	17	18	19
9:30 am - 10:45 am Children's R.E.	7 pm - 9 pm Free Range Small Group Ministry (R2)		9:30 am - 11 am Sangha Meditation (R6)	6:30 pm - 8 pm Eckankar (R2)		
9:30 am - 10:45 am Adult RE 2 (R2)			6 pm - 7 pm Zumba (F1, F2, K)			
9:30 am - 10:45 am Adult RE 1 (R6)			7 pm - 9 pm Board of Trustees Meeting (R4)			
11 am - 12 pm Worship Service						
12 pm Potluck Lunch						
20	21	22	23	24	25	26
9:30 am - 10:45 am Children's R.E.			9:30 am - 11 am Sangha Meditation (R6)			
9:30 am - 10:45 am Adult RE 2 (R2)			6:30 pm - 7:30 pm Wednesday Night Supper			
9:30 am - 10:45 am Adult RE 1 (R6)						
11 am - 12 pm Worship Service						
12 pm - 1 pm Fellowship						

Hour						
12:30 pm - 2 pm RE Collaborative (R4)						
1 pm - 3 pm CUUPS Monthly Meeting (S, FI, F2, K)						
27	28	29	30	31	September 1	2
9:30 am - 10:45 am Children's R.E.	7 pm - 9 pm Free Range Small Group Ministry (R2)	7 pm - 9 pm Exploring the Goddess Covenant Group (R1)	9:30 am - 11 am Sangha Meditation (R6)		6:30 pm - 9 pm Women's Group	
9:30 am - 10:45 am Adult RE 2 (R2)			6 pm - 7 pm Zumba (FI, F2, K)			
9:30 am - 10:45 am Adult RE 1 (R6)						
11 am - 12 pm Worship Service						
12 pm - 1 pm Fellowship Hour						

MEETING ROOMS: (S) Sanctuary, (MR) Music Room, (FI) Fellowship Hall-near kitchen, (F2) Fellowship Hall-near patio, (K) Kitchen, (R1) REZ Susan B. Anthony room, (R2) REZ Ralph Waldo Emerson room,