



# NUUSLETTER

The Newsletter of Holston Valley Unitarian Universalist Church  
always available online at [www.hvuuc.org](http://www.hvuuc.org)

*The mission of Holston Valley Unitarian Universalist Church is to promote spiritual growth, religious freedom, and ethical action.*

July 2018

PO Box 8383 Johnson City, Tennessee 37615 (423) 477-7661

## Headlines ....

- Kitchen of Hope July 2
- Women's Group July 6 at 6:30PM
- Potluck Lunch July 8
- Hogwarts School of Magic and Fun July 9-13

Up to date church info is always available at [www.hvuuc.org](http://www.hvuuc.org)

## Church Picnic August 4

**Bays Mountain Recreational Center**  
**Saturday, August 4th 4PM - 10PM**

Join your church friends in fellowship for our annual family fun day. We are once again within covered shelters right by the children's playground. Enjoy Lawn Bowling, Corn Toss, Kick Ball, Croquet and more games on the lawn.

RE registration table will be there for the kids and there will be face painting.

We will have a potluck dinner so bring along your favorite picnic dish to share. Hot dogs, chips, and bottled water will be provided.

Join in for a fun day of recreation!

*Sign up sheets for volunteers to help out will be on the side counter in the sanctuary and help is always appreciated.*

Contact Cynthia G. [Fellowship@hvuuc.org](mailto:Fellowship@hvuuc.org)



## Upcoming Sunday Worship Services

**July 1** *What the Gospels Meant*, Rev. Briere  
It is impossible to know with certainty who wrote the four canonical gospels. But if we read between the lines and consider the gospels that were cut from the Bible, we can pretty well understand what they intended to convey about Jesus.

**July 8** *Soapbox Sunday*, Various Speakers  
In opening the floor to speakers, the congregation is celebrating an American tradition - freedom of speech - and putting into practice two principles set forth by the Unitarian Universalist Association: We are seekers of truth and wisdom. We believe in the inherent worth of all people and we honor each person and their right to speak. We're an evolving religion and always on a search for our own truths.

**July 15** *Love the Hell Out of This World*, Matt Myer  
Matt Meyer is an artist of percussion, knowledgeable and experienced in a variety of styles, including latin-jazz, Brazilian, folk, funk, Hiphop and pop. He is a graduate of Berklee College of Music and has studied in Cuba, Ghana, and Central America. A love of music and a deep respect for its ability to stir and transform audiences is at the heart of Matt's continuing devotion to understand more of the world's cultures through the vocabulary of rhythm.

**July 22** *Playing With Light and Shadow*, Ted Jones  
A ground-breaking fusion of memoir, music and inspiration featuring story-telling and songs based on classical, jazz, and blues, styles...all played on an electric blue harp!  
Dr. Ted Jones, PhD, is an emeritus professor of communications at Austin Peay State University. He completed a bachelor's degree in music education and studied acting at the American Academy of Dramatic Arts in New York City.

**July 29** *Expressions of Christianity in Africa with Particular Attention to Indigenous Voices* - Dr. Samuel Elolia  
Dr. Samuel Elolia is professor of Christian Doctrine and World Christianity at the Emmanuel Christian Seminary at Milligan College. He is also associated with the Kao L'Amami College in his native Kenya and has traveled there every year for the past 10 years with fellow faculty to offer classes.

## Fellowship Opportunities

### Women's Group July 6

All who identify as women are invited to join the Women's Group Friday, July 6 at 6:30PM. Per usual, please bring a drink or snack to share. The main purpose of this gathering is for community.

This month we will be meeting at the church and helping Sarah as she sets up for Hogwarts School of Magic and Fun Summer Camp which is beginning the following week.

Questions? [womensgroup@hvuuc.org](mailto:womensgroup@hvuuc.org)

### Potluck Lunch July 8

Bring a dish to share and join us the second Sunday of every month after the service for a potluck lunch.

### Fiber Fellowship

Do you quilt? Embroider? Crochet? Knit? Felt? Whatever your passion we want to share it with you. Bring your tools and a project if you'd like or contribute your time to a service project at the gathering. Tea and snack around 10:30--see you there!

[fiberfun@hvuuc.org](mailto:fiberfun@hvuuc.org)

### Wednesday Night Supper

WNS is cancelled in July due to the vacation plans of your cooks!

### Youth Group

The HVUUC Youth Group welcomes all youth ages 12-graduating senior for world-class fun, service, and fellowship. We meet once a month August through April. Email [youthgroup@hvuuc.org](mailto:youthgroup@hvuuc.org) to get in touch!

### Flowers on the Altar

Flowers or plants on the altar are welcomed to commemorate, celebrate, and decorate our Sunday space. The sign-up calendar is on the shelf at the side counter in the sanctuary. They will be mentioned in the announcements at the end of the service unless you prefer not. Vases are available in the kitchen.

## Life Span Religious Education

### What's Happening in the RE Zone?

#### Summer Camp

I cannot thank this wonderful congregation enough for the enormous support of our Hogwarts summer camp! You all donated over \$400 in funds and boxes full of supplies! Your donations covered scholarships for several children who wouldn't have been able to attend otherwise.

We have reached our goal 50 children and youth registered for camp! I'd call this a wonderful success! Speaking of Lisa Hill, she and I are participating in Soapbox Sunday, so make sure you say Hello to her. Some of you may know her from when she was a member of the Meadowview congregation. I will be forever in her debt for coming up from Florida and mentoring me in our first camp endeavor. I would be lost without her!

#### The New Religious Education Year

Soon after Camp wraps up, our focus will turn to staffing our Religious Education classes for the new church year. We will be starting the new year of R.E. in August. We like to have 6-8 teachers per class. This way you teach in teams of two and only need to be in the classroom 1-2 times a month. This prevents burn out and allows you to attend Adult R.E. and nourish your own faith development. Please contact me to be put on a class roster! [DRE@hvuuc.org](mailto:DRE@hvuuc.org)

#### Summer Religious Education @ 9:30AM

Thank you to everyone who has volunteered in Summer R.E! Our children and youth are always excited to see what is on the schedule through the summer. Its such a fun time of year! I am thrilled that Matt Meyers is facilitating R.E on July 15th. For those of you who don't know Matt, he is from Boston and is an incredibly talented musician. Matt led worship and music at the LREDA conference last November and led music at the most recent GA. We are so fortunate he will be coming to our very own church this month!

We have a few more spots that need helpers, and Matt's week is one of them! E-mail me [DRE@hvuuc.org](mailto:DRE@hvuuc.org) if you can sign up for any of the remaining weeks:

**July 8 - Harry Potter Preview** Sarah W, Cindi H, Sarah S, Lisa H

**July 15 - Special Musical RE** Matt Meyers, Laura H!  
**Need one helper!**

**July 22 - Talk With Your Hands, Listen With Your Eyes** Joseph V, Sue C and Laura H

**July 29 - Astronomy** Mike F, Michelle F, Charles M  
**Need one more tech savvy helper!**

**August 5 - Microscopic Explorations** with Dave C, Beth C, Laura A, Bryan K

**August 12 - Pollinators** Sue C **Need two helpers!**

## Life Span R.E., cont.

### Adult Religious Education 2

Adult RE 2 meets in the Susan B. Anthony room in the RE Building at 9:30AM Sunday mornings.

*Faith Like a River*— This curriculum explores the dynamic course of Unitarian, Universalist, and Unitarian Universalist (UU) history—the people, ideas, and movements that have shaped our faith heritage. It invites participants to place themselves into our history and consider its legacies. What lessons do the stories of our history teach that can help us live more faithfully in the present? What lessons do they offer to be lived into the future?

Adult RE 2 is a fragrance-free class, please be respectful of those that are sensitive to fragrances. [AdultRE2@hvuuc.org](mailto:AdultRE2@hvuuc.org)

### Adult Religious Education 1

Adult RE 1 meets on Sunday mornings at 9:30AM in the Meditation Hall of the Religious Education building. The class will be listening to lectures about Climate Change for the next few weeks.

Adult RE 1 usually meets even when other RE classes are cancelled. If in doubt please email Betty Berry for confirmation at [AdultRE1@hvuuc.org](mailto:AdultRE1@hvuuc.org)

### Holston Valley Sangha

Holston Valley Sangha meets on Wednesday mornings from 9:30-11AM in the mediation hall, upstairs in the RE Building. After a half-hour silent meditation we will listen to and discuss *Coming Closer to Ourselves: Making Everything the Path of Awakening* by Pema Chödrön. [www.dharma4et.org](http://www.dharma4et.org)

## Social Justice

### July Food Donations

Bring your donations of **Greens and Veggies (hopefully from your garden!)** for this month's Hunger in Our Neighborhood collection. You can also now donate pet food. Donations will be shared between the Jonesborough Food Bank, Hunger First in Kingsport, and our own food pantry. Remember, the themes are for fun....not rules!

### Kingsport Kitchen of Hope 1st Monday of the Month

In the basement of the Full Gospel Mission on Sevier St in Kingsport, is a tiny kitchen staffed entirely by volunteers that feeds dinner 6 days a week to 100-130 people. Diners have ranged from infant to 88. For many of them, it's their only meal of the day. The church serves dinner at the Kitchen of Hope the first Monday of each month. How can you help? Glad you asked.

The menu changes monthly. Volunteers are needed to help cook, serve and clean up.

**Set up/cooking: 1:00-3:30**

**Servers: 3:00-5:00**

**Cleaners: 4:45-6:00**

***The kitchen is quite small, so if you want to help, please contact the coordinator so we don't end up with too many cooks in the kitchen!***

You can also help by donating food or money for food. Or if you'd like to bake cookies, cupcakes, or other desserts ahead of time (note: we cook for 150, so if it's too much, you could always split this with another baker)

Like to plan ahead? We do this the first Monday of every month, so pencil us in with a big red pen! Volunteer at [KOH@hvuuc.org](mailto:KOH@hvuuc.org)

Please contact Kim if you can help this month [kitchenofhope@hvuuc.org](mailto:kitchenofhope@hvuuc.org).

### Family Promise Network

One part of our church's Social Action is to participate with Family Promise Network, both in Johnson City (Hopwood UMC) and Kingsport (St. Luke UMC). The program's purpose is to help homeless families achieve and sustain independence. One night per quarter we provide a meal and overnight presence to the FPN guests of the host churches. Our meals are simple and overnight duty consists of sleeping in your private room and assisting with breakfast the next morning.

When the next request for volunteers goes out, please consider helping with this important and much appreciated part of our church's outreach.

[IHNKingsport@hvuuc.org](mailto:IHNKingsport@hvuuc.org)

[IHNJC@hvuuc.org](mailto:IHNJC@hvuuc.org)



## 2018-2019 Board of Trustees

**President:** Spencer Conco [president@hvuuc.org](mailto:president@hvuuc.org)

**Vice President:** Larry Livengood [vp@hvuuc.org](mailto:vp@hvuuc.org)

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**Membership Trustee:** Peggy Perez [membership@hvuuc.org](mailto:membership@hvuuc.org)

### Minister

Rev. Jeff Briere: 477-7661 (office) [minister@hvuuc.org](mailto:minister@hvuuc.org)

### Church Secretary's Office Hours

9:00am-3:00pm, Tuesday & Thursday [office@hvuuc.org](mailto:office@hvuuc.org)

Submissions for each month's newsletter are due by the last day of month to [newsletter@hvuuc.org](mailto:newsletter@hvuuc.org).  
Up to date information can always be found at [www.hvuuc.org](http://www.hvuuc.org)

# Holston Valley Unitarian Universalist Church Calendar

## July 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>July 1</b></p> <p>9:30 am - 10:45 am Children's R.E.</p> <p>9:30 am - 10:45 am Adult RE 2 (R2)</p> <p>9:30 am - 10:45 am Adult RE 1 (R6)</p> <p>11 am - 12 pm Worship Service</p> <p>12 pm - 1 pm Fellowship Hour</p>	<p><b>2</b></p> <p>12 pm - 5 pm Kitchen of Hope</p>	<p><b>3</b></p>	<p><b>4</b> Independence Day</p> <p>9:30 am - 11 am Sangha Meditation (R6)</p> <p>7 pm - 8 pm Zumba (F1, F2, K)</p>	<p><b>5</b></p> <p>7 pm - 9 pm Tri-Cities Metaphysical Group (F1)</p>	<p><b>6</b></p> <p>Camp Preparations (All REZ, S, K, F1, F2)</p> <p>6:30 pm - 9 pm Women's Group</p>	<p><b>7</b></p>
<p><b>8</b></p> <p>9:30 am - 10:45 am Children's R.E.</p> <p>9:30 am - 10:45 am Adult RE 2 (R2)</p> <p>9:30 am - 10:45 am Adult RE 1 (R6)</p> <p>11 am - 12 pm Worship Service</p> <p>12 pm Potluck Lunch</p>	<p><b>9</b></p>	<p><b>10</b></p>	<p><b>11</b></p> <p>9:30 am - 11 am Sangha Meditation (R6)</p> <p>6:30 pm - 7:30 pm Zumba (F1, F2, K)</p> <p>7 pm - 9 pm RSC (R4)</p>	<p><b>12</b></p> <p>7 pm - 9 pm Tri-Cities Metaphysical Group (F1)</p>	<p><b>13</b></p>	<p><b>14</b></p> <p>Camp Breakdown (All REZ, S, K, F1, F2)</p>
<p><b>15</b></p> <p>9:30 am - 10:45 am Children's R.E.</p> <p>9:30 am - 10:45 am</p>	<p><b>16</b></p>	<p><b>17</b></p>	<p><b>18</b></p> <p>9:30 am - 11 am Sangha Meditation (R6)</p> <p>7 pm - 9 pm</p>	<p><b>19</b></p> <p>7 pm - 9 pm Tri-Cities Metaphysical Group (F1)</p>	<p><b>20</b></p>	<p><b>21</b></p>

<p>am Adult RE 2 (R2)</p> <p>9:30 am - 10:45 am Adult RE 1 (R6)</p> <p>11 am - 12 pm Worship Service</p> <p>12 pm - 1 pm Fellowship Hour</p>			<p>Board of Trustees Meeting (R4)</p> <p>7 pm - 8 pm Zumba (F1, F2, K)</p>			
<p><b>22</b> Parents' Day</p> <p>9:30 am - 10:45 am Children's R.E.</p> <p>9:30 am - 10:45 am Adult RE 2 (R2)</p> <p>9:30 am - 10:45 am Adult RE 1 (R6)</p> <p>11 am - 12 pm Worship Service</p> <p>12 pm - 1 pm Fellowship Hour</p>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
		<p>7 pm - 9 pm Covenant Group Facilitators (R2)</p>	<p>9:30 am - 11 am Sangha Meditation (R6)</p>	<p>7 pm - 9 pm Tri-Cities Metaphysical Group (F1)</p>		
<p><b>29</b></p> <p>9:30 am - 10:45 am Children's R.E.</p> <p>9:30 am - 10:45 am Adult RE 2 (R2)</p> <p>9:30 am - 10:45 am Adult RE 1 (R6)</p> <p>11 am - 12 pm Worship Service</p> <p>12 pm - 1 pm Fellowship Hour</p>	<b>30</b>	<b>31</b>	<b>August 1</b>	<b>2</b>	<b>3</b>	<b>4</b>
			<p>9:30 am - 11 am Sangha Meditation (R6)</p> <p>7 pm - 8 pm Zumba (F1, F2, K)</p>	<p>7 pm - 9 pm Tri-Cities Metaphysical Group (F1)</p>	<p>9 am - 12 pm Fiber Fellowship (F1, F2)</p> <p>6:30 pm - 9 pm Women's Group</p>	<p>4 pm - 10 pm Church Picnic</p>

MEETING ROOMS: (S) Sanctuary, (MR) Music Room, (F1) Fellowship Hall-near kitchen, (F2) Fellowship Hall-near patio, (K) Kitchen, (R1) REZ Susan B. Anthony room, (R2) REZ Ralph Waldo Emerson room, (R3) REZ Joseph Priestley room, (R4) REZ Henry David Thoreau room, (R5) REZ James Reeb room, (R6) REZ Meditation Hall (B) Basement PROJECTOR: (P) Projector Reserved

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